



THE MONTHLY NEWSLETTER OF THE LANSING JUNIOR CHAMBER OF COMMERCE | JANUARY 2013

Lansing Jaycees P.O. Box 16150 Lansing, MI 48901 www.lansingjaycees.org

District 4
Population Division 6
Base Membership: 77

SEEN IN ACTION!

Lauren Leeds, Joe Kelly, and Dan Harris study and review for debate judging at the inaugural Lansing Jaycees debate tournament.





Angela Fossi and Michael Leeds are showing off their white elephant gifts from the December GMM.



Angela Clock, Karen Brown, Andy Mayville, and Michael Leeds are having a blast at "The Happy Hour that Never Ends."





THE JAYCEE CREED BY C. WILLIAM BROWNFIELD

WE BELIEVE THAT FAITH IN GOD GIVES
MEANING AND PURPOSE TO HUMAN LIFE;

THAT THE BROTHERHOOD OF MAN TRANSCENDS
THE SOVEREIGNTY OF NATIONS;

THAT ECONOMIC JUSTICE CAN BEST BE WON BY
FREE MEN THROUGH FREE ENTERPRISE;
THAT GOVERNMENT SHOULD BE OF LAWS
RATHER THAN OF MEN;
THAT EARTH'S GREAT TREASURE
LIES IN HUMAN PERSONALITY; AND THAT

Your 2013 Board of Directors

SERVICE TO HUMANITY IS THE BEST WORK OF LIFE

The BOD meets on the last Monday of each month, 6 p.m. at Maner Costerisan, 2425 E. Grand River Ave., Lansing. All members are welcome.

President:

Abby Siegel queenpetunia@hotmail.com

Chair of the Board:

Lauren Leeds <u>lleeds823@gmail.com</u>

Membership VP:

Charlie Root croot80@gmail.com

Individual Developement VP:

Ilona Hajdar ihajdar@gmail.com

Community Development VP:

Ruthi Dake ruthilovesyou87@gmail.com

Management VP:

Kris Dezelski dezelskik@gmail.com

Management Director:

Jessi Wortley Adler jessicawortley@gmail.com

Treasurer:

Sheryl Soczek soczek@msu.edu

Secretary:

Eric Richmond edr@thelastbyte.com

The Lansing Jaycees is an organization of people ages 21-40 which promotes leadership training through community service. We meet the first Tuesday of each month at 7 p.m. (social hour from 6-7 p.m.) at Tripper's Bar and Grill in the Frandor shopping plaza. Visit our website, www.lansingjaycees.org for more information.



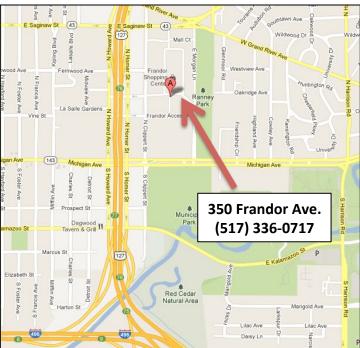
A note from the Capitol Correspondent Editor:

Thanks to the contributors of this newsletter:
Abby Siegel, Lauren Leeds, Charlie Root, Ilona Hajdar,
Ruthi Dake, Kris Dezelski, Jessi Wortley Adler, Sheryl
Soczek, Eric Richmond, and Joe Kelly

ANYONE CAN BE AN AUTHOR!

Please submit your articles, photos, or ideas for future newsletters to: Eric Richmond edr@thelastbyte.com

Join us for our monthly membership meeting at Trippers! Every first Tuesday of the Month at 7 p.m.







PRESIDENT'S REPORT

Hi, everyone!

I cannot tell you what an honor it is for me to serve as your 85th President. I am also very proud of those members who have stepped forward to serve on our Board of Directors. I am confident in their abilities to lead their areas through 2013.

This year, as all others before it, is our year to shine and make even more impact in our community as young leaders.



Abby Siegel <u>queenpetunia@hotmail.com</u>

Some of our early signature projects are already in the works, including our Easter Egg Hunt on the Capitol lawn and Relay for Life fundraising. Other projects, too, are getting ready, like our first Texas Hold'em dates (Feb. 18, 19 and 20).

Fear not, though, there are still plenty of dates open for you to have your own project in any of our four areas of opportunity. Projects do not have to be complicated, and our well-versed Vice Presidents will help you along your way to success! Please remember throughout this year this is your chapter. One of the benefits of being a member of this organization is learning leadership skills through participating and chairing projects and events.

For my part, I will continue on the path of successful Blue Chip, and work closer, hopefully finishing, the 501(c)3 application, which would be a step in the direction of beginning a Jaycees foundation. On a simpler scale, I hope to inspire those around me to do more for our community, and broaden their leadership horizons by asking what more we can do for our community.

I so look forward to the next 11 months serving you as a Lansing Jaycee and president of our chapter!

Meet Your 85th President, Abby Siegel

<u>Occupation</u>: Graphic Designer at Wheeler Deeler <u>Relationship Status</u>: Engaged to Jaycee Joe Kelly

Dream Job: Idea haver

<u>Favorite Movie</u>: The Princess Bride, Forest Gump, and when I'm sick I like Bring It On. Nothing makes you feel better than high school cheerleading movies.

<u>Favorite Book:</u> Lamb by Christoper Moore <u>Favorite Type of Music</u>: Music that isn't awful

Favorite Food: Food that means I am with my friends and loved ones having memorable times.

Favorite Game or Sport: Settlers of Catan

2013 Goal: To be healthier.

<u>First car</u>: The first car I owned is the one I'm driving now. A 1999 Mitsubishi Mirage. She was a gift to me with only 85 miles on her. I put the other 200,000+ miles on.

Why I Joined the Jaycees: To give back to the community. I stay with the organization for all of the other opportunities it gives me as a young, budding leader.

Random Fact: I got into an auto accident with a fire truck once.

<u>Favorite Jaycee Project</u>: It has to be RELAY! Relay for Life was the event where I decided to join the chapter, met my future husband, and became a passion of mine. Without the Jaycees, I may have never found Relay, and without Relay, I wouldn't have found the Jaycees.

<u>Favorite Quote:</u> "Let's face it, a nice creamy chocolate cake does a lot for a lot of people; it does for me." - Audrey Hepburn <u>Jaycee Join Date:</u> July 2009



UPCOMING EVENTS

Management

Newsletter Submissions:

Contact Eric Richmond <edr@thelastbyte.com> February deadline – Mon, Feb 11 March deadline – Mon, Mar 11

Brews & Brainstorming: Kris Dezelski

<dezelskik@gmail.com> - Sun,Feb 17, 4:00-6:00PM,
Location TBD.

Come have some brews and help the 2013

Management team brainstorm new fundraising ideas! We will also discuss ongoing fundraising events such as Texas Hold'em, Haunted House, Snow Man Army, etc.

Board of Directors Meetings: Abby Siegel <queenpetunia@hotmail.com> - Mon, Feb 25, Mar 25, 6:00PM - Maner Costerisan, 2425 E. Grand River Ave. STE 1, Lansing.

<u>2012 MIJC Year End Assembly:</u> Lauren Leeds < lleeds823@gmail.com> - *Fri, Feb 8, 7:00PM – Sun, Feb* 10, 11:00AM - Holiday Inn Big Rapids, 1005 Perry Street, Big Rapids.

<u>Texas Hold 'Em:</u> Kris Dezelski <dezelskik@gmail.com> -Feb 18, 19, 20, 21, 11:30AM - 2:15AM - Trippers, 350 Frandor Ave., Lansing.

A Very French February: Joe Kelly

<joewkelly@gmail.com> - Thurs, Feb 7, Feb 14, Feb 21, Feb 28, 5:00-8:00PM - American Crêpes, 986 Trowbridge Rd, East Lansing.

Come to American Crepes Thursdays in February for a fundraiser for the Lansing Jaycees. Mention the chapter and 15% goes to us.

Membership

<u>Super Bowl Party:</u> Michael Castelein <mcastelein@att.net> - *Sun, Feb 3, 5:30PM – Castelein & Hajdar place - 2345 Lyons Ave., Lansing.*

Enjoy Super Bowl XLVII with your fellow Jaycees! Bring your own appetizer or drink to share. Kids welcome.

General Membership Meetings (GMM): Abby Siegel <queenpetunia@hotmail.com> - Tues, Feb 5, Mar 5, Apr 2, 6:00-8:30PM – Trippers, 350 Frandor Ave, Lansing.

Community Development

<u>Polar Plunge Committee Meeting:</u> Carrie May <carriemmay@aol.com> - *Thur, Feb 7, 6-7PM, American Crêpes - 986 Trowbridge Rd, East Lansing.*

The Lansing Jaycees will have a team participating in the Polar Plunge to raise money for Special Olympics! Plungers can dress in costume and will "plunge" into the lake at Eagle Eye Golf Course on February 24. Join us at this committee meeting to work on fundraising ideas and a possible theme for our plungers!

<u>Special Olympics Polar Plunge:</u> Carrie May <carriemmay@aol.com> - Sun, Feb 24, 11:30AM for registration, 1:00PM for the plunge. Eagle Eye Golf Course Clubhouse, 15500 Chandler Road, DeWitt.

Take the plunge and show your support for Special Olympics Michigan! Looking for team members, but also welcome spectators.

<u>Easter Egg Stuffing:</u> Save the date! Sat, Mar 23. More details coming soon.

<u>Easter Egg Hunt & Raffle:</u> Save the date! Sat, Mar 30. More details coming soon.

Individual Development

Stay tuned for more exciting Individual Development events!





Capitol orrespondent





Charlie Root croot80@gmail.com

Welcome to 2013 Lansing Jaycees! I'm so excited to get this year kicked off, and cannot wait to spend some time accomplishing great things and having fun with all of you in the coming year. quick for those of you that may not know me very well, I'm Charlie Root, and I'm your 2013 Membership Development Vice President. I have been a Jaycee for three years, my wife Karin has been a Jaycee for not quite two years, and my daughter Joy has been a Junior Jaycee since the day she was born, a little over two years ago.

As your Membership Development Vice President you can think of me

MEMBERSHIP REPORT

Meet Your Membership VP, Charlie Root!

Occupation: Customer Service Representative

Relationship Status: Married

Dream Job: Wildly Successful Comic Book Shop Owner

<u>Favorite Movie and/or book</u>: Lord of the Rings Trilogy in both cases. <u>Favorite Type of Music</u>: Anything unique and inspired that makes me want

to move my body.

<u>Do you have any pets?</u> I have a 74 pound German Shorthaired Pointer named Clara.

Favorite Food: All of it.

<u>2013 Goal</u>: To have a happy, successful and engaged Lansing Jaycee membership pool.

Why I joined the Jaycees: To meet new people as I contributed to my community.

Random Fact: People love to ask children what they want to be when they grow up. I once said I wanted to be a lion when I grew up. Another time I said I wanted to be a smoker. I was a charming little scamp.

Favorite Jaycee Project and reason: Operation Snowman Army is one of my favorite projects. We had an army of 40 hand crafted snowmen that we delivered around The Greater Lansing area throughout the holidays. Members of the Jaycees or the general public could make a donation and have some of the snowmen invade a friend's front yard. I love this project because it was a fun way to get out in the community to raise funds. The response from the general public was amazing. The people would ask questions about our organization, which I think was the unsung hero of the project. Many people that had no idea who the Jaycees are, or what we're about now not only have that knowledge, but they also have a fun story to share about us. It doesn't hurt that the funds raised were much greater than anticipated.

<u>Favorite Quote:</u> "If God had intended us to drink beer, He would have given

us stomachs." – David Daye <u>Jaycee Join Date:</u> 12/04/09

as a sort of customer service/technical support department. I am here to make sure that you are happy to be a Jaycee, as well as to answer any questions you might have about our organization and how we get things done. So do not hesitate to approach me with any questions, comments, or even the ever so rare complaint.

I am delighted to serve in this capacity this year, because our members are the heart of our chapter. There would be no hunted Easter eggs, no stuffed buses, and no happy hours without all of you. Okay, there'd still be happy hours, but they wouldn't be nearly as happy. We would literally be nothing without our members. So please, do not hesitate to share your ideas on how we can make your Jaycee experience more enjoyable and rewarding.

I'm going to sign off for this month. I can't wait to get to know all of you at least a little bit better over the course of the next year as we work together to build our leaderships skills while serving our community.





INDIVIDUAL DEVELOPMENT REPORT

Meet Your Individual Development VP, Ilona Hajdar!

Name: ILONA MICHELLE HAJDAR

Occupation: LEGAL SECRETARY & OFFICE MANAGER

Relationship Status: IN A RELATIONSHIP w/MICHAEL CASTELEIN

Dream Job: DOING WHAT I LOVE

Favorite Movie and/or book: SWEET HOME ALABAMA

<u>Favorite Type of Music</u>: COUNTRY <u>Favorite Food</u>: MEXICAN AND JAPANESE <u>Favorite Game or Sport</u>: BASEBALL

2013 Goal: HAVE FUN WHILE BEING POSITIVE AND INSPIRING Favorite Quotes: #1 – EVERYTHING HAPPENS FOR A REASON.

#2 - EVERY CLOUD HAS A SILVER LINING.

#3 - MAKE IT HAPPEN!!!



Ilona Hajdar ihajdar@gmail.com

POSITIVITY IS THE

What is positivity and how can you make it a point to have it in your life?!?

Webster's Dictionary says that positivity is, "the quality or state of being positive."

The Black Eyed Peas say that, "You got to keep it on the positive... Even though we got problems, We gotta find some way to solve 'em, I hope you come and follow me now."

Stevie Wonder says, "Positivity, 'cause that's what life's meant to be... Positivity, and that's the energy the world needs."

Urban Dictionary states, "Positivity is staying positive even when you find a really good reason to be negative."

Every day we are faced with events and situations that can be handled with positivity or negativity. It is our **choice** on how we react and/or view the event or situation. Life, work, marriage, parenting, projects and pretty much every aspect of our life doesn't come without some struggles. The question though, is how are you going to respond?!?

Remember a few little things when trying to take the POSITIVE route...

- 1) Don't forget to laugh! Next time a friend tells you a funny joke or story. Laugh! Give it all you have. **Or** if you're like me and being a klutz is another special talent you have, don't be scared to laugh at yourself when you "talently" fall *up* the stairs.
- 2) Share your positivity! Sometimes it helps to help others. Spread the positive energy. This one is easy and not just limited to those that you know. Next time you are walking down the sidewalk or at your local shopping place, don't play chicken with the stranger that is headed your way. Instead smile, say "hello", say "how are you?", maybe even just do the smile-nod-move over dance. Next time you're having a rough day

you'll be surprised when someone will share their positivity and it'll steer you back down the right positive route.

3.) Don't fester! If something really has you down, write it down. Temporarily getting it off your mind so that you can move forward with your day, then when you have a clear mind, come back and find that "silver lining" solution. Sometimes hard times or situations just need a little time before being dealt with.

Life can be rough and it's easy to be the "negative nelly". Be brave, walk through the grey clouds and spread the POSITIVITY!!!







COMMUNITY DEVELOPMENT REPORT

Meet Your Community VP, Ruthi Dake!

Occupation: Front Desk Agent at the Hampton Inn and Suites of Okemos

Relationship Status: In a long-term relationship with Nick Alt

Dream Job: Sales Clerk at Michaels

Favorite Movie and/or book: Movie: The Notebook, Book: Fifty Shades- all of them. They are pure trash, but highly

entertaining.

Favorite Type of Music: Alternative

Do you have any pets? A Beta Fish named Charlie Sheen

Favorite Food: Chinese

Favorite Game or Sport: NASCAR

2013 Goal: Run a project in each commission of the Community Area of Opportunity every trimester.

<u>First car</u>: Oldsmobile Cutlas Cierra. 1985. It was older than me. Why I joined the Jaycees: To make a difference in the community

Random Fact: I love Chuck Norris

Favorite Jaycee Project and reason: Muskegon's Snow Fest Battle of the Bowls. I love soup and chile.

Favorite Quote: "Two roads diverged in a yellow wood and I, I took the one less traveled by, and that has made all the

difference." Robert Frost Jaycee Join Date: June 2010



Ruthi Dake ruthilovesyou87@gmail.com

2013 is going to be a great year! I am so excited to be working with each and every one of you! We have a lot of great signature projects coming up, and I am looking forward to getting some new ones on the calendar. Don't be shy if there is something you would love to make happen, together we can make anything happen! I love being in the Community Area of Opportunity because I believe there is so much we can do as an organization to better our community and make our neighborhoods safer for future generations. The Jaycees is the greatest young person's organization, and I am willing to put forth the effort to let the world know!





MANAGEMENT VP REPORT

For 2013, I am excited to say that two people will be focusing their energy in the management area as I am partnering with Jessi Wortley Adler. One of the most important roles of the Management VP is making sure our chapter has successful fundraising events. In 2012 our biggest fundraiser was Texas Hold 'Em, and in 2013 we have four dates. The first is coming up very shortly



Kris Dezelski dezelskik@gmail.com

in February, so please sign up for a shift if you can. The money we raise at various events goes to pay for projects such as the Easter Egg Hunt, Stuff The Bus, softball, camping subsidies, year end banquet, convention reimbursements, and others. Every dollar we spend is a dollar we need to raise.

During 2012 we had a great new fundraising idea with the Snow Man Army, I would love to see more ideas like this. In 2013, Jessi and I hope to bring back the Haunted House or find a new business model that fits the changing times. We would also like to find new fundraising opportunities. During 2013, I plan on holding a few Breakfast and Brainstorming as well as Brews and Brainstorming events aimed at bringing new and creative ideas to fundraising. If you have any ideas please feel to contact me anytime via email. Dezelskik@gmail.com

Meet Your Management VP, Kris Dezelski!

Occupation: Certified Public Accountant at Maner Costerisan

Relationship Status: Married to Nicole Dezelski

<u>Dream Job</u>: Sports talk radio host

Favorite Movie and/or book: Movie: The Big Lebowski

Favorite Type of Music:

Do you have any pets? Two Weimaraners, Spartacus and Sadie and cat named

Matilda

Favorite Food: I like food

Favorite Game or Sport: Football, Basketball

2013 Goal: To find new fund raising sources and to help with the set up of a 501(c)(3)

Foundation for the chapter <u>First car</u>: Chrysler Lebaron

Why I joined the Jaycees: To have a local impact Random Fact: Dave Akens enjoys watching paint dry

Favorite Jaycee Project and reason: Stuff the Bus, Easter Egg Hunt because of their

impacts on local community.

<u>Favorite Quote</u>: "Look, let me explain something to you. I'm not Mr.

Lebowski. You're Mr. Lebowski. I'm the Dude. So that's what you call me. That, or His Dudeness ... Duder ... or El Duderino, if, you know, you're not into the whole brevity thing."

Jaycee Join Date: Fall 2010







Jessi Wortley Adler jessicawortley@gmail.com

MANAGEMENT DIRECTOR REPORT

Healthier You = Healthy Jaycees Chapter

As Management Director, one of my duties is to help ensure the overall health of our Chapter. My job description as JCI sees it includes preparing a chapter plan, helping with membership and programming, submitting paperwork, overseeing fundraising and a host of other duties that keep the chapter successful.

When I think of the overall health of the chapter, I also think of the individuals that comprise the Chapter. Therefore, my job description also needs to include finding ways to keep our members healthy, focused, committed and engaged. Healthy members will make the chapter more successful in the long run. If you are tired, sick, run down, sluggish, hungry, depressed or overworked, chances are you won't be as participatory in the Jaycees. I know the days that I lack sleep and have a hard day at work are usually the days I want to go home and plop on the couch; the last thing I want to do is attend another meeting or event.

However, there are a few simple things you can do to make yourself healthier, more alert and less stressed so you can join us for all the cool projects and programs we put on during the year. As an example, I've taken up running. I hate running. I haven't really run since high school, and I hated it then. But, many of my friends were running, and I was seeing the benefits from it. Not only weight loss, lowered blood pressure and smaller clothes...but increased energy, better attitudes, personal progress and the sense of accomplishment. Plus, when you run with friends, you get socialization and someone to cheer you on. I also knew that if I was going to run, I needed a goal or I'd keep making excuses to sit on the couch. So, I signed up to run the Lansing Half-Marathon in April. There, I've said it out loud, now you can hold me accountable.

I don't suggest everyone take up running. But, I do want you to do something, so I'm sharing a few tips I found that you can use to become healthier and happier (and, no, they don't involve a membership at the local gym).

Simple things you can do:

- · Eat a fiber-rich breakfast
- Eat small meals throughout the day
- Consume whole foods, not supplements
- Drink more water
- Floss
- Get a minimum of 6 hours but no more than 9 hours of sleep
- Be less neurotic and learn to chill out
- Be a creature of habit (creates less stress)
- Move around (take the steps, park further away, wear a pedometer)
- Get a hobby
- Exercise your brain (Crosswords, Sudoku, read more)
- Laugh
- Socialize (Happy Hour anyone?)

Meet Your Management Director, Jessi Wortley Adler!

Occupation: Communications Specialist at Emergent BioSolutions

Relationship Status: Married

<u>Dream Job</u>: Getting paid to live on an island and write about my adventures <u>Favorite Movie and/or book</u>: Movie: Shawshank Redemption or LOTR Trilogy.

Author: Stephen King or John Irving

Favorite Type of Music: 90's alternative or Broadway (yes, you read that right)

Do you have any pets? Cat named Tigger and some fish

Favorite food: Bluecheese burger from Skinny Legs in St. John, USVI

Favorite Game or Sport: Game to play: Telestrations Sport to watch: college

hockey or NASCAR

2013 Goal: Run a half-marathon

<u>First car</u>: I learned to drive on my parents' 1986 wood-paneled Chrysler Minivan, but they took pity on me and bought me a 1998 Teal Green Toyota

Why Ljoined the Jaycees: Guilt-tripped. Just kidding! Wanted to be active in the community and meet new friends

Random Fact: I was selected to participate on stage in a David Copperfield show and was part of a disappearing act

<u>Favorite Jaycee Project and reason</u>: Haunted House, because I love Halloween and dressing up and also doing something fun while raising money.

Favorite Quote: "Come to the dark side. We have cookies."

Javcee Join Date: October 2011





LANSING JAYCEES DEBATE TOURNAMENT SUCCESS!



Joe Kelly joewkelly@gmail.com
2012 ID VP & Debate Tournament Chair

The Lansing Jaycees Debate Tournament was a success!

Eleven teams from five schools attended. We raised over \$200 for the chapter and collected 30 items for the Greater Lansing Food Bank. Several Redford Jaycees made the trip out to Lansing to judge for our tournament. There were four rounds on the topic of federal investment in infrastructure.

Debate offers participants numerous advantages. According to the National Association for Urban Debate Leagues, participating in debate increases grade point averages, high school graduation rates, attendance and college matriculation rates.

The tournament was a great success and participants were pleased to have an opportunity to meet. "The tournament was filled with a great exchange of ideas and the kids were exhilarated by the experience. We have good kids on our team and they worked hard. We're pleased with the outcome," said Lenawee Christian Debate Coach Colleen Averill. Lenawee Christian won the tournament. She added "we appreciate the investment the Jaycees put into our young minds – to provide them with an opportunity to stand for what they believe in and clearly articulate their ideas."

The top speaker was from Holt. Holt also earned second and fourth place teams.



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CHAIR OF THE BOARD REPORT



Lauren Leeds lleeds823@gmail.com

After a fantastic and successful 2012, I am looking forward to what the 2013 Lansing Jaycees Board of Directors and our Chapter as a whole will do.

What events are you interested in? I'd love to hear your ideas - whether it's the next restaurant we can check out for a "Get Your Food On" event; a great local watering hole we should check out for a happy hour; a nonprofit organization/cause you think we should get involved; a new fundraising idea for the Chapter; or something you'd like to try your hand at (maybe it's quilting/ knitting, or amateur photography, or learning how to make homemade cheese, etc.).

Meet Your Chair of the Board, Lauren Leeds!

Occupation: Communications Specialist with the Michigan Department of Technology, Management and Budget/State

Budget Office

Relationship Status: Married Dream Job: Wedding photographer

Favorite Movie and/or book: Tie between: Where the Wild

Things Are/Dracula

Favorite Type of Music: Anything good

Do you have any pets? 2 cats

Favorite Food: Sesame chicken and crab rangoon

Favorite Game or Sport: Football 2013 Goal: Chair a project in each area

First car: Green Ford LTD

Why I joined the Jaycees: To give back to the community

Random Fact: Originally from Saginaw, MI

Favorite Jaycee Project and reason: Pet Photos with the Easter Bunny – bunny suit + cute animals + photography ... need I say

more?

Favorite Quote: "Not all of us can do great things. But we can

do small things with great love." - Mother Teresa

Jaycee Join Date: September GMM 2010

If you have an idea for a project, please feel free to share it with any member of the Board of Directors – we're here to make sure that 2013 is an even better year than 2012.

I look forward to hearing your ideas!





MEET THE AUXILIARY OFFICERS!

Secretary, Eric Richmond

Occupation: Software Business Analyst at IBM

Relationship Status: Married

Dream Job: Movie Director, or NASA Engineer

Favorite Movie and/or book: Star Wars, the original trilogy

Favorite Type of Music: Rock/Alternative

Do you have any pets? 2 dogs, 3 cats, and a turtle

Favorite Food: Pasta or French Fries

Favorite Game or Sport: Football, Hockey, Baseball

First car: Pontiac Sunbird

Why I joined the Jaycees: To meet driven & cool people

Random Fact: I lived in the 49th least populated state in the

country for 11 years, but am now back in my home state. My

wife is in the veterinary school at MSU. Also, I like turtles.

Favorite Jaycee Project and reason: Monster Mayhem of

course! I love the feeling of a dedicated group of people

coming together, working hard, and achieving great things. I

also love scaring people, big time.

Favorite Quote: "Not everything that counts can be counted,

and not everything that can be counted counts." - Albert

Einstein

Jaycee Join Date: September 2010

Treasurer, Sheryl Soczek

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Occupation: Accountant/Business Manager

Relationship Status: Married to Mike Spaulding

Dream Job: Organizational Consultant Favorite Movie and/or book: Valley Girls

Favorite Type of Music: 80's Pop Rock and Hair Bands Do you have any pets? Yes 2 cats, Felix (16) and Bella (5)

Favorite Food: Tacos or Nacho's (Tex-Mex style)

Favorite Game or Sport: Not sure I have one

2013 Goal: To have the time to attend more Jaycee events

First car: 1995 Chevrolet Cavalier

Why I joined the Jaycees: To met people

Random Fact: I will try almost anything once. Favorite Jaycee Project and reason: Children's shopping spree, I

love school/office supplies.

Favorite Quote: "Those Who Say it Cannot be Done Should Not

Interrupt the Person Doing It" Chinese Proverb.

Jaycee Join Date: March 2002

Lansing Jaycees Business Directory

Keller Williams Realty

I pride myself and the Robert Dowding Team at Keller Williams realty with excellent customer service in the representation of sellers, buyers, and investors in the entire Greater Lansing Area.

Leverage yourself by hiring a true professional to assist you, your friends and family in achieving your Real Estate dreams and goals.

Ph: 517.853.6390

Email: Sold@RobertDowding.com Website: www.RobertDowding.com

Blog: www.RealestateRealresults.com

Website Design Services

Vieth Consulting provides development services for organization and commercial websites. Contact Chris Vieth for more information or for a quote.

H: 627-7145 W: 930-3611 ccvieth@viethconsulting.com

The Law Office of Eric J. Sheppard

I provide dedicated, personal attention to all of my cases.

I will assist you and your family with all of your questions and concerns relating to your legal matters. I am highly ex- perienced in criminal law, family law, and general practice matters.

Eric J. Sheppard 321 Woodland Pass, Suite 300

East Lansing, MI 48823

Office: 517-618-1580 • Cell: 216-973-9996 Website: www.ericsheppardlaw.com

To advertise your business here, submit information to edr@thelastbyte.com. This service is FREE for Members of the Lansing Jaycees!!