



Capitol Correspondent

 @LansingJaycees

 Lansing Jaycees



THE MONTHLY NEWSLETTER OF THE LANSING JUNIOR CHAMBER OF COMMERCE | MARCH 2013

Lansing Jaycees
P.O. Box 16150
Lansing, MI 48901

www.lansingjaycees.org

District 4
Population Division 6
Base Membership: 76

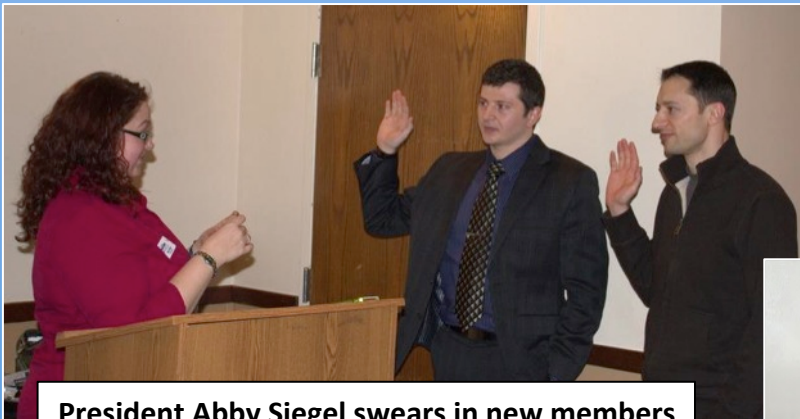
SEEN IN ACTION!



What a full and fun March GMM!



President Abby Sigel presents Ashley Orel with the January Member of the Month. Way to go, Ashley!



President Abby Siegel swears in new members Ridge Boedeker and Ryan de la Rambelje.



The various awards that Lansing earned from the MI Jaycees in 2012 are displayed for all to enjoy at the March GMM.

THE JAYCEE CREED

BY C. WILLIAM BROWNFIELD

WE BELIEVE THAT FAITH IN GOD GIVES
MEANING AND PURPOSE TO HUMAN LIFE;

THAT THE BROTHERHOOD OF MAN TRANSCENDS
THE SOVEREIGNTY OF NATIONS;

THAT ECONOMIC JUSTICE CAN BEST BE WON BY
FREE MEN THROUGH FREE ENTERPRISE;

THAT GOVERNMENT SHOULD BE OF LAWS
RATHER THAN OF MEN;

THAT EARTH'S GREAT TREASURE
LIES IN HUMAN PERSONALITY; AND THAT

SERVICE TO HUMANITY IS
THE BEST WORK OF LIFE

The Lansing Jaycees is an organization of people ages 21-40 which promotes leadership training through community service. We meet the first Tuesday of each month at 7 p.m. (social hour from 6-7 p.m.) at Tripper's Bar and Grill in the Frandor shopping plaza. Visit our website, www.lansingjaycees.org for more information.



Your 2013 Board of Directors

The BOD meets on the last Monday of each month at 6 p.m. All members are welcome. Location is TBD, watch the website or ask a board member for details.

President:

Abby Siegel queenpetunia@hotmail.com

Chair of the Board:

Lauren Leeds l Leeds823@gmail.com

Membership VP:

Charlie Root croot80@gmail.com

Individual Development VP:

Ilona Hajdar ihajdar@gmail.com

Community Development VP:

Ruthi Dake ruthilovesyou87@gmail.com

Management VP:

Kris Dezelski dezelskik@gmail.com

Management Director:

Jessi Wortley Adler jessicawortley@gmail.com

Treasurer:

Sheryl Soczek soczek@msu.edu

Secretary:

Eric Richmond edr@thelastbyte.com

A note from the Capitol Correspondent Editor:

Thanks to the contributors of this newsletter:

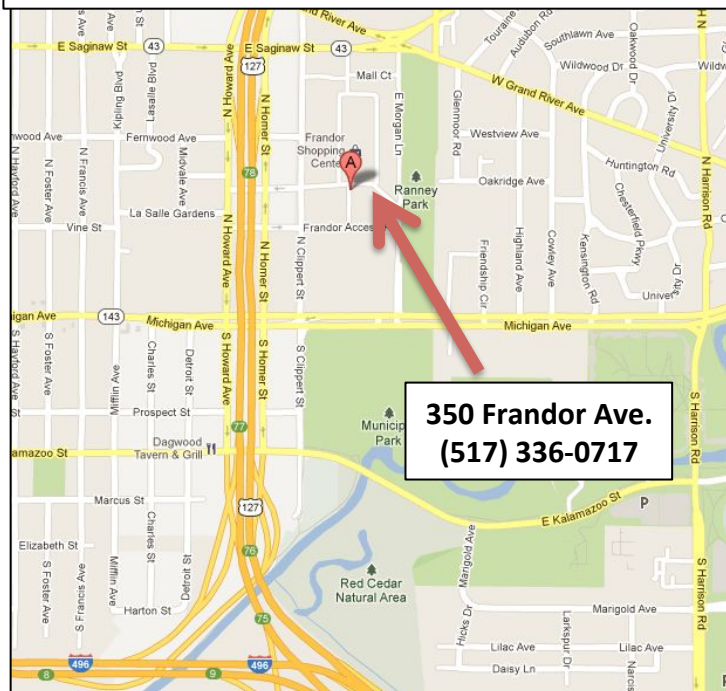
Abby Siegel, Lauren Leeds, Charlie Root, Ruthi Dake, Kris Dezelski, Jessi Wortley Adler, and Eric Richmond

ANYONE CAN BE AN AUTHOR!

Please submit your articles, photos, or ideas for future newsletters to: Eric Richmond

edr@thelastbyte.com

Join us for our monthly membership meeting at Trippers! Every first Tuesday of the Month at 7 p.m.



CHAIR OF THE BOARD REPORT

Pet Photos with the Easter Bunny: Now it's Personal



Lauren Leeds

lleeds823@gmail.com

The Lansing Jaycees' third annual Pet Photos with the Easter Bunny event brought a wide variety of animals to Preuss Pets on March 16 and 17.

Members volunteering at the event had the opportunity to meet friendly dogs both big and small, cuddly cats, ferrets, a hedgehog and a guinea pig (as well kids and adults who joined in the fun)! For a \$5 donation, our supporters were able to get a photo of their pet, their child or their self with the Easter Bunny.

As the 2013 project chair, I am happy to report that we took in cash/check donations in the amount of \$487. We're still waiting on the amount of money generated through customers who paid with a card, but I am happy to report that we surpassed the amount raised in 2012 and I am fairly confident we will clear

raising \$500. Good job team! All the proceeds from this event will benefit the Animal Placement Bureau (which is a nonprofit volunteer foster care network with no paid staff and no sheltering facility) and the IRONDOG Fund (which helps pet owners pay for medical expenses at MSU Small Animal Clinic that they cannot afford).

This event is near and dear to my heart, this year more than before. Pretty much every member of the Jaycees met and loved Houdini (if you didn't get the chance, he was a truly amazing Pomeranian who enriched both Michael and my lives). Houdini suddenly became very ill late last year and had to go to the MSU Small Animal Clinic to receive treatment for a life-threatening illness.

Sadly, our little guy didn't make it. Fortunately, we have numerous amazing people in our lives who sprang into action and started/donated to a "Go Fund Me" page to help offset the cost of his medical bills. I cannot imagine what it would have been like to tell the wonderful staff at our vet or MSU that we simply couldn't afford to try and save his life. Houdini was a part of our family and we felt we needed to do everything we could to get him healthy again.

While we didn't have the happy ending we were hoping for, because of my involvement in the Jaycees and being one of the founding chairs of the Pet Photos event, I was familiar with several great places to look for our next canine companion. Fast forward to now and we have two new-to-us bouncy, waggly Pomeranians in our lives: Franklin and Eleanor, who we rescued from the Animal Placement Bureau.

Community Development Vice President Ruthi Dake made me aware of the IRONDOG Fund and suggested donating funds to this great nonprofit to help others who will be forced with the terrible choice of saving their furry best friend versus what they can afford. I'm really happy to learn that such a fund exists and I'm glad that we decided to donate to them this year.

I'd really like to thank everyone who helped make this event a success, Rick Preuss and his amazing family/staff at Preuss Pets; volunteers: Nick Halpin, Jill Blust, Joe Kelly, Alex Briseno, Angela Fossi, Michael P. Leeds, Ruthi Dake, Charlie Root, Colleen Burton, Jessi Wortley Adler; and everyone (Jaycees and non-Jaycees) who came out to support the event. Keep an eye out on the Lansing Jaycees Facebook page and flickr account for more adorable photos. From the bottom of my heart, thank you for helping me heal from the loss of my beloved Houdini by doing something to help other companion animals. Thanks.

CUTENESS REIGNS!

[2013 PET PHOTOS WITH THE EASTER BUNNY]

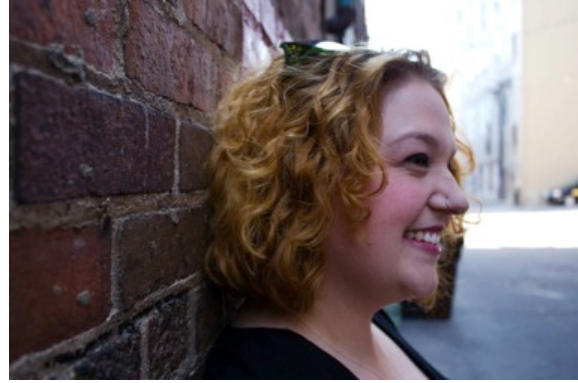


Clockwise from upper left: Eric Richmond's dogs "Butters" & "Cosmo," Member Jill Blust & Community VP Ruthi Dake, Melissa Horste's cat "Pebbles," Sam Keeny's dog "Mozzie," and a hedgehog!

PRESIDENT'S REPORT

Hello, everyone and welcome to Daylight Saving Time! We are a quarter of the way through 2013, can you believe it?!

Our chapter continues to make the greater Lansing area a phenomenal place to work and live. One of the biggest community events for the chapter is quickly approaching, the Easter Egg Hunt on the Capitol Lawn! We have been putting on this event for the community for the last several years, and I'm happy to tell you it has consistently grown in attendance.




Abby Siegel queenpetunia@hotmail.com

This event is just one of the ways the Lansing Jaycees are giving back to our community, by putting this project together, we are building positive relationships with many different community groups, organizations, not to mention the businesses that help sponsor and donate to the event. We are also building strong project managers and committee members in our chapter, who will return to their lives outside the Jaycees with a deeper knowledge of their own leadership skills.

If you are considering coming out to the Easter Egg Hunt this year and volunteering (and I highly recommend doing so, it is super fun), please take a moment to look around. If you can, get up on the steps of the Capitol at some point and look at the impact this one day is having on our community. It is simply an amazing sight to see the joy and fun everyone is having and to know that we, a group of young people, are providing that for the greater community.

March Birthdays



Elizabeth Beal
Dawn Hetzel
Ryan Kiernicki
Anne Ribby

March Membership Anniversaries



Alexandra Briseno
Brittany Gray
Laela Hampton
Joe Kelly
Mallory King
Michael Leeds
Andy Miller
Sheryl Soczek

UPCOMING EVENTS

Management

Newsletter Submissions:

Contact Eric Richmond <edr@thelastbyte.com>

April deadline – Mon, Apr 15

May deadline – Mon, May 6

Lasing Marathon Beer Tent: Lauren Leeds <lleeds823@gmail.com> - Sun, Apr 21, 9AM – 5PM - Near intersection of Michigan & Cedar, Lansing.

We will be running the beer tent at the finish line of the Lansing Marathon.

Board of Directors Meetings: Abby Siegel <queenpetunia@hotmail.com> - Mon, Apr 29, May 20, June 24, 6:00PM – Location TBD.

Community Development

Easter Egg Hunt Committee Meeting: Ruthi Dake <ruthilovesyou87@gmail.com> & Angela Clock <fallingstar924@hotmail.com> - Wed, Feb 27, 6:00-7:30PM – Panera Bread (Frاندor), 310 N. Clippert St.

For people on a committee or thinking about joining a committee for the Easter Egg Hunt!

Easter Egg Hunt & Raffle: Ruthi Dake <ruthilovesyou87@gmail.com> & Angela Clock <fallingstar924@hotmail.com> - Sat, March 30, 8:00AM-12:00PM – Capitol Lawn

This is it! The big day! There are plenty of ways to help. See you there to bring Easter joy to our community!

Noodles for Relay: Abby Siegel <queenpetunia@hotmail.com> - Mon, Apr 22, 4-9PM – Noodles & Company, 1965 West Grand River, Okemos. Support the Lansing Jaycees' Relay for Life team, by eating at Noodles and Company! 25% of sales go to our team!

Susan G. Komen Face Painting: Ruthi Dake <ruthilovesyou87@gmail.com> - Sun, Apr 28, 11AM – 1:30PM – Michigan State Capitol, 100 N. Capitol Ave., Lansing.

Support Breast Cancer Awareness and fundraising by painting faces at their Race for a Cure!

Membership

General Membership Meetings (GMM): Abby Siegel <queenpetunia@hotmail.com> - Tues, Apr 2, May 7, June 4, 6:00-8:30PM – Trippers, 350 Frاندor Ave, Lansing.

April Happy Hour: Charlie Root <croot80@gmail.com> - Wed, Apr 10, 5-7PM – Beggar's Banquet, 218 Abbott Rd., East Lansing.

A mid-week happy hour!

Dinner & Movie: Angela Clock <fallingstar924@hotmail.com> - Mon, Apr 15, 6:30-10PM – Max & Erma's, Lansing.

Join us for dinner at Max & Erma's (where it's also fundraising day for the Leukemia & Lymphoma Society). We'll choose a movie and head to NCG after!

Coffee & Conversation: Charlie Root <croot80@gmail.com> - Wed, Apr 24, 6-8PM – TBD.

A chance for members or prospects to sit and visit with your fellow Lansing Jaycees and enjoy a cup of coffee on us!

Individual Development

Knitting Circle: Melissa Horste <melissa.emily.horste@gmail.com> - Tues, Mar 26, Apr 9, Apr 23, May 14, May 28, Jun 11, Jun 25 - The Avenue Cafe 2021 E. Michigan, Lansing.

The knitting circle will meet every second and forth Tuesday evening. Project Committee members will provide instruction, assistance, and materials to new knitters. Come join us!

Adventures with Pierogi: Angela Fossi <kitispart@gmail.com> - Sat, Apr 6, Time TBD - Redford Jaycees Hall - 15585 Beech Daly, Redford.

Join us on a road trip to the Redford Jaycees so we can learn how to make pierogis. This is a hands on work shop! The best part is we get to enjoy all phases of making pierogi including eating them!

Paneer: Lauren Leeds <lleeds823@gmail.com> - Sat, May 13, 2-7PM – The Leeds Household, 1717 Bradley Ave., Lansing.

Join the Lansing Jaycees as we learn more about Indian cuisine and culture through exploration of the nation's food and film, and how to make cheese from scratch.

MEMBERSHIP REPORT



Charlie Root croot80@gmail.com

On February 24th, 2013 six brave Jaycees joined hundreds of others at the Eagle Eye golf course in East Lansing for the Lansing Polar Plunge. As a group, dressed as the classic Peanuts crew, we jumped into the icy waters of the course pond in an effort to raise money for an amazing cause, the Special Olympics of Michigan. Angela "Marcy" Clock, Sam "Lucy" Keeney, Lauren "Sally" Leeds, Michael "Linus" Leeds, Carrie "Peppermint Patty" May and Charlie "Charlie Brown" Root; together raised more than \$1,300 on the promise that we would jump into a frozen lake.

Each team at the event represents a business or organization throughout the Lansing area. Teams set their own fundraising goals, collect their money, and then show up on the day of the event dressed in fantastic costumes. Then, true to their word, on a bright day in February they all parade down from the clubhouse to jump into a very frozen lake.

As a first time jumper, I can tell you it is just as cold as you imagine. It was less than 30 degrees out and the water temperature was a balmy 32 degrees. However cold it was that day though, the event was an awe inspiring experience and I look forward to participating again next year, because despite the cold and the shock it is a really wonderful cause and a lot of fun. It was the kind of dip in a pool that takes your breath away, literally.



The Peanuts Gang plungers! (photo supplied by Ruthi Dake)

We had a pretty good cheering section too; several familiar Lansing Jaycee faces were in the crowd cheering for us as we jumped. At least one of them was the reason that we had both Michael and Lauren Leeds jump. In a genius fundraising move they promised a 'two for one' plunge if they raised \$500. Just when it was looking like Lauren might get out of the jump the night before their total hit the magic number.

I encourage you to give this a shot next year. Join in the fun and jump in a lake or just come out to witness the craziness. Whatever you do, find out more about this great event and organization at their website www.somi.org.

This organization, for those who do not know, will "provide year round sports training and athletic competition in a variety of Olympic type sports for all children and adults with intellectual disabilities." The Polar Plunge is the chief fundraising activity for the Special Olympics of Michigan. There are similar events held throughout the state at 29 total locations. All told, over 500 teams take the plunge throughout the state. Lansing alone had more than 60 teams and raised more than \$48,000 this year.

COMMUNITY DEVELOPMENT REPORT



Community VP Ruthi Dake, ruthilovesyou87@gmail.com
and Individual Development VP Ilona Hajdar

Easter Egg Hunt – Sat, March 30

It's that time again! Easter Egg Hunt is right around the corner! We need all hands on deck, so if you are able to help, please do! The Easter Egg Hunt on the Capitol Lawn is one of the Lansing Jaycees' signature projects and offers our community a safe and free Easter event, with lots of activities and vendors! There is something for everyone! Volunteers are needed at 8 a.m. to start with set-up. The event itself runs from 10 a.m. to 12 p.m., and volunteers should finish with break down immediately after. Please contact me at ruthilovesyou87@gmail.com or Angela Clock at fallingstar924@hotmail.com if you are interested in helping us make this event a success!

Thank you to everyone who participated in the 50/50 raffle and S.A.L.T. fines at the last General Member Meeting! We raised \$31.98 in cash, \$2 in winning scratch off tickets and \$5.80 in bottle return slips! Thank you to Ridge Boedeker for donating your 50/50 winnings back to the cause! All proceeds will benefit the American Cancer Society through the Lansing Relay for Life Team!

The Delta Township Firefighters hosted an awesome event on March 10, and a few Lansing Jaycees were there to help with all the excitement! The St. Baldrick's Foundation is a volunteer-driven charity that funds more childhood cancer research than any organization except the U.S. Government! Our volunteers handed out t-shirts to team members and accepted on-the-spot donations. Every little bit helps!

In February a few of our chapter members visited the Grand Rapids Home for Veterans. We passed out Valentines Cards, made at the February GMM, to those who served our country and are now unable to take care of themselves. During this trip we realized how wonderful it felt to say thank you. The smiles our cards made left a lasting impression. Because of this, we would like to do more holiday cards in the future. Please keep your eyes open for more on this matter, and thank you to everyone who either made a Valentine's Day card or helped deliver them. It was a blast!

If you have a community project you would like to see happen, please don't hesitate to contact me! ruthilovesyou87@gmail.com



INDIVIDUAL DEVELOPMENT REPORT (SPECIAL CONTRIBUTION BY RUTHI DAKE)

Save Trees by Making Your Own Recycled Paper

Objectives:

- Increase awareness of forest products and uses.
- Discover how important it is to recycle and how easy it is to make recycled paper.



Everyday we use something that is made from trees. One of the things we use most often — especially in school — is paper. Although paper can be made from a variety of natural materials including cotton, hemp, grass, banana plants, tobacco and even elephant dung in some parts of the world, paper is most often made from pulp that is produced by grinding up trees.

DID YOU KNOW... It takes about 20,000 trees to make the Saturday edition of a big-city newspaper? That's more than a million trees a year!

Because paper is so important to us and because we use so much of it, we need to make sure we don't waste it. It only takes a second to use a paper napkin or tissue, but decades for a tree to grow.

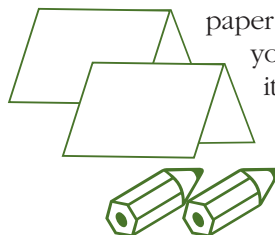
Fortunately, we can save trees by using less paper and by recycling paper. Here's how you can make your own homemade paper.

What You Need

- scrap paper &/or newspaper
- a blender or wire whisk
- water
- a bucket
- a big square pan that's at least 8 cm deep
- a piece of window screen that fits inside the pan
- an iron or rolling pin
- a measuring cup
- tea towels
- vegetable scraps or dye for colour

What You Do

1. Tear the scrap paper into tiny pieces and soak them in a bucket of hot water for about 30 minutes. Put a handful of the soaked paper into the blender and mix until mush. Or if using a whisk, beat the mixture until it is a creamy pulp. Add a small amount of vegetable scraps or dye for colour (or even leaves for added texture).
2. Pour the blended pulp into a measuring cup. Pour roughly 3 cm of water into the pan. Put the screen into the pan and pour one cup of the paper pulp onto the screen.
3. Spread the pulp evenly in the water with your fingers. It should feel kind of mushy. Lift the screen and let the water drain.
4. Lay the pulp-covered screen face down on a cloth (tea towel) or in between some newspaper. Lift the screen away, leaving the paper pulp on the cloth. Cover with another cloth and iron with a hot iron, or use a rolling pin to flatten and press out excess moisture. Let the pulp dry for at least 24 hours.



5. Once it's dry, use the newly made paper to create greeting cards for your friends and family, or use it to write a letter to your member of parliament encouraging more recycling in your community.

MANAGEMENT VP REPORT

SPRINGTIME MEANS IT IS TIME FOR...

Football! Yes, I said Football!

Every spring, college football teams get 15 practices to help them transition from one season to the next. Spring football is when fans get a chance to see freshman who redshirted (didn't play) or other up and coming players that didn't play much the previous year. Wondering who is going to replace your favorite senior or junior who went pro? Spring ball will help provide the answer.



Kris Dezelski dezelskik@gmail.com

Typically, the final practice of the year is a team scrimmage or a situational practice (offense vs. defense) open to the general public. Team scrimmages are very similar to the regular season games. Typically the coaches split up the upcoming seniors and then the seniors draft the remaining players to fill out the rosters, thus rosters will be a mix of starters, role players, and bench players. For situational scrimmages, it is more of an offense vs. defense game. Typically, offensive starters will play against defensive starters and coaches will work in role and bench players in various situations. A situational scrimmage has a modified scoring system that will give points to offensive or defense for various criteria. Situational scrimmages will focus on things like a normal offensive situation, or two minute drills, or redzone situations. Its really up to the coaches and what they want to see out of their players. Coaches will sometimes stop scrimmages if there is something they want to see from the players. Spring games also typically have funny quirks to them. Last year, Sparty checked in as a running back at the Michigan State Green/White game, and the year before Draymond Green checked in as a wide receiver. Spring games also typically have kid friendly clinics before, where kids get the chance to go through drills and meet various coaches and players.



Michigan State is holding its annual Green/White game Saturday, April 20 at 2:30 p.m. Admission is free! The game will also air on the Big Ten Network. The last two years MSU has held a full scrimmage. The University of Michigan is holding its Spring football game Saturday, April 13 at 12:30 p.m. Admission is also free! The game will also air on the Big Ten Network. The last two years UM has held a situational scrimmage.

Other games of note: Central Michigan University - April 13, TBA. Western Michigan University - April 20, TBA. Eastern Michigan University - TBA. Ohio State University - April 13, 1:00 p.m. Notre Dame - April 20, 1:00 p.m.

Hunt, Drew. "Pay College Football Players: Yea or Nay?" *Chicago Reader*. N.p., 05 Sept. 2012. Web. 18 Mar. 2013. <<http://www.chicagoreader.com/Bleader/archives/2012/09/05/pay-college-football-players-yea-or-nay>>.

MANAGEMENT DIRECTOR REPORT

Behind The Scenes!



Jessi Wortley Adler
jessicawortley@gmail.com

We've all done it – walked by a business, heard about a company, seen a profile on the news – and thought to ourselves, “Gosh, I'd love to visit that place and see what really goes on there,” or “I wonder how they make that?”

Well now's your chance! The Lansing Jaycees are continuing our “Behind the Scenes” visits this year, but we need YOU to tell us where you want to go. Past locations we've visited include WLNS and Lansing Lugnuts and we had a blast getting personal tours, a chance to sit at the anchor desk, and a sneak peek at what's underneath the Lugnuts' stadium.

Maybe this time you want to see the MSU Planetarium, GM, Paramount Coffee, heck, what about Herbruck's Poultry Ranch?

If you have a great idea, or a connection to a location, please email myself or Kris and let us know so we can get it on the calendar. We'd love to have two of three different behind-the-scenes tours in 2013 but we need you to help make it happen.

Lansing Jaycees Business Directory

Keller Williams Realty

I pride myself and the Robert Dowding Team at Keller Williams realty with excellent customer service in the representation of sellers, buyers, and investors in the entire Greater Lansing Area. Leverage yourself by hiring a true professional to assist you, your friends and family in achieving your Real Estate dreams and goals.
Ph: 517.853.6390
Email: Sold@RobertDowding.com Website: www.RobertDowding.com
Blog: www.RealestateRealresults.com

Website Design Services

Vieth Consulting provides development services for organization and commercial websites. Contact Chris Vieth for more information or for a quote.
H: 627-7145 W: 930-3611 ccvieth@viethconsulting.com

The Law Office of Eric J. Sheppard

I provide dedicated, personal attention to all of my cases. I will assist you and your family with all of your questions and concerns relating to your legal matters. I am highly experienced in criminal law, family law, and general practice matters.
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East Lansing, MI 48823
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