



# Capitol Correspondent

 @LansingJaycees

 Lansing Jaycees



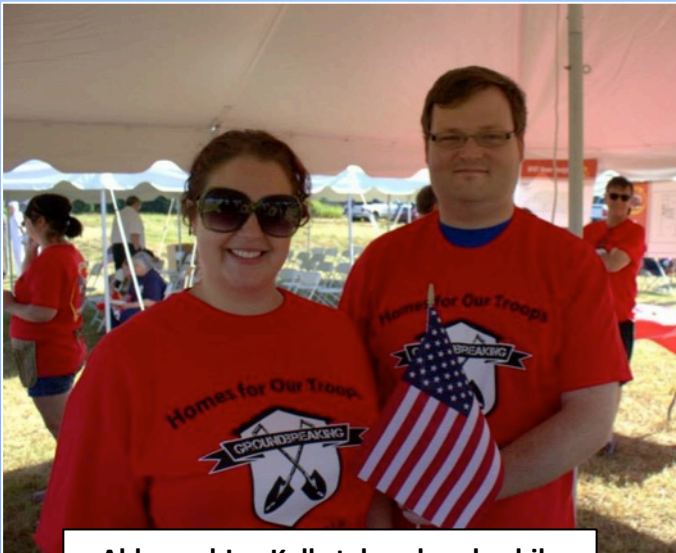
THE MONTHLY NEWSLETTER OF THE LANSING JUNIOR CHAMBER OF COMMERCE | JULY 2013

Lansing Jaycees  
P.O. Box 16150  
Lansing, MI 48901

[www.lansingjaycees.org](http://www.lansingjaycees.org)

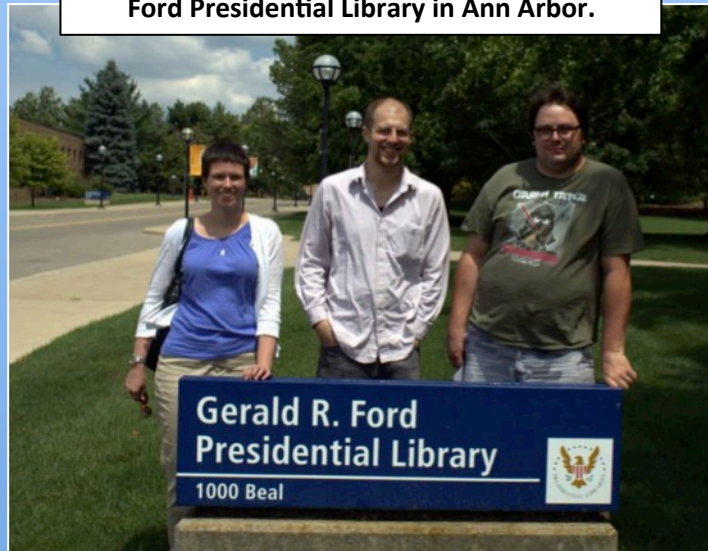
District 4  
Population Division 6  
Base Membership: 82

## SEEN IN ACTION!



Abby and Joe Kelly take a break while assisting with Homes For Our Troops.

Angela Clock, Jackson Buddingh, and Michael Leeds pose before exploring the Gerald R. Ford Presidential Library in Ann Arbor.



Michael Leeds and Sheryl Soczek tend to the Ebelskivers and discuss what filling to try next.

## THE JAYCEE CREED

BY C. WILLIAM BROWNFIELD

WE BELIEVE THAT FAITH IN GOD GIVES MEANING AND PURPOSE TO HUMAN LIFE;  
 THAT THE BROTHERHOOD OF MAN TRANSCENDS THE SOVEREIGNTY OF NATIONS;  
 THAT ECONOMIC JUSTICE CAN BEST BE WON BY FREE MEN THROUGH FREE ENTERPRISE;  
 THAT GOVERNMENT SHOULD BE OF LAWS RATHER THAN OF MEN;  
 THAT EARTH'S GREAT TREASURE LIES IN HUMAN PERSONALITY; AND THAT SERVICE TO HUMANITY IS THE BEST WORK OF LIFE

The Lansing Jaycees is an organization of people ages 21-40 which promotes leadership training through community service. We meet the first Tuesday of each month at 7 p.m. (social hour from 6-7 p.m.) at Tripper's Bar and Grill in the Frandor shopping plaza. Visit our website, [www.lansingjaycees.org](http://www.lansingjaycees.org) for more information.



## Your 2013 Board of Directors

The BOD meets on the last Monday of each month at 6 p.m. at Spartan Printing, 15551 S. US Highway 27, Lansing. All members are welcome.

### President:

Abby Kelly [queenpetunia@hotmail.com](mailto:queenpetunia@hotmail.com)

### Chair of the Board:

Lauren Leeds [lleeds823@gmail.com](mailto:lleeds823@gmail.com)

### Membership VP:

Charlie Root [croot80@gmail.com](mailto:croot80@gmail.com)

### Individual Development VP:

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### Community Development VP:

Ruthi Dake [ruthilovesyou87@gmail.com](mailto:ruthilovesyou87@gmail.com)

### Management VP:

Kris Dezelski [dezelskik@gmail.com](mailto:dezelskik@gmail.com)

### Management Director:

Jessi Wortley Adler [jessicawortley@gmail.com](mailto:jessicawortley@gmail.com)

### Treasurer:

Sheryl Soczek [soczek@msu.edu](mailto:soczek@msu.edu)

### Secretary:

Eric Richmond [edr@thelastbyte.com](mailto:edr@thelastbyte.com)

### Directors-at-Large:

Nick Horstman [nhorstma@msufcu.org](mailto:nhorstma@msufcu.org)

Ashley Orel [a.orel.sw@gmail.com](mailto:a.orel.sw@gmail.com)

A note from the Capitol Correspondent Editor:

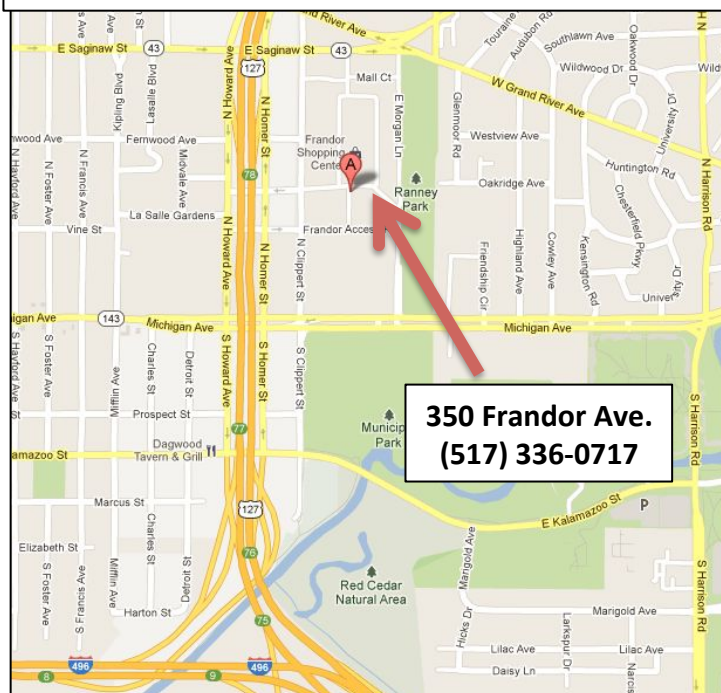
Thanks to the contributors of this newsletter:

Abby Kelly, Nick Horstman, Ruthi Dake, Ashely Orel, Sheryl Soczek, Tom Harris, and Eric Richmond  
**ANYONE CAN BE AN AUTHOR!**

Please submit your articles, photos, or ideas for future newsletters to: Eric Richmond

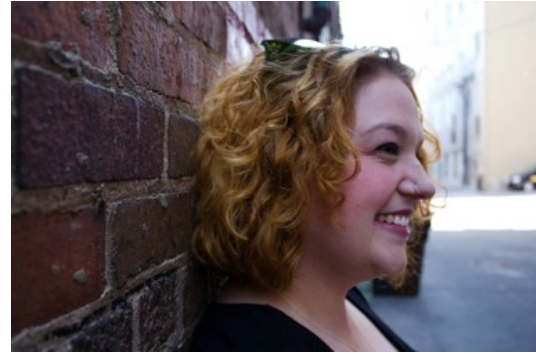
[edr@thelastbyte.com](mailto:edr@thelastbyte.com)

Join us for our monthly membership meeting at Trippers! Every first Tuesday of the Month at 7 p.m.



## PRESIDENT'S REPORT

At the beginning of July I had the honor of photographing a wedding for my good friend's mother. I was a little hesitant about saying yes because I hadn't been behind a camera for so long, but I knew they were putting together this wedding quickly while other members of their family were in town from Europe and wanted to help out where I could, so I agreed to do it.



Abby Kelly [queenpetunia@hotmail.com](mailto:queenpetunia@hotmail.com)

Now that I am looking at the photos for the wedding, and thinking back to that day, I realize that I do really love photography. It was a hobby of mine for a long time, then my profession, which took some of the joy out of it for me. Now that I only do it when I like, and am able to be a part of celebratory moments like weddings and babies and puppies, it gives me great joy.

We are in the midst of summer - the season we are presumably the busiest trying to pack in all the adventure and good-weather activities we can into three short months - but I encourage everyone to reconnect with a forgotten hobby.

Since this is the season of adventure, you may want to try something new. Why not try that "something new" with your fellow Jaycees. For a really big treat, we are having a Road Rally on August 17! The chapter has not organized a Road Rally in quite some time, so this is super exciting! Each month, there is always a new book to read and new tidbits to learn about drinks with our Books & Beverages events. We'll also be learning about almond milk and how to make it, too.

On September 1, we'll be holding an event to raise money to adopt a park in Lansing. The Leisure Olympics will be held at Potter Park, grab a friend and compete in lawn/party games to win a trophy!

We are making our way north to the Delta County Jaycees' Duck Races in the Upper Peninsula August 24 and 25. We will also be traveling to Ann Arbor for Here on the Huron, a day-trip for canoeing on September 8.

I hope everyone's summer is going well! I hope you can all join us for some of our upcoming events!



## UPCOMING EVENTS

### Management

Texas Hold'Em: Kris Dezelski <dezelsk@gmail.com> - August 8, 9, 10, 11, 12:30 p.m. – 2:15 a.m. – *Trippers, 350 Frandor Ave., Lansing.*

Help the chapter out with our largest fundraiser by signing up for a shift! No poker knowledge necessary, this is to handle chips and cash only.

#### Newsletter Submissions:

Contact Eric Richmond <edr@thelastbyte.com>  
August deadline – Mon, August 12  
September deadline – Mon, September 16  
October deadline – Mon, October 14

Board of Directors Meetings: Abby Kelly <queenpetunia@hotmail.com> – *Mon, August 26, September 30, October 28, 6:00 p.m. – Spartan Printing, 15551 S. US Highway 27, Lansing.*

### Individual Development

Knitting Circle: Melissa Horste <melissa.emily.horste@gmail.com> – *Tues, August 13, 27, September 10, 24, October 8, 27, etc., 6:00 – 8:00 p.m. – The Leeds Household, 1717 Bradley Ave., Lansing.*

The knitting circle will meet every second/forth Tuesday evening. Project Committee members will provide instruction, assistance, and materials to new knitters.

### Community Development

Relay Tupperware Party: Lauren Leeds <lleeds823@gmail.com> – *Thursday, Aug 15, 6:30 – 9:30 p.m. – Trippers, 350 Frandor Ave., Lansing..*

Tupperware party where 40 percent of the sales will go to the Lansing Jaycees' Relay For Life Team.

Leisure Olympics: Ruthi Dake <ruthilovesyou87@gmail.com> – *Sunday, Sept 1, 10:00 a.m. – 5:00 p.m. – Potter Park, 1301 S Pennsylvania Ave, Lansing.*

Get your team of two ready for some crazy lawn games to raise money for local parks!

### Membership

General Membership Meetings (GMM): Abby Kelly <queenpetunia@hotmail.com> – *Tues, August 6, September 3, October 1, 6:00-8:30 p.m. – Trippers, 350 Frandor Ave, Lansing.*

Lansing Jaycees F-Word Road Rally: Anne Ribbey <ribbyann@gmail.com> – *Sat, August 17, 11:00 a.m. – 7:00 p.m. – Starting location TBA to team captains, Lansing.*

It's all about the F-word for this Road Rally. Food, Fear, Foto, and Fun! Plan on a full-day of adventure in and around Lansing with our newest scavenger hunt. Gather a team of up to four people to participate. Non-members can participate as well.

Delta Country Duck Races: Lauren Leeds <lleeds823@gmail.com> – *Fri-Sun, Aug 23-25, TBD - Van Cleve Park, Lake Shore Dr, Gladstone, MI.*

Join us for a great chapter visit opportunity as we travel to scenic Delta County in Michigan's Upper Peninsula to help/participate in/observe the Delta County Jaycees' largest fundraiser of the year: the Duck Races!

The Lansing Jaycees go to Hell: Michael Leeds <mp\_leeds@yahoo.com> – *Sat, Aug 31, TBD – Hell, MI.*

Enjoy a day trip to the unique small town and famous ice cream shop in Hell, MI.



## **WELCOME ASHLEY OREL TO THE 2013 BOARD OF DIRECTORS AS A DIRECTOR-AT-LARGE!**



Ashley Orel  
[a.orel.sw@gmail.com](mailto:a.orel.sw@gmail.com)

I became a prospect to the Lansing Jaycees fall of 2012. In December 2012 a project was going on “Stuff the Bus” in which the Jaycees were collecting items to provide families in need the opportunity to have Christmas. The chapter had a goal to raise a certain amount of money, by a certain date. I attended the December General

Membership Meeting still as a prospect and the president at the time, Lauren Leeds, was sharing with the chapter that they didn’t meet their fundraising goal yet. So I threw out the idea of me shaving my head if the chapter could meet that goal in a week. They had over a thousand dollars to raise. Sitting in Tripper’s board room that evening, a member offered to cut her hair if they met a goal. Another project offered to give “Stuff the Bus” some of the funds raised from Snowman Army, and other members were in collaboration with each other examining ideas of how the money could be raised. I knew in my heart then that I wanted to join the Jaycees and be a part of a group of people who are passionate about their community and the people in it. I wanted to be a part of an organization that is dedicated and committed. The Jaycees did indeed meet the fundraising goal and then some in a week. They were determined, and I joined the Jaycees in December 2012. In February 2013, the Jaycees shaved my head.

I’m still a baby in the Jaycees, just eight months old, and I love this organization. This organization is made up of people who care about one another and the community. My fellow Jaycees are a group full of individuals with their own passions and goals in how they see the Jaycees play a role in the bigger picture. They are diverse people with various experiences and skills, but when we all come together we can make change. We learn and grow together.

I joined the Board of Directors in July 2013 as a Director-At-Large because I have a passion for the work this organization does. I have a passion of making the Jaycees an organization that stands out in the community, and the community can count on us. I have a desire to help my fellow members and Board members be the best people they can be by offering my voice of experiences and skills. I have a desire to continuously grow as a person and in my leadership skills. I always strive to be better than I was yesterday.

# welcome!

## Meet Your New Director-at-Large, Ashley Orel

Occupation: Communicable Disease Investigator with the Ingham County Health Department.

Relationship Status: Single

Dream Job: County Health Officer

Favorite Movie and/or book: Movie: Freedom Writers; Book: The Help

Do you have any pets? Pitt Bull named Mick

Favorite Food: Roast beef with fried plantains

Favorite Game or Sport: Game: Monopoly; Sport: College basketball and football

2013 Goal: To be better than I was last year in all aspects of wellbeing

First car: 1994 Chevy Corsica

Why I joined the Jaycees: I have a passion for the community and community service. The Jaycees stood out to me as an organization that is constantly giving back to the community building leaders while doing so. The Jaycees is an organization that allows people to be individuals and explore their passions and I really like that.

Random Fact: I really enjoy going to festivals and cultural events.

Favorite Jaycee Project and reason: Stuff the Bus because it's an opportunity for the Jaycees and the community to collaborate to provide at need families with the opportunity to celebrate Christmas. It's the project I let the Jaycees shave my head for raising enough money. It's the project that pushed me to be a Jaycee to see the members rally together to fundraise for the items and the passion they had in doing so.

Favorite Quote: "I choose to identify with the underprivileged, I choose to identify with the poor, I choose to give my life for the hungry, I choose to give my life for those who have been left out of the sunlight of opportunity. This is the way I'm going, if it means suffering a little bit, I'm going that way. If it means sacrificing, I'm going that way. If it means dying for them, I'm going that way, because I heard a voice saying, 'Do something for others'." – MLK Jr.

Jaycee Join Date: December 2012

## **DIRECTOR-AT-LARGE REPORT**



Cats or Dogs? You may not be surprised to know that cats outnumber dogs in the world by more than 10 million! There are far more cat households than dog households, but is one better than the other?

There are certainly pros and cons to both sides. One reason cats are so popular is that cats clean up after themselves, whereas dogs tend to take a little more work. Another factor is certainly space in regards to not only the size of the animals but also yard space for dogs, as they are not trained to use a litter box. Dogs are of course a man's best friend, however, and are extremely loyal and active. Dogs can go on runs and fetch, whereas a cat is

more likely to lay in the sun. Dogs are more apt to play, and cats are more apt to sit on your lap.

In the end, there are numerous factors that go into the decision of a pet, such as the amount of time you are able to commit and how much space you have to share. But certainly the most important thing to remember when selecting a pet is the responsibility and to have it spayed or neutered.

Nick Horstman

[nhorstma@msufcu.org](mailto:nhorstma@msufcu.org)

## COMMUNITY DEVELOPMENT REPORT



Community VP Ruthi Dake  
[ruthilovesyou87@gmail.com](mailto:ruthilovesyou87@gmail.com)

The Lansing Jaycees had a great time helping at an event that raised money to house one of our wounded veterans, Sgt. Aaron Jolly. Sgt. Jolly was paralyzed from the waist down during his tour in Afghanistan when an IED was set off in his vicinity. **Homes For Our Troops** is a wonderful organization that builds houses for our veterans who come home with life altering injuries. Their homes are 100 percent handicap accessible, helping those who need them live a normal life. Sgt. Jolly is a single father, and has served our country well. There will be another opportunity to help with his home during a community day. On this day we will be working on the landscaping of the home. Please keep your eyes open for the invitation to this event!



Abby Kelly, Joe Kelly, Lauren Leeds, Nick Alt, and Ruthi Dake, with Sgt. Aaron Jolly at Homes For Our Troops.

Fundraising for **Relay for Life** is still underway. The year closes out on August 31! We look forward to your help with the Tupperware Party that will benefit the American Cancer Society! We are so close to reaching our goal I can taste it, and it tastes like pancakes...which by the way you can make with a Tupperware mixing bowl! Our last day for SALT fines will be the August GMM. Thank you to everyone who has participated in the 50/50 raffles! It is very encouraging to see the support from our chapter for this event. If we reach our goal Abby, the president of this great organization, will dress in a silly costume for a GMM. It is completely worth it!

**Leisure Olympics** is coming up. Sign up as soon as you can to get your spot on the brackets! Leisure Olympics is an event hosted by the Lansing Jaycees to raise money for local parks and/or recreation facilities in the Greater Lansing area! Our ultimate goal is to adopt a park or save a struggling park by getting it up to safety codes. Each team of two will compete in lawn games such as ladder golf, Jenga, Kerplunk, lawn darts, etc. Winners will go home with a trophy! Early bird registration is only \$25, or \$30 on the day of the event. This event is open to the public so tell all of your friends! To find a copy of the registration form, go to:

[https://docs.google.com/document/d/1Hy1PbkLEruXBFw8-UKleZ2vfs\\_MArEHOwy9Dlsknjgg/edit?usp=sharing](https://docs.google.com/document/d/1Hy1PbkLEruXBFw8-UKleZ2vfs_MArEHOwy9Dlsknjgg/edit?usp=sharing)



## TREASURER REPORT



Sheryl Soczek  
soczek@msu.edu

Summertime seems to be when people think about many home improvements. With all the paint commercials on TV now, if you are looking to re-paint rooms in your home, here are some tips on making color choices (courtesy of All You magazine, July 26, 2013).

**Red** = Energy and Excitement – Use it in living and dining rooms to stimulate conversation or make a strong first impression. Highly saturated colors look best in rooms with lots of light.

**Blue** = Calmness and Serenity – Use it in office to be more productive and bedrooms. Avoid using blues in kitchens as it is not thought of as appetizing.

**Yellow** = Happiness – Use it in kitchens to make people feel welcome. Warning.....research has shown that people tend to lose their tempers more and babies cry more in yellow rooms.

**Green** = Soothing and restful on the eye – Use it in rooms where you want people to feel calm (our offices have a green accent wall so I am not sure it works).

**Orange** = Spurs activity – often used with sports mascots and logos. Great to use in an exercise room.....good luck with that.



Whichever color you choose, make it one that fits your lifestyle.

**July Birthdays**

Jennifer Anderson  
Colleen Burton  
Kris Dezelski  
Angela Fossi  
Adam Garvey  
Lauren Leeds  
Nikki Sarrazin  
Amy Simon  
Sheryl Soczek

**July Membership Anniversaries**

Nicole Dezelski  
Tracy Prush  
Jeffrey Straus  
Danielle Wellington  
Mathew Wille



## AUGUST GMM: GUEST SPEAKER, TOM HARRIS



Tom Harris

[tom@tomharris.us](mailto:tom@tomharris.us)

Have you ever decided to do something, then just not done it? I'm talking about something that was important to you; something that, if you actually did it, would move you in the direction that you want to go. We all have. But why?

I believe that each of us already knows what things we need to do to get to where we want to go, along with the things that will keep us from what we want. So here's the big question: If we know what things are good for us, and what things are bad for us, why don't we always and only do the good things, and never ever do the bad things?

The short answer is that "resistance" gets in the way. But it's a bit more complicated than that. Where does resistance come from? Many will say it comes from our subconscious mind, where all our old negative tapes and stories are stored. That's partially correct. The real author of resistance is something that is hardly ever discussed in this context. Come to my workshop on August 6 at your GMM and find out the answer and learn how to overcome resistance so you can get your work done.

### Lansing Jaycees Business Directory

#### Keller Williams Realty

I pride myself and the Robert Dowding Team at Keller Williams realty with excellent customer service in the representation of sellers, buyers, and investors in the entire Greater Lansing Area.

Leverage yourself by hiring a true professional to assist you, your friends and family in achieving your Real Estate dreams and goals.

Ph: 517.853.6390

Email: [Sold@RobertDowding.com](mailto:Sold@RobertDowding.com) Website: [www.RobertDowding.com](http://www.RobertDowding.com)

Blog: [www.RealestateRealresults.com](http://www.RealestateRealresults.com)

#### Website Design Services

Vieth Consulting provides development services for organization and commercial websites. Contact Chris Vieth for more information or for a quote.

H: 627-7145 W: 930-3611 [ccvieth@viethconsulting.com](mailto:ccvieth@viethconsulting.com)

#### The Law Office of Eric J. Sheppard

I provide dedicated, personal attention to all of my cases.

I will assist you and your family with all of your questions and concerns relating to your legal matters. I am highly experienced in criminal law, family law, and general practice matters.

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