

# Capitol Correspondent



The Monthly Newsletter of the Lansing Junior Chamber | September 2014

Lansing Jaycees  
P.O. Box 16150  
Lansing, MI 48901

[www.lansingjaycees.org](http://www.lansingjaycees.org)  
[@LansingJaycees](https://twitter.com/LansingJaycees)  
[Lansing Jaycees](https://www.facebook.com/LansingJaycees)

District 3

## Seen in Action!



**Above Left:** Carrie Larsen, Angela Clock, 86th President Charlie Root and Mary Ouellette gathered at Zoobie's Bar for a Project Management Guide (PMG) training. **Above Right:** Michael Leeds, Jackson Buddingh, Trina Van Schyndel and Abby Kelly pose for a photo at the Japanese gardens in Saginaw. **Below left:** Jackson gets introspective while touring the grounds of the Japanese gardens. **Below Right:** 86th President Charlie Root (far right) swears in three new members of the Lansing Jaycees at the August General Membership Meeting. Welcome!



## The Jaycee Creed by C. William Brownfield

We believe that faith in God gives meaning and purpose to human life;  
That the brotherhood of man transcends the sovereignty of nations;  
That economic justice can best be won by free men through free enterprise;  
That government should be of laws rather than of men;  
That earth's great treasure lies in human personality; and that  
**SERVICE TO HUMANITY IS  
THE BEST WORK OF LIFE**

The Lansing Jaycees is an organization of people ages 21–40 that promotes leadership training through community service. We meet the first Tuesday of the month at 7 p.m. at Tripper's Bar and Grill in the Frandor Shopping Center, with dinner served between 6 p.m. and 7 p.m. Visit our website, [www.lansingjaycees.org](http://www.lansingjaycees.org) for more information.



### Letter from the Editor

Thanks to the contributors of this month's newsletter, including:

Lauren Leeds, Carrie May Larsen, Charlie Root, Sheryl Soczek, Amy Miller and Angela Clock.

### Remember, anyone can be an author!

Please submit your articles, photos, or ideas for future newsletters to Lauren Leeds at [lleeds823@gmail.com](mailto:lleeds823@gmail.com) by Sept. 16, 2014.

## 2014 Board of Directors

Meets every third Tuesday of the month at 6 p.m.

### President

Charlie Root, (517) 862-5326

### Chair of the Board

Abby Kelly, (517) 944-9729

### Individual Development Directors

Michael P. Leeds, (248) 622-1829

Nick Horstman, (517) 703-4565

### Management VP

Carrie Larsen, (248) 756-3840

### Secretary/Management Director

Lauren Leeds, (989) 482-1232

### Community Development Director

Angela Clock, (517) 410-9527

### Treasurer

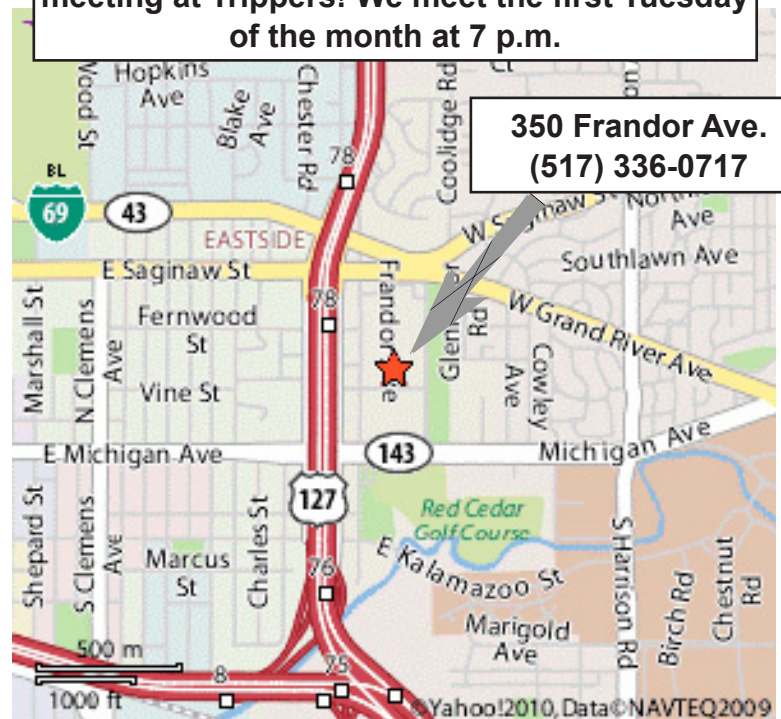
Sheryl Soczek, (517) 862-6376

### Assistant Treasurer

Jeff Straus, (989) 330-1956

Join us for our monthly membership meeting at Trippers! We meet the first Tuesday of the month at 7 p.m.

350 Frandor Ave.  
(517) 336-0717



## President's Report

### Get Your Ice Cold Pepsi! A New Fundraising Opportunity

For those of you that have not already heard, MSU Concessions has offered an excellent new fundraising opportunity. We will be staffing their Pepsi push carts at home football games this season, with a guarantee of at least \$300 per game for our chapter!

For each game we will need nine people to staff the carts. If you're interested in being one of those wonderful nine people helping us out at a game, here are some things you should know.

First of all, you must fill out a background check application with MSU. You can do this online at <https://eatatstate.com/content/volunteer-application-and-background-check-authorization-form>

The total time commitment will be roughly three to four hours depending on game events (time outs, commercial breaks, etc.).

During that time we will be selling various bottled soft drinks to the thirsty masses. Now, while they are called push carts, we will not be pushing them around. They will be pushed to a designated location and remain there until we are closed down after half time.

For each game you would need to arrive at the stadium ready to work about an hour before the gates open, which is an hour and a half before kickoff. So, you would need to arrive two and a half hours before the scheduled kickoff time.

Attire would be pants or shorts, but the shorts must be an appropriate length. You must wear either Lansing Jaycees or MSU apparel. Anything with the colors of the opposing team or apparel from other Big Ten schools is not allowed. You will need to wear some kind of head cover, either a Jaycees or MSU baseball cap will work. If you do not have a suitable hat, a paper hat will be provided. Also, you must wear closed-toe and -heel shoes. Finally, purses and bags are not allowed in the stadium, so they must be left in your car.

Speaking of your car, we are to park in the lot at the corner of Mt. Hope and Farm Lane. There is a shuttle that will pick you up and take you to the stadium. Before each game you will get a pass that will get you a round trip shuttle ride, and grant you entrance to the stadium.

Lastly, you should know that you do not have to be a current member of the Lansing Jaycees to help out. So, past presidents, exhausted roosters, family and friends can all pitch in!

More details will be shared with you if you sign up to work to make sure you know where you are going and when to be there.

This is a wonderful opportunity for us to raise some money and build a relationship with the university. I have learned that once an organization becomes involved with this fundraising program, very few ever leave. There are some non-profits that have been doing this for more than 30 years! This tells me that this is probably one of the best fundraising programs in the area, and I hope it proves lucrative for the Lansing Jaycees for years to come.



Charlie Root  
President  
[croot80@gmail.com](mailto:croot80@gmail.com)

# Notification of Elections

## 2015 Lansing Jaycees Elections

Elections for the 2015 Lansing Jaycees Board of Directors are just around the corner. The election will be held at the November General Membership Meeting (GMM), scheduled for Tuesday, Nov. 11 at 7 p.m. at Tripper's Sports Bar, located at 350 Frandor Ave., Lansing. Only current members in good standing with the chapter are eligible to nominate members for a given position as well as vote in the election. All members interested in running for a board position must be in good standing with the chapter.

### Procedures for Nominations

Nominations for elected positions may be made and seconded in writing to the Elections Committee. Written nominations may be made from the time the September newsletter is published until the GMM/Annual Meeting on Nov. 11. Nominations may also be made and seconded orally at the October and November GMMs as long as the nominated member is present to consent to being nominated.

### Available Positions

The following are positions and brief descriptions for which members in good standing may run. You may read more detailed descriptions in the chapter's Constitution and Bylaws, located in the file archive at [www.lansingjaycees.org](http://www.lansingjaycees.org) or speak to current or past board members.

**President:** The president serves as the chief executive officer of the organization and has general charge of the business of the organization. The president presides at all meetings of the membership and of the Board of Directors.

**Secretary:** The secretary keeps the minutes of meetings of the membership and the board of directors.

**Treasurer:** The treasurer keeps custody of the chapter's funds and provides accurate accounting of receipts and disbursements for the chapter. The treasurer ensures completion of tax returns and financial statements as required.

**Assistant Treasurer:** The assistant director assists and learns the duties of the Treasurer.

**Vice Presidents:** The vice presidents guide and support the various areas of opportunity. They may also chair standing committees.

**Directors:** The directors may assist a specific area of opportunity or serve as a director-at-large and assist the Board of Directors as requested.

The following positions are appointed by the president or elected by the Board of Directors:

**Legal Counsel:** Assess and provide recommendations to the Board of Directors as required or requested. The Legal Counsel must be an attorney.

**Chaplain:** Provide services to the membership and Board of Directors as required or requested.

**Parliamentarian:** The parliamentarian assists the presiding officers in questions of parliamentary procedure.

If you are interested in serving on this year's Elections Committee, please contact President Charlie Root at: [croot80@gmail.com](mailto:croot80@gmail.com)

# Dates to Remember

## Membership Events

**SEPT. 3, 10, 17, 24:** Kickball Team, various times, East Lansing Softball Complex, 6400 Abbot Road, East Lansing  
Check online for specific times

**SEPTEMBER 12:** Happy Hour, 5:30-7:30 p.m., Location TBD

**OCTOBER 1 & 8:** Kickball Team, various times, East Lansing Softball Complex, 6400 Abbot Road, East Lansing  
Check online for specific times

**OCTOBER 5:** Happy Hour, 5:30-7:30 p.m., Location TBD

**OCTOBER 7:** General Membership Meeting, 6-8:30 p.m., Tripper's, 350 Frandor Ave., Lansing

## Individual Development Events

**SEPTEMBER 9:** Knitting, 6:30-8:30 p.m., Zoobies, 611 Grand River Ave., Lansing

**SEPTEMBER 16:** Knitting, 6:30-8:30 p.m., Zoobies, 611 Grand River Ave., Lansing

**OCTOBER 11:** Tea Ceremony, 12-4:30 p.m., Japanese Cultural Center, 527 Ezra Rust Dr., Saginaw

## Management Events

**AUGUST 21:** Jaycee Bootcamp: How to be on the Board, 1-3 p.m., Delta Township Library, 5130 Davenport Dr.

**SEPT. 5-7:** Michigan Jaycees Leadership Conference, Double JJ Resort, Rothbury, MI

**SEPT. 20 & 27:** Concession Sales at MSU games., various times, East Lansing

**SEPTEMBER 23:** Board of Directors Meeting, 6-8 p.m., 2425 E. Grand River Suite 1, Lansing

## Community Development Events

**SEPTEMBER 22:** Criminal for an Evening Part II, 5:30-10:30 p.m., MSP Training Academy, 7426 N. Canal Road, Lansing

**NOVEMBER 1:** Fall Fun Fest, Time TBD, Hawk Island, 1601 E. Cavanaugh, Lansing

**REST OF 2014:** Pop Tab Collecting, drop off pop can tabs to Angela Clock or Michael Leeds throughout 2014

## Happy Birthday!

### September Birthdays

Angela Clock  
Jackson Buddingh  
Jill Blust  
Nick Horstman  
Rudolph Werner  
Russell Chambers  
Sangs Kannan  
Shane Robbins

### October Birthdays

Abby Kelly  
Danielle Wellington  
Eric Sheppard  
Heather Kalso  
Jenni Riehle  
Ryan de la Rambelje  
Ryan Kolb

## Membership Anniversaries

### September

Adrienne Woodward  
Eric Richmond  
Eric Sheppard  
Jake Bourdon  
Jamie Sheppard  
Lauren Leeds  
Melissa Horste  
Tonya Blust

### October

Jessi Wortley Adler  
Keri Brown  
Michelle Meriwether



# Management Report

## Time Management ... Oh How I Need More of This!

So much to do, so little time! How do I squeeze it all in? Can I manufacture more time? Where does motivation fit in? I've been asking myself these questions for the last few months, and I've spoken to a few of you who have been doing the same.

Here are a few tips / spins on time management I found to be insightful, from Susan Ward, Small Business: Canada Expert with about.com:

### 1) Realize that time management is a myth.

No matter how organized we are, there are always only 24 hours in a day. Time doesn't change. All we can actually manage is ourselves and what we do with the time that we have.

### 2) Find out where you're wasting time.

Many of us are prey to time-wasters that steal time we could be using much more productively. What are your time-bandits? Do you spend too much time 'Net surfing, reading email, or making personal calls? Track your activities so you can form an accurate picture of what you actually do, the first step to effective time management.

### 3) Prioritize ruthlessly.

You should start each day with a session prioritizing the tasks for that day and setting your performance benchmark. If you have 20 tasks for a given day, how many of them do you truly need to accomplish?

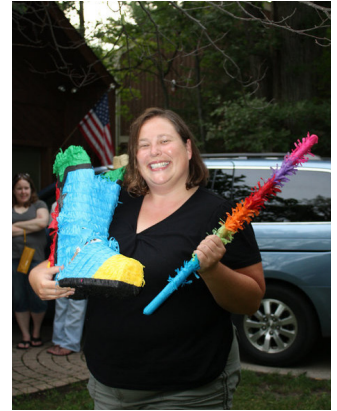
### 4) Get in the habit of setting time limits for tasks.

For instance, reading and answering email can consume your whole day if you let it. Instead, set a limit of one hour a day for this task and stick to it.

### 5) Be sure your systems are organized.

Are you wasting a lot of time looking for files on your computer? Take the time to organize a file management system. Is your filing system slowing you down? Redo it, so it's organized to the point that you can quickly lay your hands on what you need.

My personal addition to the list is to schedule down time. It's great to manage time effectively, but it's also important to recharge when needed.



Carrie Larsen  
Management Vice President  
[carriemay@aol.com](mailto:carriemay@aol.com)

## Jaycee Trivia

2014 marks what anniversary for the Michigan Jaycees?

Answer: 2014 is the 90th anniversary of the Michigan Jaycees

Before women were admitted as Jaycees, what organization did they belong to?

Answer: The Michigan Jaycees Auxiliary, which officially started in 1944. Women were admitted as members of the Jaycees in 1984 and the auxiliary was disbanded

# Management Report

## Holiday One Stop Shop

Did you ever wonder if there was a place you could go to do all of your holiday shopping in one place? Well there is! This year the Lansing Jaycees will host a Holiday One Stop Shop at the East Lansing Hannah Community Center on Saturday, Nov. 15 from 11 a.m. until 5 p.m. We hope to have 30 different vendors to satisfy all of your shopping needs.

If you sell any type of product or you know of someone that does, let us know as we are currently seeking out vendors. We will be limiting our vendors to one table for each company (i.e. one Tupperware table, one Mary Kay table, etc.). Tables will be rented out on a first come first paid basis. Watch our social media for more information.

Tables can be rented for the following rates:

\$25 for Lansing Jaycees  
\$40 for Michigan Jaycees  
\$50 for General Public

Rental includes a 6-ft. table, two chairs, advertising and assistance with load-in and load-out.

If you are a Lansing Jaycee and would like to be a vendor, please contact Sheryl Soczek at [Holiday@lansingjaycees.org](mailto:Holiday@lansingjaycees.org) to reserve your spot.



Sheryl Soczek  
Treasurer  
[soczek@msu.edu](mailto:soczek@msu.edu)

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## Point of Order! Using Robert's Rules Effectively

Later this month members of the Lansing Jaycees have an opportunity to learn about "Robert's Rules of Order" from an parliamentary procedure expert: Dave Worthams. The event is planned for Saturday, Sept. 13 from 1-3 p.m. at the Delta Township District Library.

As 87th President of the Michigan Jaycees, a former legislative staffer and an individual extremely involved in local politics (back in Kalamazoo), and long-time friend of our chapter, Dave is the perfect person to lead a training on Robert's Rules of Order.

In addition to learning the proper procedure for participating in a board meeting, such as how to make a motion, when discussion should take place, how to call a vote, and so on, you'll also learn what is required of members who decide to serve on the Lansing Jaycees Board of Directors.

This training is a fantastic way to learn more about your organization and learn skills that you can use to step into a leadership role in the Jaycees, a local governmental board, or another nonprofit.

Keep your eyes peeled for more information on the time/place in the coming month. Hope to see you there!



Lauren Leeds  
Management Director  
[lleeds823@gmail.com](mailto:lleeds823@gmail.com)

## Community Report

### Community Involvement Opportunities

Want to get involved in the community?

We've got two great opportunities coming up that the Lansing Jaycees are coordinating!

First up – Fall Fun Fest. We'll be holding our first 5K race, the Fearsome 5K on November 1. In addition, we'll have a Fall Fun Fest event (think a Halloween-themed Easter Egg hunt) in conjunction with the event that day at Hawk Island. Our first committee meeting will be after the GMM on Tuesday, September 2. Come out to help us plan!



Angela Clock

Second – Stuff the Bus. In September, we'll start planning for our annual holiday event, Stuff the Bus. It's an event where we adopt local families for the holidays.

Community Development Director  
[fallingstar924@hotmail.com](mailto:fallingstar924@hotmail.com)

We put a bus out in front of a local store and ask shoppers to help us stuff it for the families. We need co-chairs and committee members for this event! Be on the lookout for a committee meeting in September!

Also, if you have a great idea to help the community, let me know!

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### Criminal for an Evening Part II

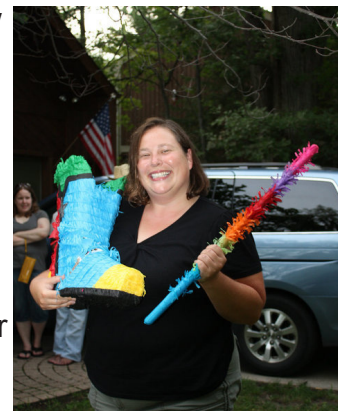
We will be helping the newest trooper recruits of the Michigan State Police learn how to handle common situations they may encounter on the road. On Monday, Sept. 22 we will meet at the MSP Training Academy at 5:30 p.m. We will have complimentary dinner and then participate as actors in various scenarios. Last time, scenarios included an angry driver (with an Oscar performance by Sheryl Soczek), a rolling meth lab, deaf occupants of a vehicle, flirty girls trying to get out of a ticket, a concealed weapon in a vehicle, and a person openly carrying a handgun.

These scenario-based trainings are extremely important to the trooper recruits. Their jobs are dangerous ones, and every opportunity the staff at MSP has to teach them how to approach situations safely is time well spent.

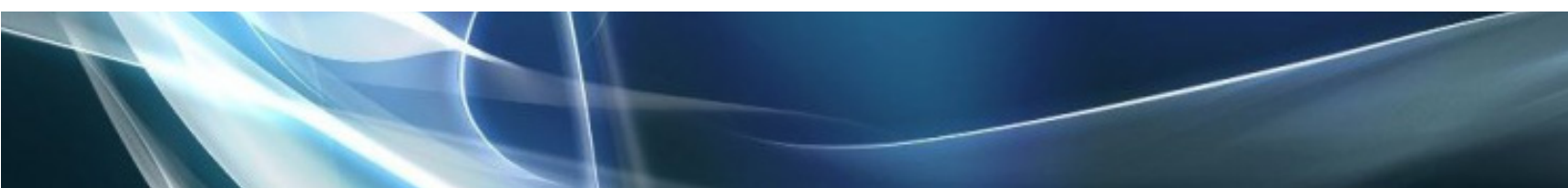
We will be limited to the number of participants. Eligible participants must not be pregnant and must be over 18. Preference will be given to members of our chapter.

You will receive an invitation soon, and sign-up will be on [Volunteerspot.com](http://Volunteerspot.com).

For more information, contact Carrie Larsen – [carriemmay@yahoo.com](mailto:carriemmay@yahoo.com) or 248-756-3840.



Carrie Larsen  
Management Vice President  
[carriemmay@aol.com](mailto:carriemmay@aol.com)





## Past President Spotlight

### Amy Miller, 75th and 78th President

Born in Lansing, Amy Miller attended St. Gerard for elementary school and then Grand Ledge High School. When it came time to leave for college, she stayed close to home and attend Michigan State University (Go Green!). Eventually she moved away from the area to attend graduate school.

Amy works as a speech-language pathologist and is employed by Early On for Ingham Intermediate School District. In her job she works with the families of young children (birth to three years of age) with developmental delay, including communication delay, autism and hearing loss, just to name a few.



She joined the Lansing Jaycees when she moved back to the Lansing area. According to Amy, she joined to meet people, get to know the area that she grew up in, but had never lived in as an adult, and to become more active in the community. She was a member from 2001 through 2009, when she aged out. As a past president, she is a lifetime member.

Having served as president twice, in both 2003 and 2006, Amy has a unique perspective on her time in the Jaycees. In 2003 the chapter's size was in the mid 40s and near 100 throughout 2006.

“My years in the Lansing Jaycees were great years filled with friends, leadership development, community involvement and fun. I enjoyed many events, but my favorites had to be the Haunted House and the Back to School Shopping Spree. You really get to know people when you spend hours upon hours for several months on a project as big as the Haunted House. I don't even like going through Haunted Houses, but I loved working them! My favorite year was when I splurged on cosmetic contact lenses and had the opaque white lenses that made my eye color disappear. I freaked out a lot of people that year.”

When asked about what skills she gained in the Jaycees, Amy said, “There are a few. The ability to talk to anyone and in front of anyone has helped me professionally a great deal. Gaining experience in planning and executing a project was very beneficial. The Chairperson's Planning Guide steps still go through my head regularly when I am faced with a challenge at work or home.”

Amy also wanted to share this: “If you are new to the chapter, welcome. If you are thinking about stepping up to a leadership role, DO. It is a great experience and one that will give you skills and experiences that will help you throughout your life. You will give a lot of yourself, but you will be rewarded with even more in return.

## Jaycee Trivia

True or false, the Michigan Jaycee Auxiliary had a creed?

Answer: True. The organization's creed was as follows:  
We believe: We become more capable women through active membership, in serving our community as a family we strengthen our approach, faith in God is essential to a democratic way of life, effort and sincere cooperation are the key-stone of a successful auxiliary.

# Jaycees Business Directory

## Auto, Home, Life & Tax Deferred Annuities

Member: Shantana Goerge

I specialize in home, auto, and life insurance. I'm passionate about the fact that insurance is boring and confusing to most people. Let me keep an eye on it for you, so it can keep up with you without the worries.

**Phone:** (517) 347-6772, ext. 56547

**Fax:** (517) 347-6983

**Email:** [shantana.goerge@libertymutual.com](mailto:shantana.goerge@libertymutual.com)

**Facebook:** [Shantana Goerge](#)

## Keller Williams Realty

Member: Rob Dowding

I pride myself and the Robert Dowding Team at Keller Williams Realty with excellent customer service in the representation of sellers, buyers, and investors in the entire Greater Lansing Area. Leverage yourself by hiring a true professional to assist you, your friends, and your family in achieving your Real Estate dreams and goals.

**Phone:** (517) 853-6390

**Email:** [Sold@RobertDowding.com](mailto:Sold@RobertDowding.com)

**Website:** [www.RobertDowding.com](http://www.RobertDowding.com)

**Blog:** [www.RealestateRealresults.com](http://www.RealestateRealresults.com)

## Clearing Blocks: Editing Services & Creative Content Development

Member: Jen Anderson

I offer comprehensive copy editing services, from light editing to line editing, in addition to creative content development. If you have a special project you'd like a professional set of eyes on, don't hesitate to get in touch! Please check out the website for sample rates and services, or call for a consultation.

**Phone:** (603) 548-0840

**Email:** [jennifer.margaret.anderson@gmail.com](mailto:jennifer.margaret.anderson@gmail.com)

**Website:** [www.clearingblocksediting.com](http://www.clearingblocksediting.com)

## The Law Office of Eric J. Sheppard

Member: Eric Sheppard

I provide dedicated, personal attention to all of my cases. I will assist you and your family with all of your questions and concerns relating to your legal matters. I am highly experienced in criminal law, family law, and general practice matters.

**Phone (Office):** (517) 618-1580

**Phone (Cell):** (216) 973-9996

**Website:** [www.ericshppardlaw.com](http://www.ericshppardlaw.com)

Want to see your business featured?  
Contact Lauren Leeds at: [lleeds823@gmail.com](mailto:lleeds823@gmail.com)