Lansing Jaycees PO Box 16150 Lansing, MI 48901

www.lansingjaycees.org

Region D Population Division 7 Base Membership: 52

MAY HIGHLIGHT OF THE MONTH

White Water Rafting Trip

The 5th Annual Whitewater Rafting Trip made a big splash (well... several splashes), especially for the members who had never rafted before - experiencing a thrilling ride! Read all about the action in detail from the personal account of Chairperson Mike Castelein on page 7 of this newsletter.



Lansing Jaycees

June 2009

Jaycee Creed

by C. William Brownfield

We believe that faith in God gives meaning and purpose to human life;
That the brotherhood of man transcends the sovereignty of nations;
That economic justice can best be won by free men through free enterprise;
That government should be of laws rather than of men;
That earth's great treasure lies in human personality; and that SERVICE TO HUMANITY IS
THE BEST WORK OF LIFE

2009 Board of Directors

The Board meets on the 3rd Thursday each month, 6:00 PM at the Jaycees Service Center

President

Angela Clock 517-410-9527

Chair of the Board

Sheryl Soczek 517-862-6376

Board Members

Alexandra Briseno 517-974-0965

Community VP

Angela Fossi
 586-484-7027

Membership VP

Arya Amirahmadi 773-793-1467

Individual Development VP

Bridget Burnell 989-737-9685

Secretary

Carrie May 248-756-3840

Treasurer & Chaplain

Michael Spaulding 517-490-8628

Management VP

The Lansing Jaycees is an organization of people ages 21-40 which promotes leadership training through community service. We meet the first Tuesday of each month at 7 p.m. (dinner from 6 p.m. to 6:30 p.m.) at Tripper's Bar and Grill in Frandor. Visit our website, www.lansingjaycees.org for more information.



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Join us for our monthly membership meeting at Trippers! Every first Tuesday of the Month at 7:00 PM



Are You Up to the Challenge?

For the month of May, I issued a challenge to the membership to recruit 4 new members during the month in order to have a pizza party at the June GMM. We didn't quite make the goal, but did recruit 2 new members in May.

That doesn't mean we give up on our goal of introducing new people to the Lansing Jaycees!

June is a new month. It's a time to start digging in our heels and stepping up to the challenge. Angela Fossi and I have issued two challenges to our membership for the month of June. Both of these challenges will be fulfilled at the July GMM/Picnic on July 10th.

- 1) Introduce someone to the Lansing Jaycees for each non-member you bring to an event or give us their name and email to sign up for the email list, you will get a water balloon to throw at either Angela Fossi or me.
- 2) Recruit 5 new members during June as of writing this, we already have 2 new members in June! To help sweeten the deal, we're offering memberships for \$60 for new members during the month of June. 5 new members in June equals whipped cream pies in the faces of both me and Angela Fossi.

Just remember – if at first you don't succeed, try, try again!!

As for other challenges, at our June GMM, Chaplain Carrie May spoke about trying something new. This summer, I hope all of you try something new – whether it's going to salsa dancing, serving on a committee, visiting another Jaycee chapter, or camping for the first time. The Jaycees offer so many opportunities to try new things, so take advantage of it!

I am so proud and excited for all the great things that we've accomplished already this year, and am looking forward to the amazing things we're going to do in the second half of the year. I hope you all decide to join me in the challenge of making the Lansing Jaycees known to everyone!

Yours in Service,

Angela M. Clock, 81st President <u>Fallingstar924@hotmail.com</u>; 517-410-9527



A Message from the Membership VP

I hope everyone enjoys the first month of summer. We have several outdoors events coming up in June and July. Take a look at our calendar, I look forward to seeing all of you get involved.

All year long we have been working on some great projects. Now its time to get even more involved and help chair or co-chair an event. If you have an event or project that you would like to plan please contact a board member and we can help you get started. The first step of setting up a project is to prepare a summary of the event. Second contact a board member and get the date added to the master calendar. Third we can send out the evite or get a committee together to plan the event. Lastly enjoy the event. During the entire process we document the event using a Chairperson Planning Guide (CPG). This is a great training opportunity.

Here are some upcoming events to keep in mind. We have the 2nd Quarter New Member Orientation coming up on June 16th. We are also planning a trip to the Aquatic Center on July 18th. Finally, July 10th is our General Member Picnic and we will see the results of

the June new member and prospect challenge. Keep up the great work attracting new members and prospects.

Let's keep building the buzz!

Feel free to contact me at any time if you have questions or comments.

Sincerely,

Angela Fossi, 2009 Membership VP, kitispart@gmail.com; 586-484-7027



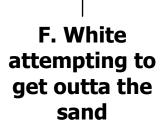
Quote: Don't walk behind me, I may not lead. Don't walk in front of me, I may not follow. Just walk beside me and be my friend. Unknown (often attributed to Albert Camus)



April Membership Awards Presented to:

<u>Member of the Month:</u> SARA GUTHRIE <u>Chairperson(s) of the Month:</u> AMY MILLER & CARRIE MAY (Beer Bus) C. May sews her basket →

A. Fossi in her element at Lugnuts Game



M. Castelein just hangin' around as usual

E. Dobry stuffin' tissue

Seen in Action

Membership



Colleen Burton

Occupation:
Disability Examiner

Relationship Status: Single

Dream Job: Adolescent/Teen

Therapist

& Sarafina

<u>Favorite Movie and/or book</u>: Never Been Kissed or My Big Fat Greek Wedding, Mysteries

<u>Favorite Type of Music</u>: Top 40, Country, Hip Hop

Do you have any pets? 2 cats, Miskit

<u>Favorite Food</u>: Chicken Bryan, Fettuccini Alfredo, Mexican

Favorite Game or Sport: Board Games, I am terrible at sports. ©

First car: 1977 Buick Century (it was born the same year I was) ©

Why I joined the Jaycees: To meet new people, get out more and do community oriented activities.

Random Fact: I have walked on fire.

MINI-GOLF OUTING

Chairperson: Felicity White; whitefel@msu.edu; 517-490-0076

The Lansing Jaycees Mini Golf Outing was held on Wednesday June 3rd. Ten intrepid golfers hit the "little links" and fun was had by all. The 18 hole putting green at Hawk Hollow's Little Hawk was the stage for some serious golf and some not so serious socializing. Congratulations go out to Doug Hengesbach for his winning 59 stroke game. Stephanie Steere brought up the rear with a score of 87, and graciously accepted the last place prize. Who can't use another Lansing Jaycees tee-shirt? **Welcome to Toby Beeman who became the** newest Lansing Jaycee at the Mini Golf Outing – we look forward to seeing you at our next exciting event.



Pictured L-R: D. Hengesbach, S. Steere, A. Hoard, A. Clock, T. Steere, S. Soczek, T. Beeman, C. May, M. Spaulding

White Water Rafting – Ride of a Lifetime! by Michael Castelein, Chairperson

The 5th Annual White Water Rafting trip took place down in West Virginia over Memorial Day weekend. Most of us left at 10:00 AM on Friday. There were a total of 10 people that made this trip. We made it to the campsite around 7:30 PM and I blew up my queen sized air mattress outside of the tent. I had difficulty getting it into the tent, so I learned to blow it up while inside the tent next time.



After we setup camp we had brats and hamburgers over the campfire. We all headed to bed around midnight because we had to get up early the next morning for rafting. I couldn't sleep till about 4 AM thanks to our neighbors that were up all night partying. One of them got a D.U.I. and was let out the same night. Apparently the W. Virginian legal system works fast © I overheard them saying they setup court that night and had to pay \$500 to get him out.

Everyone was up around 7:00 AM the next morning so we could be down to the outfitters store by 7:30. There we got our helmet, PFD (personal floatation device), and paddle. My sister and Angela Fossi needed help tightening the straps to their PFD so the great helper that I am, I gave their straps a jerk and they about near fall over!

Next, the crew got on bus that takes about 15 minutes to get to the river. We arrived at the river a little after 8:30. One of the river guide leaders, Tyler, went over safety instructions. He also informed us if we lose a tooth rafting we have to stay there (it's a WV thing). We were assigned a rafting guide, Eric Johnson. He happened to have all of his teeth. He's also has long hair and a scruffy beard. Eric tells us he's a got an adult business on the side called little Johnson productions. I asked him "You're not making money are you?"

There are 8 people to a raft plus the guide, so 2 of our group were split off into another raft. As we got into our raft and head on the calm part of the New River (as it's called) Eric gave us basic paddling instructions. Eric asked us if we are a church group and upon us saying no he proceeds with his stories and jokes, most of them too scandalous to go into detail about.

One of the first rapids we came upon is called "Surprise" and is a Class III rapid. The best quote of the day came when we come up on the rapid where Eric is going to squeeze the raft between two rocks. He said, "We're not going to make it, alright forward for 3 strokes!" Thankfully we made it through. About halfway through our trip we stopped off to the side of river for lunch, it's sandwiches with some "fixin's".



Membership

White Water Rafting cont...

After a brief break we were back on the river headed towards some class 4 and 5 rapids. One of the rapids we decide to "surf". In one big wave everyone was wiped out of the raft except for Angela Fossi, our guide, and me! I end up pulling in my sister, Lori, and Eric Dobry. Everyone was in a different position. As we approached the last rapid and our guide asked if anyone wants to "ride the bull" which means someone would sit on the front of the raft with their legs dangling over.



Angela Clock volunteered her services. After a couple of waves she was knocked back into the raft.

Finally, we took out the raft on the side of the river and boarded the bus back to camp. The trip was over around 2:30 PM.

Once back at camp we were given 2 wooden nickels each for a complimentary drink of beer or pop. Also, we were given our meal ticket. We cleaned up and headed down to the Red Dog Saloon on the campsite to watch the video of our adventure. While there, I used my wooden nickel, only to get a PBR - yuck, but it was free.

Afterwards we headed to the mess hall to get our BBQ dinner.

The chicken was good, but the ribs sucked. I could have placed bets on what we we're having for dinner because it's same thing I had last year.

After dinner some of the Jaycees went out for ice cream. I went for ice cream later with my friend Dane and his girlfriend Erica. When we got back, my friend Dane started up the campfire. The rest of the crew joined us later and I learned that two of the Jaycees are defecting on the other side of the campsite to a "princess tent" or a tent platform. That's because they couldn't bear to have another rough night courtesy of our rowdy neighbors.

That night two of our neighbors came by to introduce themselves and apologize for the previous night. Their names were Chuck and Crystal. Chuck explained he was just a corn-fed boy from Indiana that doesn't know any better. This happened to be the DUI guy. Crystal said we could have told them just to 'shut the F up'. I said I didn't want any trouble. As I got into my tent that night I put in the ear plugs I bought earlier in the day. I didn't hear anything the whole night and slept like a baby.

Sunday morning rolled around and most of us slept in because we didn't have to get up early for anything.

We decided to head to Biscuit World for

breakfast. I guess you could have called it brunch. We head back to camp and



I decide we should head to Cascade falls.

Membership

White Water Rafting cont...

I have the direction to go committed to memory. It is about a 20 minute drive up some hairpin turns. It's a great photo opportunity and you can even stand in the water right underneath them.



Afterwards we headed back to camp and hung out for awhile until dinner around 5:30. Some of the crew headed down to the pool and hot tub to relax. I rounded up the troops to head to one of my favorite local dives called Dirty Ernie's. They have great ribs there. Everyone agreed it is a great place that I picked out. There are one dollar bills stapled to the walls with things people wrote on them.

Before we left a couple of us stapled our own dollar bills to the wall with one of them saying "Lansing

Angela Clock.

K". That was courtesy of

Jaycees Rock". That was courtesy of

Back at camp after Ernie's, we started up the campfire fire and had S'mores. Our neighbors were around their campfire when I heard them bring up the song Stanky Leg. I told them that song sucks with which they reply "yeah, but it's catchy". Someone then suggested I perform the "Stanky Leg" dance. It's a dumb move, but after a little convincing I iumped up and started doing the "Stanky Leg" in front of the campfire. Our neighbors noticed and yelled up, "now that's the Stanky Leg!" I was glad everyone was so entertained. After awhile it started to rain a little. So it was suggested that I do the "Stanky Leg" again to make the rain go away. Believe it or not it worked!

Monday morning I got up around 8:30 so I could leave by 10:00 AM. As I was loading up the truck I said "see ya" to one my neighbors. He replied, "Don't be doing no Stanky Leg while you're driving." I told him that might be a problem. Everyone left before Ten. This was the worst part of the trip, the ride home. The only excitement I got out of the trip home was seeing a bear up ahead galloping across the road. Everyone else got home before I did. I ended up getting home around 8:30 PM. I guess I took the scenic route. Overall everyone said they would want to do it again next year. I hope to see you on our next White Water Rafting Adventure!

LET'S PADDLE!!!



Alexandra Briseno 2009 Community VP

xandrab@hotmail.com

517-974-0965

A Message from the Community VP Community News and Events

Michigan Pride – 21St Annual Festival – June 13th - http://www.michiganpride.org
Juneteenth Celebration – June 19-20: http://www.lansingjuneteenthcelebration.org

East Lansing Jazz Fest – June 19-20: http://www.eljazzfest.com/

Riverbank Traditional Pow Wow – June 19-21: http://www.riverbankpowwow.com/

Festival of the Moon / Sun – June 26-27: http://www.festivalofthesun.com/

Victorian Garden Tea: June 27: http://www.lansingmi.gov/view_news.jsp?id=1994

Lansing's July 4th Parade – July 4: http://www.lansingmi.gov/parks/

Common Ground Music Fest: July 6-12: http://www.commongroundfest.com/

Michigan Festivals

Michigan has festivals all year around, search at www.mfea.org/findevents.cfm for events. Some highlights this month:

Bavarian Festival - Frankenmuth - June 11-14: http://www.frankenmuthfestivals.com/

Hatchet Festival – Bad Axe – June 12-14: http://www.badaxehatchetfestival.com/

Gizzard Fest - Potterville - June 12-14: http://www.gizzardfest.com/

National Asparagus Festival – Shelby – June 12-14:

http://www.nationalasparagusfestival.org/

Arab International Festival – Dearborn – June 19-21: http://www.americanarab.com/

Michigan Sugar Festival – Sebewaing – June 19-21:

http://main.sebewaingchamber.com/

River Days – Detroit – June 19-22: http://www.detroitriverdays.com/

Detroit Windsor International Film Festival – Detroit/Windsor – June 25-28:

http://www.dwiff.org/

Muskegon Summer Celebration: June 25-July 5: http://www.summercelebration.com/

Michigan Challenge Balloonfest – Howell – June 26-28:

http://www.michiganchallenge.com/

Other Local Volunteer Information

Animal Placement Bureau - http://www.apbpets.com/
Beekman Therapeutic Riding Center - http://btrc.samsbiz.com/
Capital Area Humane Society - Volunteer Orientation - http://cahs-lansing.org/support/index.html

Habitat for Humanity - Lansing - www.habitatlansing.org

Southside Community Kitchen - http://southsidecommunitykitchen.org/

VolunteerMatch - http://www.volunteermatch.org/

Children's Shopping Spree will be here before we know it! Scheduled for August 15th – and there is much planning to do to prepare! Come out for the first Committee Meeting to be a part of this incredibly rewarding event! June 17th at 7:30 PM – Theio's Restaurant.

Chairperson: Sheryl Soczek; 517-884-2413;

VOLUNTEER OPPORTUNTIES ARE EVERYWHERE!

Look for Volunteer Opportunity Highlights in each issue of the Capitol Correspondent There's something out there for everyone!

June Volunteer Opportunity Highlight

Rainbow Homes

Rainbow Homes provides ecumenical Christian housing and services for adults with cognitive disabilities, where they may grow personally and spiritually to reach their God-given potential, all while being nurtured in a home-like Christian setting. Volunteers are needed to be a friend to residents, assist with office work, help plan & plant landscaping, assist residents with maintaining landscaping, transporting residents to special events, "adopt" a resident or apartment, assist resident managers in planning nutritious meals, help residents attend services and programs at their worship center of choice, help residents practice their faith and customs, and help with small electrical and plumbing repairs, carpentry projects, & general handy man/woman projects. For more information visit http://www.rainbow-homes.org/Rainbow-Homes/Welcome.html

AND:

Check out the PHUN PHEST Fundraiser hosted by the Mid Michigan Parrot Head Club on June 20th after the Golf Outing at Jimmy's pub on Chandler Rd. This fun event includes live music, door prizes, raffles & more! The Lansing Jaycees are sponsors for the PHUN PHEST and all proceeds go to Rainbow Homes! For information or to purchase advance tickets visit

http://www.mmphc.com/

East Lansing Art Festival - Face Painting

On Saturday and Sunday, May 16th and 17th, 14 of us, including 3 Coldwater Jaycees painted arms, hands and faces at the East Lansing Art Festival. Our artistic skills and abilities came in handy as we interacted with the young people of our community. Despite the rain on Saturday, we had many children eagerly waiting throughout the entire weekend to be painted. Some of the popular designs included Hello Kitty, frogs, sports emblems, aliens and many more. A great time was had by all and we were able to bring smiles to the faces of many children as they enjoyed this annual spring event.

Pictured: Chairperson A.

Chairperson Andrea Hoard

andrea.hoard@gmail.com 517-402-8488

ast Lansing Art
we interacted with
saturday, we had
end to be
frogs, sports
wall and we were
enjoyed this

Pictured: Chairperson A.
Hoard prepares to paint

2nd Quarter Success in the Community: 6 Primary Events including <u>Easter Egg Hunt</u> (Chaired by Carrie May), <u>East Lansing Art Festival Face Painting</u> (Chaired by Andrea Hoard), <u>Bowl for Kids Sake</u> (Chaired by Angela Clock), <u>Beekman Therapeutic Riding Center Fence Building</u> (Chaired by Angela Fossi), <u>Lansing's 150th Anniversary</u> <u>Celebration Parade Float</u> (Chaired by Sheryl Soczek), & <u>Relay for Life</u> (Chaired by Alexandra Briseno) – <u>How exciting</u> to have so many members interested in chairing community events! *Will you be our next Chairperson?*

What community project do you want to see the Lansing Jaycees do? Share your ideas with Community VP Alexandra Briseno xandrab@hotmail.com

Donate Food to Animal Shelters Daily: Free For You – A Click Away:

Individual Development

A Message from the Individual Development VP

May was quite a busy month in the ID area! We held the following events in May: Fabric Basket Making Class, Make Your Own Jewelry, GYFO: Mangos, Self Defense Course, and a Book Club. Thanks again to everyone who chaired an ID event in May. June is also busy with GYFO: Dusty's, First Annual International Food Tasting, and a Salsa Night. Be on the lookout for the following upcoming events we're working on for the future:

Martial Arts Tour (intro classes to several martial arts styles), GYFO -July, and another Public Speaking Seminar. As always keep the ideas coming! Arya Amirahmadi,
2009 Individual
Development VP

arya amirahmadi@hotmail.com;
773-793-1467

Do you have an idea for a new activity you'd like to try, or something you want to learn more about? Any skills you'd like to improve? Perhaps other Jaycee members share your interest! Please send me your ideas for future ID projects. I'd love to hear from you!

Coming Soon:

TOUR THE JIFFY PLANT!

That's right – you're opportunity to learn all about how the Jiffy Products are made right here in Michigan!

Chelsea Milling Company is operated by a family whose roots in the flour milling business date back to the early 1800's. "JIFFY" came about in 1930 and there are currently 18 "JIFFY" Mixes.

Keep an eye on the weekly JUICE for the details on this exiting trip, expected to take place sometime next month! (Contact S. Soczek for more information at soczek@msu.edu)

http://www.jiffymix.com/index.php/tours/

An ID Challenge for Jaycee Campers!

Are you going Camping this summer with the Jaycees? What a great opportunity to tie an ID project to another JC event!!!

You could have a captive audience for a project like "How to build a Campfire",

"Performing First Aid",
"Canoeing Basics", "Know
your Bugs" – the

potential ideas are endless!
Can you come up with an original skill that you can share with fellow campers?
Let's see just how creative our membership can be, and what we can learn this summer at Sleeper Park.

Individual Development

Join the Lansing Jaycees Book Club for Wine in June and a Summer Fling in July!

This summer, the Lansing Jaycees Book Club will continue the themebased reading selection strategy we pioneered in May with baseball books. For June, the theme is Wine



Wine For Dummies? Days of Wine and Roses? The lastest issue of Wine Enthusiast magazine? If it's got anything to do with wine, it works! Bring your wine stories to the next Get Your Food On at Dusty's Cellar from 6:00 to 8:00pm on June 25th to



break bread and talk about wine! For July, the theme is "A Summer Fling." Romance? Road

trip? Summer camp hijinks? It's your call! Choose your poison and join us in the height of summer on the afternoon of Sunday, July 19 (exact time and location to be determined) for conversation, camaraderie and ice cream. Contact Sean Kottke via email (misterck@hotmail.com) or Facebook for questions and to share book ideas.

EXPANDING HORIZONS

Region D Meeting

The next Region D Meeting will be at Noon on July 11th at Sleepy Hollow State Park in Lainsburg. \$6 per car. It promises to be full of fun!

Congratulations to our fellow Region D Chapters: Charlotte (Top 10)

Ionia (Parade Qualifier)

The Lansing Jaycees were also identified as one of the top 10 Chapters 1st Quarter '09. WAY TO GO!

Also, you won't want to miss Family FUN day on June 27th. Region D will meet at Potter Park Zoo at 9 AM. Picnic lunch is planned, so bring a drink and a dish to share.

Chaplain's Corner

Carrie May, Lansing Jaycees Chaplain carriemmay@aol.com 248-756-3840



At the General Membership Meeting in June, I talked about, with summer upon us, the importance and fun of trying something new.

In that vein, I found a website – trysomethingnew.com to find a few suggestions. Here's a random sample:

- ✓ Eat Nigerian food
- ✓ Email the White House
- ✓ Play hopscotch (this may not be new, but might be fun to revisit!)
- ✓ Enjoy a pomegranate (perhaps in a martini while at Happy Hour??)
- ✓ Surprise a loved one with a letter (think about the last time you sent a piece of mail other than a greeting card for a birthday / anniversary / holiday to a loved one...then think about how great you feel when you get a random piece of mail that's not junk or a bill...it doesn't take much to let someone know you're thinking about them)
- ✓ Find Orion in the night sky (I don't think this
 means Orion Smith, either...)
- ✓ Explore Islam
- Go to a movie (this is an easy project to organize – make it a Jaycees project!)

The point is that it's easy to get mired in the same routine. Try something new and expand your field of experience, and better yet, share those experiences with others! We have a whole chapter of people who may be interested in trying the same think that has piqued your interest!

GET YOUR FOOD ON!

Dusty's Cellar – June 25th at 6PM

Also known for their wide selection of local and international wines – come check it out!

A Message from the Management VP

Hello Everyone!

We are well into our Softball season and doing well for a new team of players together. I encourage all of you to come out and support the team on Friday nights at Erickson Park, a schedule of dates and times is included with the calendar of events in this newsletter.

We are keeping busy in the area of Management, despite the short break from Texas Hold'em. There are many ways for you to get involved too! The Sponsorship Committee could use some help – and we are always appreciative of feedback on the website and this newsletter. Send us your thoughts!

Enjoy your summer everyone – look forward to seeing you at upcoming Jaycee events!

Sincerely,
Mike Spaulding
2009 Management VP
Navy_1_01@yahoo.com
517-490-8628

A note from the Capitol Correspondent Editor:

Thanks to the contributors of the June newsletter:

A. Clock, A. Briseno, A. Amirahmadi, A. Fossi, C. May, M. Castelein, A. Hoard, F. White, S. Kottke, M. Spaulding

ANYONE CAN BE AN AUTHOR!

Please submit your articles, photos, or ideas for future newsletters to:

Bridget Burnell, Lansing Jaycees Secretary 989-737-9685 bridget.burnell@gm.com

Texas Hold'em

Mark your calendar and watch for your chance to sign up for our next big fundraising event – August 6th – 9th

2nd Annual Bob Pancost Memorial Golf Outing!

June 20th at Highland Hills Golf Course



Sign up a foursome for \$250, or sign up yourself and we'll get you on a team! Not a golfer? – that's ok... We need volunteers to help keep the day running! It's fun for all and you don't want to miss it! – Contact Felicity White at whitefel@msu.edu; 517-490-0076

Would you like to help gain the support of businesses in our community and help grow membership? Consider joining the sponsorship committee. We could use YOUR help! Contact A. Clock at fallingstar924@hotmail.com

August MIJC Convention... Ya Goin'?

2nd quarter MIJC convention will be held in Dearborn at the Doubletree Hotel from August 14-16. However, we will only be attending Saturday afternoon/evening, due to our Annual Children's Shopping Spree event being held on Saturday morning.

If you are interested in attending for the night, please let me know. You are welcome to get your own hotel room for Saturday night, share one with other members, or you can head back home! The chapter will pay for registration, but members are responsible for hotel arrangements. This is a great chance to meet Jaycees from all around the state, and see what accomplishments our state has achieved. Please email me (Fallingstar924@hotmail.com) by Friday, June 26th to let me know if you're interested in attending! - Angela Clock, President Lansing Jaycees

3rd Quarter State Convention Michigan Jaycees

You can now register for the upcoming Summer Convention via the MIJC website. http://www.mijaycees.org/

Don't forget to sign up for the Detroit Tigers vs. the Kansas City Royals immediately following convention...specifically, Sunday, August 16 at 1:05 pm. Tickets via the MIJC website too.

Interested in the Board of Directors?

We are looking for members who are interested in serving on the 2009 Board of Directors. If you are interested in learning more about how the Lansing Jaycees operate, there are director positions available in all areas (Community, Management, Membership, or Individual Development).

Directors assist the VP in their area with a variety of duties including, but not limited to:

- -Recruit chair people to run projects in your area
- -Oversee projects in your area through your chair people
- -Train chair people on the CPG process
- -Assist chair people in writing the first 7 questions of the CPG prior to running the project
- -Monitor projects, get updates for agendas, and report back to the board during board meetings
- -Collect CPG's and substantiation from chair people once the projects are completed and submit them to your area VP
- -Give a project participation report to your VP on the projects under your area
- -Help in outreach to members

Board meetings are held the 3rd Thursday of the month at 6PM (with the exception of July) at the Michigan Jaycees Service Center, 534 S. Walnut St., Lansing at 6pm.

If you are interested, please contact President Angela Clock at 517-410-9527 or fallingstar924@hotmail.com to get more information or ask any questions!

Lansing Jaycees Activities...

<u>June 2nd</u> – General Membership Meeting – Trippers in Frandor: 6-7 social hour; 7:00 Meeting (Details = A. Clock @ 517-410-9527);

<u>June 5th-6th</u> – Relay for Life of Lansing – Overnight walk to benefit the American Cancer Society 2PM – 2PM at Lansing Catholic Central High School Track, 501 Marshall St., Lansing (Details = A. Briseno @ 517-974-0965)



<u>June 10th</u> – Member Mixer – Picnic in the Park – Potter Park Eagle Landing Shelter; 1301 S. Pennsylvania Ave, Lansing; 6PM – 8:30 PM. Hot dogs and burgers will be provided. Please bring a dish to share. We will have access to games (ie. Volleyball & horseshoes). Kids & Guests welcome (no pets please). (Details = A. Fossi @ 586-484-7027)

<u>June 12th</u> – **GYGO Euchre** – Bring quarters, beverage, and a snack to share; 7PM at Bridget's House; 7517 Glen Terra, Lansing (Details = B. Burnell @ 989-737-9685)

<u>June 13th</u> – First Annual International Foods & Wine Tasting – Bring an international food dish or wine to share; 6PM at Arya's Spot; 1808 Shubel Ave., Lansing (Details = A. Amirahmadi @ 773-793-1467);

<u>June 13th</u> – Membership Table at Michigan PRIDE Festival – Adado Riverfront Park, 11AM-5PM (Details = A. Clock @ 517-410-9527)

<u>June 16th</u> – New Member Orientation – Location TBD; 6PM – 8PM (Details = A. Fossi @ 586-484-7027)

<u>June 17th</u> - Children's Shopping Spree Meeting – 7:30PM at Theio's Restaurant, 2625 E. Michigan Ave., Lansing (Details = S. Soczek @ 517-884-2413)

<u>June 19th</u> – Happy Hour – Dagwoods Tavern & Grill, 2803 E. Kalamazoo St., Lansing at 5:30 PM (Details = A. Fossi @ 586-484-7027)

<u>June 20th</u> – 2nd Annual Lansing Jaycees Bob Pancost Memorial Golf Outing – 8AM – 5PM at Highland Hills Golf Club in Dewitt (Details = F. White @ 517-490-0076)

<u>June 23rd</u> – Grand River Connection – 6PM-8PM at the Country Club of Lansing, 2200 Moores River Dr., Lansing; Sponsored by NuUnion Credit Union (Details = A. Amirahmadi @ 773-793-1467)

<u>June 25th</u> – GYFO Dusty's Cellar – 6PM – 8 PM; 1857 W. Grand River Ave., Okemos (Details = S. Guthrie @ 517-977-6332)

<u>June 27th</u> – Region D Social at the Zoo – Potter Park Zoo – 9AM (Details = A. Clock @ 517-410-9527)

<u>June 27th</u> – Salsa Night! – Club Bamboo, 1020 Trowbridge, E. Lansing, MI; 10PM-11:45PM (Details = A. Amirahmadi @ 773-793-1467)

Date	Time	Field#	Support Our Softball Team – come and cheer them on! Every Friday night at Erickson Park on Canal Rd. in Delta Township
6/12/09	8:15pm	7	
6/19/09	7:15pm	8	
6/26/09	6:15pm	7	
7/10/09	6:15pm	8	
7/17/09	6:15pm	7	
7/24/09	8:15pm	8	

Lansing Jaycees Activities...

<u>July 10th</u> – General Membership Meeting & Annual Picnic – Erickson Park after the Softball Game! Game time is 6:15 – come cheer on the team! Don't forget a dish to share for the picnic. (Details = A. Clock @ 517-410-9527);

<u>July 11th</u> – Region D Meeting – Sleepy Hollow State Park in Lainsburg; More info to come (Details = A. Clock @ 517-410-9527)

<u>July 17th</u> – <u>Happy Hour</u> – Small Planet, 16800 Chandler Rd., E. Lansing 5:30 PM (Details = A. Fossi @ 586-484-7027)

<u>July 21st</u> – Board of Directors Meeting – Meeting date has been changed this month for the Camping Trip; All members welcome; 6:00 PM at the Michigan Jaycee Service Center, 534 S. Walnut, Lansing (Details = A. Clock @ 517-410-9527)

<u>July 23rd – 26th</u> – Annual Camping Trip – Sleeper State Park, Caseville, MI; 5 sites reserved, \$35 per person (includes camp site fees, common supplies & dinner each night); (Details = C. May @ 248-756-3840)

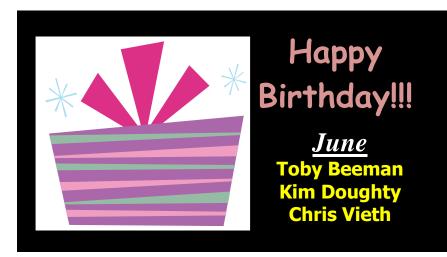
And watch the Juice Weekly for other Events yet to be planned!

And here's another opportunity to help in the community – coming up July 4th!

NEW LIFE S.I.W.D. helps those that are less fortunate. Services include: Prescription assistance, Out Reach Program, Disability Awareness and more. Providing relief to the poor, disabled, and elderly and educating the community is their purpose.

NEW Life S.I.W.D. will be putting on an event for the Haven House 121 Whitehills Dr in E. Lansing, MI. This event will consist of games, live music performance, food, and survivors speaking on their experience regarding abuse. Your support will assist in providing the necessary materials for us to have a free successful event for the Haven House. Approximately 12 volunteers are needed, as well as food donations and/or financial support. If you would like to donate or volunteer or have questions about the event, contact Adrian Hill at 517-391-4893; newlife_siwd@yahoo.com; or visit http://www.havenhouseel.org/

Get your project on the Lansing Jaycees Calendar! Contact any Board Member to share your idea, pick a date and make it happen! Contact information for all Board Members is on page 2 of this newsletter.



June is:

Goat Trauma Awareness Month

Beware of Petting Zoos.

To learn more visit: http://www.goat-trauma.org/



Ways to Ditch a bad Blind Date.

- 1) Get a friend to call/text and fake some sort of drama, apologizing as you run for the door
- 2) Be honest, just say it's not working for you ("It's not you, it's me")
- Text a friend to come meet you out. Make sure they are brash and annoying! Let your date know this is your best friend and you do EVERYTHING together.
- 4) Feign an allergic reaction. If your date offers to take you to the hospital, run!
- 5) Spend the night on the phone. Text, email, talk let your date know you're very popular and too busy for just him/her.
- 6) Drink. Like a Fish. But beware of beer goggles.
- Flirt with the waiter/waitress/bartender. Anyone nearby.
 Wink, blow kisses, give out your number if you're desperate!
- B) Ask if your date is into threesomes, then recommend your ex.
- 9) Talk about your ex. Especially how perfect he/she was. If there aren't great traits to speak of, make them up.
- 10) When all else fails. Just run away. (Make sure he/she is not related to your boss first).

http://www.easyfindadate.com/blog/top-ten-ways-to-ditch-a-bad-blind-date.html

Jaycee Business Directory

ClockRocks

One of a kind, handmade jewelry! Contact Angela Clock at for information or to see samples, or visit: http://www.etsy.com/shop.php?user_id=5189064 H: 517-410-9527

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Membership has its Benefits!