

Lansing Jaycees
PO Box 16150
Lansing, MI 48901

www.lansingjaycees.org

Region D
Population Division 7
Base Membership: 52

APRIL HIGHLIGHT OF THE MONTH

Easter Egg Hunt!

Volunteers and patrons were extremely pleased with the weather at the Lansing Jaycees Annual Easter Egg Hunt on April 11, 2009 – gorgeous blue skies, comfortable temperatures and no blizzards made for a great event! Josh Strickland from Citadel's 97.5 NOW FM served as the event emcee for the second year in a row, and made time for a few Jaycees to promote the event on air a few days in advance. Jim, our friend at the Capitol, estimated well over 800 people were in attendance!



An incredible amount of preparation went into this event – committee members and volunteers spent an estimated 500+ hours to sort eggs, stuff eggs, solicit raffle prizes, shop for prizes and egg stuffing material, coordinate activities, color eggs, not to mention volunteering on the day of the event – the list goes on and on! Special thanks to Sally Sohn and Stephanie & Troy Steere for their hosting skills, and Patti Marshall for updating and branding our event with new fliers and schedules of events, new age group signs, and for putting together so many baskets!

This year, the raffle subcommittee worked hard and received an outstanding response – over \$700 in goods and services!! - from the community, including Ai Fusion, Ukai, Beekman Therapeutic Riding, Michigan State University, Cottage Inn, FunTyme, YMCA of Lansing, Girl Scouts of America, Countrywide, and Keller Williams – Robert Dowding. Special thanks to Sara Guthrie, Rob Dowding, Angela Clock, Loretia Hardy and Lindsey Renner for their hard work!

Many special thanks to an incredibly talented and dedicated committee – one that truly shows what a great organization the Lansing Jaycees are!



Chairperson: Carrie May,
carriemay@aol.com
248-756-3840

Lansing Jaycees

May 2009

Jaycee Creed

by C. William Brownfield

*We believe that faith in God gives meaning
and purpose to human life;
That the brotherhood of man transcends
the sovereignty of nations;
That economic justice can best be won
by free men through free enterprise;
That government should be of laws
rather than of men;
That earth's great treasure
lies in human personality; and that*
**SERVICE TO HUMANITY IS
THE BEST WORK OF LIFE**

The Lansing Jaycees is an organization of people ages 21-40 which promotes leadership training through community service. We meet the first Tuesday of each month at 7 p.m. (dinner from 6 p.m. to 6:30 p.m.) at Tripper's Bar and Grill in Frandor. Visit our website, www.lansingjaycees.org for more information.



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2009 Board of Directors

The Board meets on the 3rd Thursday each month, 5:30 PM at the Jaycees Service Center

President

- **Angela Clock** **517-410-9527**

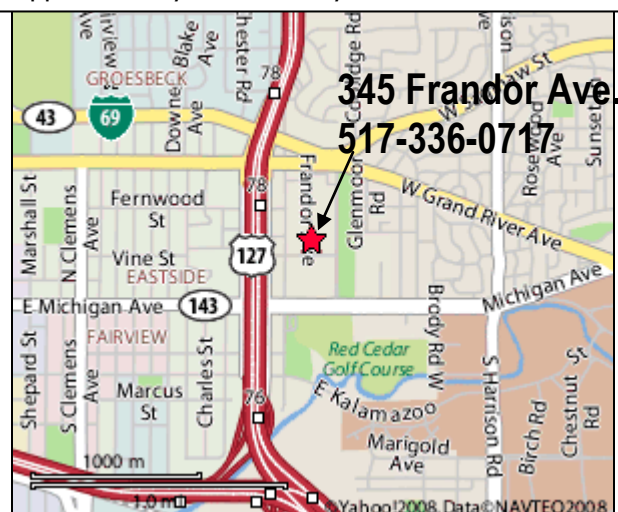
Chair of the Board

- **Sheryl Soczek** **517-862-6376**

Board Members

- **Alexandra Briseno** **517-974-0965**
 - *Community VP*
- **Angela Fossi** **586-484-7027**
 - *Membership VP*
- **Arya Amirahmadi** **773-793-1467**
 - *Individual Development VP*
- **Bridget Burnell** **989-737-9685**
 - *Secretary*
- **Carrie May** **248-756-3840**
 - *Treasurer & Chaplain*
- **Michael Spaulding** **517-490-8628**
 - *Management VP*

Join us for our monthly membership meeting at Trippers! Every first Tuesday of the Month at 7:00 PM



Awards, a Challenge, and New Members – Oh My!

I'm writing this month's newsletter article right after returning from the Michigan Jaycees 1st Quarter Convention at Boyne Mountain. It was a fantastic weekend, and I have news that I'm so proud to share with all of you!

First, I would like to congratulate the entire chapter – we placed 8th in the Parade of Chapters, recognizing the top ten chapters in the state! This could not have been achieved without all of your hard work throughout the first quarter! I have no doubt that we can continue to build on what we've started to achieve this year!

Also, two of our projects, Texas Hold 'Em and Ronald McDonald House Dinner, won 1st place in their respective categories in Base Group C. Our Base Group is determined by the size our chapter was at the beginning of the year – C is 51-75 members. Our Management Area of Opportunity was also named first place in our Base Group!

Last, but not least, this wonderful publication for which I'm writing this article was named the BEST of all the Jaycee newsletters in the state of Michigan! I want to thank our Secretary Bridget Burnell for putting together the most awesome newsletter – this award is well deserved.

To help continue all of our successes, I've put a challenge out to our entire membership. For Membership May-nia!, I am challenging all of you to help recruit 4 **NEW** members to the Lansing Jaycees during the month of May. It's important for us to have new members in our organization, in order to grow, have new ideas, and keep us going for many years to come! If 4 new members are recruited in May, there will be a pizza party at our GMM in June to celebrate! Also, the person that recruits the most members will receive a special prize.

This is your chance to get the word out about the best kept secret in the Lansing area. We've all been impacted by being a part of the Lansing Jaycees. There are 56 Jaycee chapters in Michigan and each one impacts their communities in different ways. The Lansing Jaycees has a rich tradition of making a huge impact on our community and you are all a part of it. We have been going full force at this since January, and I have confidence that we will continue making a huge impact in the Lansing area.



Yours in Service,

Angela M. Clock,
81st President
Fallingstar924@hotmail.com;
517-410-9527

Membership

A Message from the Membership VP

I hope everyone is enjoying the warm weather. It's that time of the year when the days get longer and temperatures get warmer. It's also a busy time of the year for the Lansing Jaycees. Take a look at our calendar for May and June. We have a wide variety of events planned and I look forward to seeing all of you get involved.

If you want to plan ahead you can go to the calendar tab located at www.lansingjaycees.org and see all of the upcoming events. If you have a calendar that uses .vcs files (Outlook, iCal, etc.) you can add the event information directly to your calendar by clicking on the link. We normally send out the evites a week prior to an event, however you can add them to your calendar at any time.

If you are a member of the Lansing Jaycees you can log into the website. Once you are logged in you can access some great information including but not limited to contact information for the other members and the File Archive section, which contains previous newsletters and commonly used documents. Feel free to contact me if you need a User Name.

Here are some upcoming events to keep in mind. On June 10th we are having a Member Mixer. We are going to invite all members and prospects to a local park and have a BBQ. So feel free to bring your family and friends. I will be sending out more information soon. We also have New Member Orientation coming up on June 16th. We also have a Lugnuts game on May 28th and Happy Hour on May 29th. The May book club theme is baseball and we will be meeting on May 31st at Oldsmobile Park in a Lugnuts suite.

Let's keep building the buzz!

Feel free to contact me at any time if you have questions or comments.

Sincerely,

Angela Fossi,
2009 Membership VP,
kitispart@gmail.com;
586-484-7027



Quote: Don't walk behind me, I may not lead. Don't walk in front of me, I may not follow. Just walk beside me and be my friend. Unknown (often attributed to Albert Camus)



March Membership Awards Presented to:

Member of the Month: [Robert Dowding](#)

Chairperson(s) of the Month: [Arya Amirahmadi](#) (Public Speaking Seminar)

Lansing Jaycees

A. Fossi works the power tools like a pro! →



C. Burton pitches for beer pong ↓



↑ **A. Amirahmadi riding his trike!**



← **J. Hutchison giving some love at Easter Egg Hunt**

Seen in Action

MEMBER SPOTLIGHT

Name: Andrea Hoard

Occupation: Enrollment Specialist at Thomas M. Cooley Law School and Academic Advisor with the Scholarship Coordination Office of the United Arab Emirates

Relationship Status: Married

Dream Job: To be a Director of Orientation and First Year Programs and eventually become a Dean at a college or university.

Favorite Movie and/or book: I'm pretty sure I only read for class as of lately, however, my favorite book outside of that is To Kill a Mockingbird and my favorite movie is The Breakfast Club.

Favorite Type of Music: Pretty much anything, although I'm not much into rap or metal stuff.

Do you have any pets? None yet, but I keep getting told we can get a dog once we have more room for one.

Favorite Food: Mexican or Italian

Favorite Game or Sport: Softball

2009 Goal: To be almost done with my Masters Degree and to get more involved in the community.

First car: 1995 Dodge Intrepid

Why I joined the Jaycees: To meet new people and to grow both individually as well as in the community.

Random Fact: I am the youngest full time employee at my jobs but I thoroughly enjoy them both!



Name: Andrew Hoard

Occupation: Tutor at Erickson Learning Center and A+ By Design Learning and Tutor Center in Okemos, MI

Relationship Status: Married

Dream Job: Chief Actuary with an insurance company

Favorite Movie and/or book: If I seriously told you one of each, I would be lying. My favorite movies include Hoosiers, Stand and Deliver, and Mississippi Burning. My favorite books include Tuesdays with Morrie and Catcher in the Rye.

Favorite Type of Music: anything on 97.5 FM

Do you have any pets? No

Favorite Food: shrimp

Favorite Game or Sport: Oh Hell! (card game)...I like most sports

2009 Goal: gain full-time employment

First car: 1987 Buick LeSabre

Why I joined the Jaycees: Get a chance to meet people and help out our community

Random Fact: During my sophomore year at MSU on Labor Day weekend, I went with my roommate from Brody to his friend's house on Smart Street. We were told that it was off of Abbot, so we started walking because we thought it was not far up that road. We reached Abbot and Saginaw, but still could not find it. Eventually, we crossed Abbot and Lake Lansing and still could not find it. After 45 minutes of walking, we found out that it was actually Swart Street, near Chandler Crossings, so his friend was disappointed that we walked all that way and we ended up missing the party at his house! We were dropped off at Brody and wasted the whole night by walking!



The Lansing Jaycees First Annual Beer Bus Extravaganza

was held on Saturday, April 25, and received rave reviews! Bus riders met up at the Okemos Road Park & Ride to board a Great Lakes Charter bus headed for fun times at Bell's Eccentric Café in Kalamazoo, followed by a trip down to The Livery in Benton Harbor!

Members and guests enjoyed beer trivia and many great raffle prizes. Mike Castelein won the prized Beer Hat, while Sandra Hillard of the Charlotte Jaycees won the ever-puzzling sheet of beef jerky! A few people took part in self-made Beer Pong at Bell's, and many enjoyed tours at The Livery guided by Steve, one of the most enthusiastic and friendly microbrewers around. All seemed to love the many samplings of great craft beer!

The event couldn't have been a success without the great job the organization did of spreading the word – we not only had Lansing Jaycees representing, but also had Jaycees from Charlotte, Jackson, Grand Rapids and Kalamazoo join in the fun! Other friends, family and coworkers rounded out the group, with the Cinco-Cinco-Saari-Saari Friends and Family group of 9 being the largest non-Jaycee group on the bus!



The most frequently asked question on the trip: "Where are we going next year?" Thanks to all who participated and made this a memorable trip, indeed!



Chairpersons:
Carrie May & Amy Miller
carriemay@aol.com
millerae@gmail.com
248-756-3840 / 517-525-0129

WELCOME NEW MEMBERS!

William Nurmi

MEMBERSHIP ANNIVERSARY DATES

May	June
Becky Beauregard	Bridget Burnell
Darrin Beauregard	Rachel Rosenbaum

Community

A Message from the Community VP **Community Volunteer Events - On the Horizon**

May 16th – Lansing’s 150th Celebration Parade

The Lansing 150 “Parade of the Decades” will take place on Saturday, May 16, 2009 rain or shine. We will be walking along our float handing out candy, pencils and information to the parade goers. We need your help showing Lansing who we are and what we do. We will meet at 9 AM at a location TBD and carpool to the parade location. If you have any questions, please feel free to email Sheryl Soczek at soczek@msu.edu. More information will be available as we get it. Each person in the parade will need to wear a Jaycee's t-shirt, those will be available from the Jaycees for \$5.00 and 5 Jaycee Bucks (\$10.00 less up to 5 Jaycees Bucks).

May 16-17th – East Lansing Art Festival – Face Painting

Come and bring a smile to a child by painting cute designs on their faces during the East Lansing Art Festival. No experience necessary, design ideas are provided. We will need volunteers to work in shifts. For more information, check the Lansing Jaycees Calendar online for shift times and contact information.

June 5-6th – Lansing Relay for Life event

Relay for Life is a 24hr walking event that empowers individual communities to get involved in the fight for cancer. This year’s event will take place at the Lansing Catholic Central High School Track from Friday at 2pm to Saturday at 2pm. Join our team or donate to help the fight against cancer.

http://main.acsevents.org/site/TR?team_id=398383&fr_id=14401&pg=team

Community News and Events

Cristo Rey Fiesta – May 22-24th - <http://www.cristoreychurch.org>

Hunter Park Music Festival – May 30th - www.allenneighborhoodcenter.org

Lansing’s 15th Annual Be a Tourist in Your Own Town Celebration – May 30th - <http://www.lansing.org/batytot>

Michigan Festivals

Michigan has festivals all year around, search at www.mfea.org/findevents.cfm for events.

Some highlights this month:

Ann Arbor Book Festival – May 14-17 - <http://www.aabookfestival.org/>

Morel Mushroom Festival – Boyne City – May 14-17 - <http://www.morelfest.com/>

World Expo of Beer – Frankenmuth – May 15-16 - <http://www.frankenmuthfestivals.com/>

Antrim County Petoskey Stone Festival - Eastport – May 23 - <http://www.petoskeystonefestival.com/>

Michigan Antique & Collectible Festival – May 30-31 - <http://www.miantiquefestival.com/>



Alexandra Briseno
2009 Community VP
xandrab@hotmail.com
517-974-0965

Other Local Volunteer Information

Animal Placement Bureau - <http://www.apbpets.com/>

Beekman Therapeutic Riding Center - <http://btrc.samsbiz.com/>

Capital Area Humane Society - Volunteer Orientation - <http://cahs-lansing.org/support/index.html>

Habitat for Humanity – Lansing - www.habitatlansing.org

Southside Community Kitchen - <http://southsidecommunitykitchen.org/>

VolunteerMatch - <http://www.volunteermatch.org/>

VOLUNTEER OPPORTUNITIES ARE EVERYWHERE!

Look for Volunteer Opportunity Highlights in each issue of the Capitol Correspondent
There's something out there for everyone!

May Volunteer Opportunity Highlight

Beekman Therapeutic Riding Center

Beekman's program relies heavily on the assistance of its volunteers in order to provide safe classes to their students. Depending on the student's abilities, he/she may require up to 3 assistants (volunteer riders) in order to ride safely. The instructor of the class will assign you to a position according to your comfort level with the horses and the students in the class. If you aren't comfortable riding but would still like to be involved, Beekman is also in need of volunteers to help with upkeep at the facility, care & feeding of the animals, grant writing, data input, fundraising, filing & organizing, and with special events. There are many other ways to help too! For more information on how you can help serve at the Beekman Riding Center, visit <http://btrc.samsbiz.com/>



Join our Relay for Life team!

Chairperson: Alexandra Briseno;
xandrab@hotmail.com 517-974-0965

This year our chapter has formed a team and will be participating in Lansing's Relay for Life event on June 5-6th.

Relay for Life is a 24 hour event held at the Lansing Catholic High School track. Teams are made up of friends, family and co-workers and team members take shift to walk around the track in support of the fight against cancer. There will be music, activities and games during the event. Other events will be a Victory Lap for cancer survivors and a Luminaria Ceremony at sundown.



We have 11 registered members for our team and have raised over \$1,600 so far. Our goal is to have over 10 members with a fundraising goal of \$2000.

If you are interested in joining our team, sign up at:

http://main.acsevents.org/site/TR/RelayForLife/RFLFY09GL?team_id=398383&pg=team&fr_id=14401

Luminaria Ceremony: Paper luminaries can be bought for \$10 each. You can decorate them for someone in Honor Of or in Memory Of someone with cancer. These will line the track during the event and at sundown will be lit and the names listed. The deadline to register someone's name is May 19th. I have several luminaries for sale, so contact me if you are interested.

What community project do you want to see the Lansing Jaycees do?
Share your ideas with Community VP Alexandra Briseno xandrab@hotmail.com

Donate Food to Animal Shelters Daily: Free For You – A Click Away:

<http://www.freekibble.com/>

<http://www.freekibblekat.com>

Beekman Center Project

Last month we successfully completed a project at the Beekman Therapeutic Riding Center in Lansing. The Beekman Center provides therapeutic, recreational and educational opportunities through equine facilitated activities to families and persons with and without disabilities. They are constantly looking for volunteers to keep up with the work involved with maintaining an active 14-horse farm and school.

Beekman originally contacted the Lansing Jaycees to assist with a barn-building project. After further discussion and investigations we discovered that we could not assist with the original project. However, Janet Gross at the Beekman Center quickly mentioned some other projects that needed to be completed. We agreed to do some fence repairs. She had a section of fencing that was a little over 100 feet long that collapsed last year and an additional 50 feet of fencing that was heavily damaged over the winter and was not going to last much longer. The fences were the main source of protection keeping the horses from the heavy traffic on I-127 so as you can imagine this project was a high priority.



We had a planning team that put together an estimate of how long the project would last as well as a list of materials that would be needed. We estimated that it would take approximately 20 volunteers 5 hours each to finish the project. Well we had some serious setbacks due to rain but I am happy to say the project is done and Janet at the Beekman Center is very happy. We ended up digging holes for new fence posts and nailing fence boards. We also installed 3 new gates. The rain prevented us from completely finishing a section, but Janet is going to have her regular volunteers finish that after the pasture dries up.





The project took 18 volunteers working over 3 days for a total of 106 hours to complete but given the extremely wet conditions I think it went very well. I want to thank the Jaycees that were involved with the project that includes Alexandra Briseno, Lindsey Renner, Tamara Ferguson, Sean Kottke and family and Troy Steere. We also had a great turnout from the MSU Horsemen's Association led by Lee Anne Peasley. Local horse owner Kim Hafley assisted with the planning. We even had a couple of people that saw us on Volunteer Match come out and help. It was a very rewarding project and I look forward to doing more for this great organization.







Chairperson: Angela Fossi, 586-484-7027
kitispart@gmail.com

Community

SUPPORT RELAY FOR LIFE!

 <p>Fazoli's 5617 W Saginaw Lansing, MI 48917 517-323-8470 5066 @ fazolis.com</p> <p>Presents</p>  <p>Relay for Life</p>	 <p>Relay for Life</p> <p>Present this ticket to your Fazoli's cashier and 15% of your sales will benefit</p> <p>Relay for Life</p>
<p>April 23rd, May 12th & 18th</p>	
<p>15% OF YOUR PURCHASE WILL BENEFIT THE RELAY FOR LIFE</p> <p>Flyer distribution on Fazoli's property is prohibited and will result in the forfeiture of your organization's entire donation.</p> <p>Valid at:  5617 W Saginaw Lansing, MI 48917</p> <p>Name: _____ E-Mail: _____ Providing your e-mail address allows Fazoli's to send special offers to you. We do not share your name.</p>	

 <p>Fazoli's 5617 W Saginaw Lansing, MI 48917 517-323-8470 5066 @ fazolis.com</p> <p>Presents</p>  <p>Relay for Life</p>	 <p>Relay for Life</p> <p>Present this ticket to your Fazoli's cashier and 15% of your sales will benefit</p> <p>Relay for Life</p>
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Individual Development

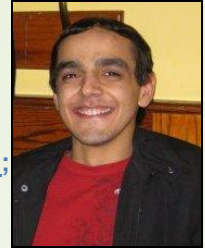
A Message from the Individual Development VP

First off I would like to congratulate the Lansing Jaycees in all the awards we won in the 1st Quarter. One award I'm particularly proud of is the 2nd place award we got for our Individual Development area. Keep up the good work and keep the ideas coming! I'm looking forward to us bringing home the 1st place award in the near future!

As I've reflected back on the 1st quarter I've come to appreciate all the people, ideas, and work that we've put in as a group. Sometimes it's easy to forget or not take the time to take a step back to reflect on things to see how much you as person have grown when you're chasing the next big goal. So take the time, step back, and give yourself a big pat on the back. You deserve it!

We've got a lot of ID events planned for the next quarter and I'm looking forward to another quarter filled with opportunities for our members to improve themselves.

Arya Amirahmadi,
2009 Individual
Development VP
arya_amirahmadi@hotmail.com;
773-793-1467

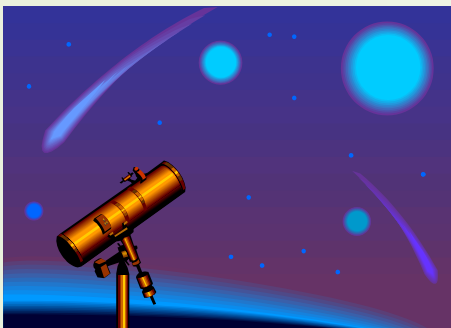


Environmentally Friendly Landscaping

May 21st, 7-8pm in Delta Township

Learn how to adopt the best land management practices to ensure environmental quality. Create an eco-friendly landscape while providing habitat for wildlife and improving the environment. Help protect Michigan's natural resources by minimizing pesticide and fertilizer usage, installing rain barrels, and using native plants and composting.

For more information and location call 517-543-5848 x5



Observatory Open House

May 29th & 30th; 9:30 PM – 11PM at the MSU Observatory

The MSU 24" telescope will be open – weather permitting – for public observing and smaller telescopes with staff from Abrams Planetarium, Dept. of Physics/Astronomy, and members of CAAA will be available.

For more information call 571-355-4676

Individual Development

5-3-09 MIJC Fellowship Breakfast Remarks - MIJC Chaplain Dave Worthams

Let me begin today's message by saying, once again – **CONGRATULATIONS MICHIGAN JAYCEES** for being a growth state at +4 members for the First Quarter our year. As President Fay said, we couldn't have done this without all of your hard work and your belief that we are indeed the greatest young person's organization in the world.

Secondly, I want to give partial credit for today's message to my priest Fr. Ken Schmidt of the St. Thomas More Student Parish in Kalamazoo. Now, don't worry folks ... I'm not about to get all Catholic preachy on you this morning. I'll just share with you that Ken's homily this past Easter got to me and it got me thinking, which isn't always a bad thing.

You know one of the things that I like about the First Quarter and the early part of the Second Quarter is that Easter and the season of Lent always fall within its time frame. For some, the season of Lent is a period of preparation. People go out and stuff eggs and buy candy. Others start spring training for marathons or baseball. Others will change habits by giving up sweets, coffee, or cigarettes. Some even fast from meat on Fridays. The common thing in all of this is that people are preparing for something, whether it is a Jaycee project, a community project, or if they're preparing for a more personal *change*.

Change can be tough and quite often it takes more than yourself in order to truly implement it. But ever since joining the Jaycees, I have come to believe that alone we can do very little. When given the chance to swear in a new member to the Jaycees, I don't use the "official version" of our membership oath. I use a version that I think is attributed to Edward Everett Hale. It starts: "*I am only one but I am one. I can't do everything, but I can do something ...*" I have changed my point of view on this because prior to joining the Jaycees I always tried to be pretty independent.

That brings us to today's song – I Alone by Live. The lyrics of today's song are based on the story of Jesus while he and his disciples were at sea. You can find the full story in the Gospel of Luke 8:22-25.

I Alone

By Live

Lyrics by Ed Kowalczyk; Music by Live

*(1) It's easier not to be wise
and measure these things by your brains
I sank into Eden with you
alone in the church by and by
I'll read to you here, save your eyes
you'll need them, your boat is at sea
your anchor is up, you've been swept away
and the greatest of teachers won't hesitate
to leave you there, by yourself, chained to fate*

*(Chorus) I alone love you
I alone tempt you
I alone love you
fear is not the end of this!*

*(2) It's easier not to be great
and measure these things by your eyes
we long to be here by his resolve
alone in the church by and by
to cradle the baby in space
and leave you there by yourself chained to fate
(CHORUS)*

*(3) Oh, now, we took it back too far,
only love can save us now,
all these riddles that you burn
all come runnin' back to you,
all these rhythms that you hide
only love can save us now,
all these riddles that you burn yeah, yeah, yeah
(CHORUS)*

Individual Development

5-3-09 MIJC Fellowship Breakfast Remarks Continued...

Live's song tells us that it might seem easier at times to do things by ourselves, to measure things with our own brains and see things with our own eyes. I can understand that logic. However, there are many things in this world that require more than one point of view. There are times where we need to have the help of others in order to see what the truth is.

Fr. Ken's homily on Easter reminded me that **"Alone we can do nothing."** Those are words that I used to shy away from. I used to (and still do sometimes) think of myself as someone who is relatively self-sufficient and pretty independent. I often don't need help, unless I'm moving a large piece of furniture because no one would expect me to do that by myself.

Think back to the day that you joined the Jaycees. The moment you raised your hand, on that day - your life was joined to all the other Jaycees in your community, in the State of Michigan, and in the world. We all are joined to the power that has changed the world in positive ways. That power began on a cold January day back in 1920. We wouldn't be here in Boyne today if Henry Giessenbier wasn't there in St. Louis.

So we need to be careful to not confuse our individual efforts with the overall power of our organization. We have to be careful that we don't confuse our pride in wearing a Jaycee T-shirt, putting a Jaycee bumper sticker on our cars, or even wearing our Jaycee membership pins and name badges with the real power and the real change that this organization is doing to and with us. We cannot point to ourselves and say *"See what I have done! See how many I've recruited! See how many Presidential Medallions I've won! See what a good Jaycee I am!"* We should be saying **"See what the Jaycees have done in me and in others for the improvement of our world!"**

Wearing our badges with pride can just be a show and undertaking big projects and giving generously can be self centered ways to attract attention and awards, or they can be authentic actions that bring about personal change. Real transformation is hard work that leads from change on the outside to inner conversion. This is what the work of the Jaycees has always been about.

As we consider what we have accomplished during the first 12 weeks of the year and what we've done since then, have we experienced real change? Can we say that the power of the Jaycees is truly at work within us? Or is today the day we happily go back to our communities, full of celebrating the successes of the First Quarter, only to do things the way we've always done them before?

"I am one and I am only one. I can't do everything, but I can do something with the help of the Michigan Jaycees." I pray today that the true power of this statement is at work in all of us and that it will fill our lives, our chapters, and our communities because **alone we can do nothing.**

Don't miss the self defense class coming up on May 30th! It's a short session but will give you some basic moves to protect yourself. Sign up early and bring friends – the cost goes down if more come!
Questions? Contact Chairperson:
Mike Castelein, 517-242-1050, thepopal@comcast.net



Individual Development

Play Ball with the Lansing Jaycees Bookclub in May!



The 2009 baseball season is in full swing, and the Lansing Jaycees are getting in the spirit with a special baseball themed book club outing for May.

Read a book - any book, or lots of books! - about America's favorite summer game, and join us at Oldsmobile Park on Sunday, May 31 at 2:05 to talk baseball and watch the Lugnuts take on the Quad Cities River Bandits in our very own suite! Read a biography, a novel, a history book, a graphic novel, a coffee table book - as long as it's about baseball, it's all good for May! Contact Sean Kottke via email (misterck@hotmail.com) or Facebook to reserve a spot for Lansing Jaycees Book Club at Oldsmobile Park.

HAPPY READING!

EXPANDING HORIZONS

Region D Meeting

The Lansing Jaycees hosted the 2nd Quarter Region D Meeting on April 18th at Gone Wired Café. Thanks to all those who participated!

SAVE THE DATE

Watch for information in upcoming newsletters on the next Region D meeting, scheduled for **July 18th.**

Have a new activity you want to try – or something you want to learn more about? Maybe some of our other Jaycees members do too!! Contact Arya Amirahmadi – ID VP with your idea and lets all get involved!

Chaplain's Corner

*Carrie May,
Lansing Jaycees Chaplain
carriemay@aol.com
248-756-3840*



Did you know?

I visited Graceland a few years ago, and it really was an interesting trip. There's an excellent audio tour to listen to as you're viewing memorabilia, gold and platinum albums, and white sequined jumpsuits. A piece that was interesting to me was a fairly worn statue of two hands touching each other. Elvis Presley received the touching hands trophy when he received an award from the Jaycees in 1970 for being one of the Ten Outstanding Young Men (they didn't say "People" back then!). This was the only award ceremony that Elvis attended, and he took the trophy on every tour with him. I found it interesting that while Elvis was eccentric, a drug addict, a father, and an influential musician, he was also dedicated to bettering his community and being a philanthropist. The thought that struck me most is that you don't have to be a perfect person to make a positive impact on your community (thank goodness!).



GET YOUR FOOD ON!

April brought us TWO GYFO events! First at Mitchell's Fish Market in Eastwood Towne Center, then at Andy's Mexican & American Deli in Holt.

Y-U-M-M-Y-!

Don't miss the next GYFO on May 19th at Mango's Grill on Park Lake Rd.

Chair: Andrew Hoard andrew.t.hoard@gmail.com

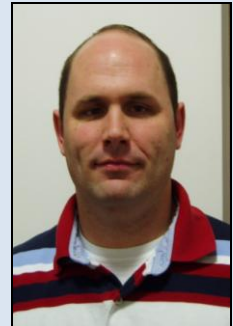
A Message from the Management VP

Hello Everyone!

This is Mike Spaulding, your Management VP here. Well it is the start of Softball season, we have a decent team for this year with lots of new faces, and some new members. I encourage all of you to come out and support the team on Friday nights at Erickson Park, a schedule of dates and times is posted on the Jaycee juice.

Also I hope all of the new members are participating in chairing, and coming up with some good project ideas. And again if there is anything that I can do to help you along do not hesitate to get in touch with me.

Well there is a summer of Jaycee fun waiting I hope to see all of you out and about. As always thanks for your time!



Sincerely,
Mike Spaulding
2009 Management VP
Navy_1_01@yahoo.com
517-490-8628

Texas Hold'em

Huge thank you to the members who helped at the May Texas Holdem' Event! We have a break from this activity until August – so enjoy your summer!

A note from the Capitol Correspondent Editor:

Thanks to the contributors of the May newsletter:

A. Clock, A. Briseno, A. Amirahmadi, A. Fossi, S. Kottke, M. Spaulding, C. May

ANYONE CAN BE AN AUTHOR!

Please submit your articles, photos, or ideas for future newsletters to:

Bridget Burnell, Lansing Jaycees Secretary
989-737-9685 bridget.burnell@gm.com

2nd Annual Bob Pancost Memorial Golf Outing!

June 20th at Highland Hills Golf Course



If you would like to help plan this event – Please sign up for the committee! Volunteers are needed to help get teams signed up, coordinate the raffle, find prizes and giveaways, and more – contact Felicity White at whitefel@msu.edu; 517-490-0076

1st Quarter State Convention Michigan Jaycees
Was AWESOME! Way to go Lansing Jaycees!
We DO know how to put the F-U back in FUN!

Calendar of Events

Lansing Jaycees Activities...



May 1st -3rd – **Michigan Jaycee 1st Quarter Convention** – Boyne Highlands, Boyne City, MI – (Details = A. Clock @ 517-410-9527)

May 5th – **General Membership Meeting** – Trippers in Frandor: 6-7 social hour; 7:00 Meeting (Details = A. Clock @ 517-410-9527);

May 7th – 10th – **Texas Hold'em Tournament** – Trippers – 350 Frandor Ave., Lansing. Volunteers Needed!(Details = C. May @ 248-756-3840)

May 8th – **Bowl for Kids' Sake** – Royal Scot on Grand River in Lansing, 8:15PM-11:30PM; Donate to the team online to support Big Brothers Big Sisters (Details = A. Clock @ 517-410-9527)

May 9th-10th – **Float Building** – Lansing 150th Parade Float Build at Colleen Burton's Garage – 3214 Greenoak Ave., Lansing – Sat. 3PM-7PM; Sun 11AM-5PM (Details = S. Soczek @ 517-862-6376)

May 11th – **Fabric Basket Making Class** – 6-9 PM at Country Stitches in East Lansing. \$15 fee plus cost of materials (Details = S. Soczek @ 517-862-6376)

May 13th – **Make Your Own Jewelry** - 6:30 – 8:00 PM at Polka Dots, 1207 Turner, Lansing. Pick your own bead, bring food and drink! \$15 minimum purchase required (Details = A. Clock @ 517-410-9527)

May 16th – **Salsa Night** – Club Bamboo at 1020 Trowbridge in East Lansing, 10PM – 11:45 PM; Learn the basics of Salsa. \$5-\$10, doors open at 10PM for a half hour lesson before dance begins. (Details = A. Amirahmadi @ 773-793-1467)

May 16th – **Lansing 150th Parade** – Park at the Michigan Library & Historical Center (702 W. Kalamazoo, Lansing) and take the Shuttle to Staging area B. We are unit #199. Be to the site by 10AM to walk with the Jaycees Float in the Parade downtown Lansing. Wear a JC shirt! (Details = S. Soczek @ 517-862-6376)

May 16th-17th - **East Lansing Art Festival** – Face Painting at the Art Festival; 327 Abbott Rd., E. Lansing (Parking Lot next to Dublin Square) (Details = A. Hoard @ 517-402-8488)

May 19th – **GYFO: Mango's Grille** – 5900 Park Lake Rd., East Lansing at 6PM (Details = A. Hoard @ 517-303-6643)

May 22nd – 25th – **5th Annual White Water Rafting Trip** – River Expeditions, 900 Braodway Ave., Oak Hill, WV. \$129.20 pp includes one day of rafting, 3 nights camping, BBQ dinner, lunch on the river, and more!(Details = M. Castelein @ 517-242-1050)

May 26th – **Grand River Connection** – Dublin Square Irish Pub, 327 Abbott Rd., East Lansing; come enjoy complimentary appetizers, cash bar, and local networking (Details = A. Amirahmadi @ 773-793-1467)

May 28th – **Lugnuts Game** – at Oldsmobile Park – 505 E. Michigan Ave., Lansing at 7 PM; (Details = A. Fossi @ 586-484-7027)

May 29th – **Happy Hour** – Rookies Restaurant and Bar – 1640 S. US 27, Lansing at 5:30 PM (Details = A. Fossi @ 586-484-7027)

May 30th – **Self Defense Course** – Institute of Traditional Asian Martial Arts, 16800 S. Chandler Rd., E. Lansing; Karate in self-defense (Details = M. Castelein @ 517-242-1050)

May 31st – **Book Club - Baseball** – Book Club with a baseball theme – any book you want; will discuss at the Lansing Lugnuts game at Oldsmobile Park at 2PM Details = S. Kottke @ 517-980-0965)

Calendar of Events

Lansing Jaycees Activities...



June 2nd – **General Membership Meeting** – Trippers in Frandor: 6-7 social hour; 7:00 Meeting (Details = A. Clock @ 517-410-9527);

June 5th-6th – **Relay for Life of Lansing** – Overnight walk to benefit the American Cancer Society 2PM – 2PM at Lansing Catholic Central High School Track, 501 Marshall St., Lansing (Details = A. Briseno @ 517-974-0965)

June 10th – **Member Mixer** – Details Coming! (Details = A. Fossi @ 586-484-7027)

June 12th – **GYGO Euchre** – Bring quarters, beverage, and a snack to share; 7PM at Bridget's House; 7517 Glen Terra, Lansing (Details = B. Burnell @ 989-737-9685)

June 13th – **First Annual International Foods & Wine Tasting** – Bring an international food dish or wine to share; 6PM at Arya's Spot; 1808 Shubel Ave., Lansing (Details = A. Amirahmadi @ 773-793-1467);

June 16th – **New Member Orientation** – Location TBD; 6PM – 8PM (Details = A. Fossi @ 586-484-7027)

June 19th – **Happy Hour** – Location TBD at 5:30 PM (Details = A. Fossi @ 586-484-7027)

June 20th – **2nd Annual Lansing Jaycees Bob Pancost Memorial Golf Outing** – 8AM – 5PM at Highland Hills Golf Club in Dewitt (Details = F. White @ 517-490-0076)

June 25th – **GYFO Dusty's Cellar** – 6PM – 8 PM; 1857 W. Grand River Ave., Okemos (Details = S. Guthrie @ 517-977-6332)

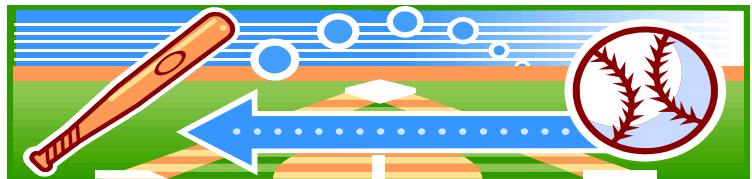
And watch the Juice Weekly for other Events yet to be planned!

Another exciting opportunity awaits you MIJCs! Our annual Family Zoo Trip is happening May 30, 2009 at the Detroit Zoo. You may register now via the link on the MIJC homepage or you can find the flyer in the Document Library under State and National Events. If you have questions, please contact the chair...Byron Myer at (734)320-1350 or bmyer1@yahoo.com. Early registration ends May 15!

Posted by [Jennifer Tryban, MD](#) on 4/29/2009, 6:04 pm

The Lansing Jaycees Softball Team had their first game AND their first Tournament May 8th & 9th! Though they played well defensively, the team lost their first game 14-5 and are currently at 0-1. The Tournament ended up getting rained out.

Date	Time	Field#
5/15/09	7:15pm	8
5/29/09	6:15pm	7
6/5/09	8:15pm	8
6/12/09	8:15pm	7
6/19/09	7:15pm	8
6/26/09	6:15pm	7
7/10/09	6:15pm	8
7/17/09	6:15pm	7
7/24/09	8:15pm	8



Support Our Softball Team – come and cheer them on! Every Friday night at Erickson Park on Canal Rd. in Delta Township



May is: Maia's Month

April showers bring May flowers, and May has long been a month celebrating abundance. The month may have been named for the Greek goddess Maia, who was identified with the Roman goddess of fertility, Bona Dea, whose festival was held in May.

<http://history.howstuffworks.com/american-history/this-month-in-history-may.htm>

TOP 10

Ways to celebrate Memorial Day

- 1) Attend a morning memorial service at your local cemetery
- 2) Do a gravestone rubbing
- 3) Clean your ancestor's grave site
- 4) Place flags & flowers at the grave site
- 5) Buy a "Buddy Poppy" from the VFW
- 6) Write a member of the military
- 7) Do genealogy work for the veterans in your family
- 8) Fly the US Flag
- 9) Participate in the National Moment of Remembrance (3PM)
- 10) Thank a veteran

http://www.ehow.com/how_4758052_celebrate-memorial-day-top-things.html

Jaycee Business Directory

ClockRocks

One of a kind, handmade jewelry! Contact Angela Clock at for information or to see samples, or visit: http://www.etsy.com/shop.php?user_id=5189064
H: 517-410-9527

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Membership has its Benefits!

http://www.usjaycees.org/index.php?option=com_content&task=view&id=21&Itemid=60