Lansing Jaycees PO Box 16150 Lansing, MI 48901

www.lansingjaycees.org

Region D
Population Division 7
Base Membership: 68

The White Water Corollary

This past Memorial Day Weekend a group of 18 Lansing Jaycees and friends celebrated our freedom by spending two days enjoying the white water of the New River. The first day was spent in inflatable kayaks cruising down class I – III rapids. Day two led us down class III – V rapids in full rafts, utilizing team work and communication to get us through safely. River Expeditions has the tag line The Adventure Begins Here.

The whole Jaycee experience is summed up in that tagline, and on a white water trip. The adventure really begins in the chapter, where someone had the idea to go White Water Rafting in West Virginia a few years ago. Gathering together a few other adventure seeking Jaycees and friends, we set off down the long road to West Virginia, where mountains were plentiful, Sonics a requirement, and barn stars are everywhere.



Left: Hanging out at the campground after rafting!

Right: Day one – rafting in the duckies!



White Water Rafting, much like the Jaycees, is one of those experiences that you get out of it what you put into it. Many of the 18 participants chose to go rafting for two full days, getting their full adventures worth. Others opted for spending one day on a raft and spending the other relaxing and getting their full relaxing vacations worth. In a location that provides you with beautiful surroundings, plentiful activities, and experiences that are relaxing and enjoyable and sometimes stressful, white water rafting truly is the perfect metaphor for the Lansing Jaycees.

Next time Memorial Day rolls around, or for that matter any event hosted by the Jaycees, don't let it pass you by. Put on your helmet, strap on your life preserver and dig that paddle in to get the most of the experience.

Submitted by: Samantha Keeney, Chair, samantha.j.keeney@gmail.com

Lansing Jaycees

June 2010

Jaycee Creed

by C. William Brownfield

We believe that faith in God gives meaning and purpose to human life;
That the brotherhood of man transcends the sovereignty of nations;
That economic justice can best be won by free men through free enterprise;
That government should be of laws rather than of men;
That earth's great treasure lies in human personality; and that SERVICE TO HUMANITY IS
THE BEST WORK OF LIFE

2010 Board of Directors

The Board meets on the 3rd Tuesday each month, 6:00 PM at the Jaycees Service Center

President

Angela Fossi 586-484-7027

Chair of the Board

Angela Clock 517-410-9527

Board Members

Colleen Burton 517-281-6049

Membership VP

Sheryl Soczek 517-862-6376

o Individual Development VP

Management VP

Alexandra Briseno 517-974-0965

Secretary

Carrie May 248-756-3840

o Treasurer & Chaplain

Samantha Keeney 989-714-5272

o Director

Andrew Hoard 517-303-6643

o ID Director

Ilona Hajdar 517-667-4236

Membership Director

The Lansing Jaycees is an organization of people ages 21-40 which promotes leadership training through community service. We meet the first Tuesday of each month at 7 p.m. (dinner from 6 p.m. to 6:30 p.m.) at Tripper's Bar and Grill in Frandor. Visit our website, www.lansingjaycees.org for more information.



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Join us for our monthly membership meeting at Trippers! Every first Tuesday of the Month at 7:00 PM



President's Report

Please join me in congratulating to our newest Board member, Ilona Hajdar. She will be serving the remainder of 2010 as our Director at Large. If you haven't heard from her yet, you will be soon. She is looking forward to meeting all of our members and finding out more about all of you. We are looking forward to seeing her impact on the chapter.

Are you wondering how a new board member can get added mid-year? I wanted to take a few minutes and explain our election process and provide an overview of the Board of Directors. Our Board is defined by our chapter bylaws. The current version can be found under File Archives on the Lansing Jaycees website. The bylaws provide details regarding each position and offer the framework for our chapter. Each chapter maintains their own bylaws so our structure may be a little different from another chapter or the state board.

Some of our Board positions such as: President, Vice President and Secretary are determined by election during our Annual Meeting in November. Several of our other positions such as Treasurer, Director(s), Parliamentarian, Chaplain and Legal Counsel are appointed by the President and are voted on by the Board of Directors. The Chairman of the Board is the immediate Past President. Let me know if you are interested in serving in an appointed position for the rest of 2010. Any appointed position can occur at any time during the year. It is a great way to gain a better understanding of the organization and get more involved.

In September we will announce an election committee and begin the election process for 2010. All of our Board positions have a one-year term, which means we have to elect new Board members each year. Now is the time to consider serving on the 2011 Board. Nominations will begin in September and October and the election will take place in November.

Please contact the 2010 Board if have questions regarding the election process and the benefits of being involved with the Board. Our Board Meetings are open to any general member that would like to gain a better understanding of what is discussed within the Board. I would strongly encourage anyone that is considering a Board position to meet with someone that has experienced the position. I would also encourage acting as Chairperson or Co-Chairperson on projects during the second half of 2010.

Sincerely, Angela Fossi 82nd President



A Message from the Membership VP



Last week we had a Membership Committee meeting. As it turned out, there were only 3 people who were able to attend including myself. Since it was a small meeting, we were able to have more personal conversations about membership in the Lansing Jaycees and what it meant to us. We started this discussion trying to anticipate the best way to entice more people into becoming members. Carrie asked me what I had gained from becoming a Jaycee. My immediate response was more/new friends, and when she pushed a little harder, I admitted it keeps me busy. These were not the answers Carrie or Angela were looking for, and I could see they were both a little frustrated with me. Admittedly, it was not the best day to ask me these questions. I'd had a

bad few days, and I was just not in the spirit to have such a discussion.

After some moments of exasperation on all our parts, we started talking about the opportunities you get as a Jaycee. They reminded me of some of the great things I've had the chance to do or try since becoming a Jaycee. Most recently I've gone white water rafting, which is something I'd always wanted to try, but never had. And it was an AWESOME time! Some of the other things I've done include Stuff the Bus, the Easter Egg Hunt on the Capitol Lawn, helping to build and spook in a Haunted House, Beer Bus where I got to try different breweries throughout Michigan, the Golf Outing where I got to resurrect my waitressing skills, laser tag, trivia nights, shooting a gun, Children's Shopping Spree and many more. The first thing I did as a Jaycee, since I tend to jump right into something 100% when I do it, was chair Stuff the Bus. Granted, that was a lot more to take on than the average new Jaycee wants to, but it was a great experience. And, although I'm not nearly as enthralled with Haunted House as many others, it definitely pulled me in and had me meeting more Jaycees than any other event. Now, if only I could work the front of Haunted House one time (hint, hint;))...

As many of you know, I have had a difficult time being Membership VP this year. Unfortunately, much of this is due to my personal life and the shortcomings I perceive myself as having. I won the Spirit of the Jaycees Award last year, and I only remember one thing from the speech Angela Clock gave before announcing my name as the Award winner. She said something to the effect of me always being the first one to greet people and give them a welcoming smile. I have not done that so well this year, and ironically, this is the year I should be doing that more than any other.

The year is now half over. I am using this article to announce to everyone that I am going make a fresh start with this month. I am renewing my commitment to my post and I hope that I can make everyone proud of having elected me as the Membership Vice President. It won't be easy, of course, as those pesky little (or not so little) shortcomings I feel I have will not go away by making this statement. There is a song out right now that is about love, but I am taking a portion of the lyrics and applying it to my hope for the rest of my year as the Membership VP. "And I know someday that it'll all turn out, you'll make me work, so we can work to work it out, and I promise you kid, that I'll give so much more than I get". I promise that I will try harder, do better and most of all, smile as much as possible the rest of this year.

Colleen Burton, 2010 Membership VP colleen713@vahoo.com

Welcome New Members!!!

Caitlin Blehm
Bethany Johnson
Sara Larsen
Jessie Stipcak

Chris Crepeau Lauren Kenczyk Jeff Shannon Eric Sturdy, Jr.

Membership Anniversary Dates:

June:

Toby Beeman, Bridget Burnell, Regina Calcagno, Suzanne James, Dominick Kuri, Kimberly Mlinaz, Rachel Rosenbaum, Abby Siegel

July:

Jason Green, Matt Grossmann, Tracy Prush, Orion Smith, Felicity White

Membership

May Happy Hour at Reno's West:

On May 20 the Lansing Jaycees held our monthly Happy Hour at Reno's West. It turned out to be a beautiful day, so we all got to sit on the patio and enjoy the outdoors and some music. Reno's had a one man band on the patio, and we enjoyed watching him jam to his own music in his Hawaiian shirt. Reno's West was a fitting place to have our happy hour as our newest member at that time is a manager at Reno's West, Lauren Kenczyk. Many of our members also enjoy the venue as they have 40 beers on tap. 40 beers! We had a good turnout and a few guests came, which always makes the event even more fun. I hope to see you all at our next happy hour, on June 18th at El Azteco in East Lansing.

Submitted by: Colleen Burton, 2010 Membership VP, colleen713@yahoo.com

2nd Annual Beer Bus Extravaganza!

The Lansing Jaycees Second Annual Beer Bus Extravaganza! was held on Saturday, May 15, and received rave reviews! Bus riders met up at the Okemos Road Park & Ride to board an Indian Trails charter bus headed for fun times. Jolly Pumpkin Brewery in Ann Arbor pulled out all of the stops for the Jaycees and guests, as Master Brewer and co-owner Ron Jeffries made a special trip in to select a flight of beer samples for us. Not only did he select the flight, but he took time to talk about each beer and drank the flight with the group, while mingling and answering all of the questions we had to throw at him. Arbor Brewing Company was the second stop, and we were treated equally well by Matt Greff, Master Brewer and co-owner. Matt took time to give participants a tour of their brewing operation, and seemed to like us so much that he took us down to check out the Arbor Brewing cellar where they age their beer in various oak barrels. Matt topped off the adventure with samples of their high gravity brews. It was more than obvious that both Ron and Matt are excited to share their passion for brewing! For the final leg of the journey, enthusiasts took a ride down to Warren to sample Dragonmead Brewery's fine and extensive selection. With beers having such names as Final Absolution, Dead Monk Abbey Ale, Evil Twin and Armageddon Grand Cru, it was hard not to be entertained by their line-up!

So many memories made this an incredible trip – from the return of the Beer Hat (thanks, Mike Castelein!) to visiting with Past Presidents (thanks Sally, Karen and Shelly!) and visiting with friends from afar (Jim Williams – we still can't

Meet & Greet:

The second quarter Meet & Greet was held on May 11, 2010. For the event a Beer Tasting was planned and held at Reno's West. The event was small but successful as the chapter gained 2 new members as a result. The Beer Tasting focused on Michigan breweries, there were 7 beers from Michigan breweries and 1 from a California brewery. Participants got to sample everything from a lager to an IPA and many other varieties in the process. Appetizers were provided and many people found a new beer to enjoy the next time they are at a bar or brewery.

Submitted by: Colleen Burton, 2010 Membership VP, colleen713@yahoo.com

June Birthdays

Kevin Anselm Toby Beeman Ilona Hajdar Lauren Kenczyk

Happy Birthday!!!



believe you drove up from Kentucky for this!), the 2nd Annual Beer Bus Extravaganza was an event to behold. Be on the lookout for a possible Beer Bus Extravaganza 2.5 sometime after Haunted House...

Submitted by: Carrie May, Co-Chair, carriemmay@aol.com

Lansing Jaycees



Outing





C. Burton at Bowl for Kids' Sake!



I. Hajdar is sworn in to the Board of Directors by A. Fossi



A. Kechkaylo painting the hand of a patron at the East Lansing Art Festival!

Seen in Action

East Lansing Art Festival Face Painting

Summer is here! The Lansing Jaycees helped welcome the 2010 summer season on the Saturday, May 22nd and Sunday, May 23rd, at the 47th Annual East Lansing Art Festival. Thirteen Lansing Jaycees and eight volunteers came together to create many works of art at the very popular face painting tent in the children's area. Anywhere you traveled throughout the entire festival, you were sure to find a child, teenager, even a few adults with face art provided by the Lansing Jaycees.



Our tent at the East Lansing Art Festival

A creation on a patron's hand!



The event was a huge success! Thanks to all those who came out!

Overall conclusion... Make sure you mark your calendars for 2011. You don't want to miss it next year!!!

Submitted by: Ilona Hajdar, Chair, ihajdar@hotmail.com

Bowl for Kids' Sake

Bowl for Kids Sake is a key fundraiser for Big Brothers Big Sisters Michigan Capital Region. The Lansing Jaycees were challenged by Angela Clock to raise the most funds in our region. The Charlotte and Ionia teams were also registered in the event.

Our team participated on Friday, May 7th at Capitol Bowl in Owosso. Four bowlers represented the team and as a team we collected over \$400 for Big Brothers Big Sisters. We had a great time and we happy to help such as deserving cause. Thanks to Andrea Hoard for setting up the team. Our bowlers were Colleen Burton, Ilona Hajdar, Angela Fossi and Cameron Healy.

Big Brothers Big Sisters matches children ages 5 through 18 with volunteers in professionally supported one-to-one relationships. There are several costs involved with matching Bigs and Littles and Bowl for Kids Sake is one of the organizations largest fundraisers to help make as many matches as possible.

This program is important because it shows measurable impact on the children that are matched to a Big. They are more confident in their schoolwork, able to get along with their family and 52% less likely to skip school. The Lansing Jaycees are proud to help support this organization and recognize the importance of their work. Check out www.bbbs.org if you would like more information about the organization and to find out how you can help Big Brothers Big Sisters.

Submitted by: Angela Fossi, 2010 President, kitispart@gmail.com

Gateway Community Services

Gateway Community Services is a local non-profit organization that has been serving runaway, homeless, and struggling youth and their families since 1970 in Ingham, Eaton, and Clinton counties. Our mission is to provide essential services to youth and families that both strengthen and empower them to become stable, self-sustaining members of our community. We do this through effective teamwork, leadership, accountability, mutual respect, and compassion.

How Do We Serve Youth?

Gateway operates 6 main programs:

- 1. VIPP (Violence Intervention & Prevention Project): Through artistic expression and small group discussion, this program helps youth ages 10 to 21 explore thoughts, feelings, and behaviors that lead to violent episodes to learn coping skills and techniques for channeling their anger and frustration in positive, healthy ways. Youth also learn to confront violence in their community and promote peaceful conflict resolution.
- 2. Higher Ground: This program for youth ages 12 through 17 has 2 components.

 Prevention: Youth and families experiencing extreme hardship and/or family conflict which may lead to a separation of the youth from the family may receive up to 90 days of crisis intervention, case management, and counseling services to assist in the resolution of family conflict, to stabilize the family home through improved communication and relationships, and to connect with longer term community resources and support.

 Reunification: Youth who have separated from their family, are couch hopping from home to home, are staying on the street, are afraid or uncomfortable in their home environments, or are without appropriate structure and supervision may utilize emergency shelter services for up to 21 days while counselors and case managers assess the youth's home environment, work to resolve family conflict and reunify the youth with their family, or determine a more appropriate, alternative living environment for the youth. Youth and families may receive up to 90 days of crisis intervention, case management, and counseling services.
- 3. Crossroads: This Transitional Living program is for youth ages 16 through 21 who do not have a safe home in which to reside. Youth can live in a structured, supervised co-ed group home for up to 18 months where they will actively work with a team of case managers, counselors, and independent living skills instructors to establish and achieve goals that will provide a positive transition to successful, independent adulthood. Upon completion of this program, these young people should be both prepared and able to live on their own. Crossroads also works with parenting teens with infants and toddlers aged 0-3 years old.
- 4. Youth Workforce Development Program: This program is for low income youth ages 16 through 21 who need some additional assistance in completing their educational goals, improving their marketability in the employment sector, and in ultimately securing a job. Education and Employment specialists will provide both group and one on one workshops and planning sessions to help youth explore career opportunities, develop career goals, and support youth in their efforts to achieve education and employment success.
- 5. Street Outreach: This program is designed to go out onto the streets and locate and serve youth in *their* spaces, instead of waiting for them to come to us. The Street Team hits the streets of the tri-county area each weeknight between 4pm and 8pm, and also attends various community events. The Street Team goes out supplied with Gateway promotional materials as well as tangible goods like food, clothing, blankets, etc. Homeless youth who are located are able to be transported to our shelter if they wish, where they can receive services from Gateway's other programs.
- 6. 24 Hour Crisis Hotline: In addition to our other 5 programs, Gateway operates a 24 hour crisis line for teens. The hotline is operated by our staff at the <u>Kevin J. Moody Youth Home</u> and is often the first step to receiving services from Gateway. Even if we are unable to help a caller, we will always try to find help from other resources and organizations in our community.

If you are interested in volunteering, please contact our Residential Program Manager, Tatanisha Worthey: E-mail: tworthey@gatewayservices.org Tel: 517-882-7217

Individual Development

A Message from the Individual Development VP

As usual, the Jaycees have been quite busy in June. While other areas are gearing up and going strong, I have taken a short break to give everyone some time to relax and enjoy.

July will be a fun month for those people that signed up to visit the Ohio State Reformatory in Mansfield, OH and the Shawshank Trail. We will be traveling to our neighbor to the south to learn a little history. If you did not get a chance to sign up, let me know and I will see what I can work out...(Yes, of course you can still come. We would love for you to join us!)

I know Andrew is working on some great projects for this summer and I have a few up my sleeve for this fall. As always, if you have ideas of projects you would like to see happen, let me know. Remember the entire board is here to serve you and make sure you get the most out of your membership.

Sheryl A. Soczek, 2010 Individual Development VP soczek@msu.edu



Chaplain's Corner

Carrie May, Lansing Jaycees Chaplain <u>carriemmay@aol.com</u> 248-756-3840

Cool Quotes from Chicks, Man.

"Life is what we make it. Always has been. Always will be."

-Grandma Moses

Can you believe Grandma Moses was 80 when she had her first art gallery exhibition? Grandma Moses is one of America's most well-known primitive (untrained) painters. I was shocked to learn she began painting when she could no longer do embroidery, at the age of 76. Within four years, she was discovered, and painted until the last year of her death. It goes to show that one can accomplish amazing things at any age.

"I can never see what has been done; I only see what remains to be done."

-Marie Curie

It's always good to remember to be forward-thinking. Living in the past often ensures repeating the same successes (hopefully) and the same mistakes. Being forward-thinking allows the possibility to use the information from the past to help shape the direction of the future path you want to follow. I love this quote, not only because I need that reminder, but because it comes from such a pioneering woman in the field of Physics and Chemistry, certainly a rarity in her time.

"Life shrinks or expands in proportion to one's courage."

-Anais Nin

Don't let your world be small. Take advantage of the opportunities presented to you, and more importantly, create your own opportunities and extend them to others.



Individual Development

Message from the Individual Development Director

I hope you are continuing to enjoy the beautiful weather outside. There is a lot out in our area to take advantage of, so get off the couch and do something fun!

Even though the economy has been improving lately, people are still being laid off in our country. As a security plan, have you updated your resume? You may have come across a friend who wanted to refer you for a job. Do you have an updated resume to hand to your friend? You found your ideal job at the ideal company. Do you have an updated resume to turn in to that company? If you have not gotten the hint, updating your resume every so often is actually very valuable. Maybe you learned a new skill at work, such as handling a multi-line phone or being proficient at VBA for Excel. Consider taking some time this month to do that so you are ready if an opportunity comes across when you need it. Look at the following articles:

http://hotjobs.yahoo.com/career-articles-five_steps_for_updating_your_resume-289 http://monster.typepad.com/monsterblog/update_your_resume_week/ http://jobsearch.about.com/od/resumetips/tp/resumetips.htm

A career fair coming to Lansing? A reason to update my resume? Look forward to next month's article...enjoy the rest of June!

Andrew Hoard, 2010 Individual Development Director andrew.t.hoard@gmail.com

The 3/50 Project

The project was created to help independent and locally-owned businesses through improving customer loyalty and helping them directly fund their communities in which they operate.

Money that is earned in this community for the most part stays in this community. According to the Project's website, if half of the employed population spent \$50 each month in locally owned independent business, \$42.6 billion would be raised in revenue. What about ¾ of the employed population, or even more?

Usually for every \$100 spent in these businesses, \$68 stays in the community. If spent in the national chains, only \$43 stays in the community. If spent online, nothing will come home.

For the remainder of the year, I will highlight some local businesses that are working well in this community.

Have ideas on articles? Feel free to let me know so I can write an article about it, or, even better, contribute a great article to our newsletter!

Join me as a fan of this project on Facebook: http://www.facebook.com/The350Project, or visit: http://the350project.net/

Submitted by: Andrew Hoard, 2010 Individual Development Director, andrew.t.hoard@gmail.com

Individual Development

Are you looking for something to do this summer? Here is a list of 10 places to go for things to see and do within the lower peninsula of MIchigan.

Bear Cavern - Located in Buchanan, southwest Michigan, and formed roughly 25,000 years ago in glacial deposits Bear Cave is Michigan's only natural cave. Along with the great natural beauty of the St. Joseph river area surrounding the cave, the inner beauty of the cave is enhanced by by metal oxides of the region bring out unique colors in the rocks. Also The cave has some historical interest as it was used to hide the spoils of an 1875 Ohio bank robbery, which was featured in an early silent film classic "the great train robbery".

Beaver Island - One of the larger islands on lake Michigan, this gem has much historical interest as one of the first attempts by Mormons to set up their own monarchy. The emerald isle as it is sometimes called, due to the large influx of Irish settlers after the navy chased out the Mormons, is a great starting point to see the 11 nearby lighthouses of the area. Biking, hiking, camping, and even SCUBA diving, it is an outdoorsman's paradise.

Walker's tavern - Located in Brooklyn, Michigan in the Irish hills area this historic site is located at the cross roads of old Chicago road and La Plaisance Bay road at Cambridge junction and was an important location for the settlement of the Michigan territory. The site has structures dating back to 1836 making them some of the oldest preserved structures in the state. The area has local educational programs about early Michigan's settlement history, a state recreational park, and a local wildlife refuge.

Day at the beach, Muskegon dog park - Why not let your dog enjoy a day at the beach this summer? Take the dog for a day trip to Muskegon's Norman F. Kruse park where there is a dog park right on the shores of lake Michigan. This beach features miles of beach with breath taking views of lake Michigan and room for your dog to romp.

Sanilac petroglyphs - Located in Michigan's thumb, Sanilac Petroglyphs historic state park has something unique in Michigan. Here you can view Michigan's only known native rock carvings. A roughly one mile wooded trail takes you on a tour of these ancient carvings. Although it is unknown who carved them, it is estimated they are approximately 1,000 years old.

Ocqueoc Falls - Everyone talks about the waterfalls of the Upper peninsula, but how many can say they've been to the lower peninsula's only "major" waterfall? Although the drop is only about 5-6 feet this scenic fall is located along the 1 mile long Ocqueoc falls pathway. Easy access in and out, and a beautiful scenic hike make this a worthwhile daytrip destination.

Belle Isle Detroit - Detroit's historic park in the middle of the Detroit river, it is the largest island park in the country. Featuring scenic views of the river, the Dossin great lakes shipping museum, with artifacts from the Edmund Fitzgerald, and the soon to reopen Belle Isle aquarium there is much to see and do on this historic island. The Scripps conservatory, the nations oldest, was designed by Albert Kahn in 1904, hosts one of the nation's largest rare orchid collections along with many other plant exhibits. Bring a picnic lunch and watch the ore freighters sail by, or enjoy the miles of hiking trails or the 1/2 mile beach on the river. This island has much to offer.

Tunnel of trees/devil's elbow drive. - Highway M119 is a designated heritage route running from Harbor Springs to Cross village up near Traverse bay Michigan. It is a beautiful scenic drive through valleys and bluffs along lake Michigan. The tunnel of trees is sporadic, but in sections it gets thick enough that it is dark even on the brightest of days. The trees are very near the road in some sections, which is approximately 1-1/2 lanes wide, along with some hairpin turns such as devils elbow, located near a spring that native indians believed spirits arose at night, makes this a beautiful and interesting drive.

Air zoo. Michigan space center - The Kalamazoo Air zoo, which inherited the exhibits from the former Jackson space center, contains many fun activities relating to aerospace and Michigan's contributions to the national space program. Flight simulators to rides that simulate zero gravity, this is a must see for any space enthusiasts.

Bath, Michigan - Located just north of East Lansing, Bath is a Lansing area gem for the outdoorsman. Park lake, the areas second largest lake, offers excellent venues for fishing and watersports. Along with Rose lake wildlife center which is located on a historic farm. It is a DNR research facility, but open to the public with miles of trails through woodlands, orchards, and fields. It is a great place to hike if without having to drive too far out of town.

Submitted by: Dave Akens, drakens1@netzero.net

A Message from the Management VP

The year is almost half over; we have done quite a bit. Thank you to everyone how helped out the Frankenmuth Jaycees at their World Expo of Beer. I know I had a great time pouring beer and talking with their patrons. I can only assume everyone else that helped out had the same great time. Due to our efforts, we should be getting a check for \$500.00 to go toward our many wonderful events.

Our next event will be our June Texas Hold'em June 24 – 27. If you haven't already done so, please sign up for a shift or two!

I know everyone is excited to hear more about our Haunted House and get started with the down and dirty planning....In July, look for several committee meetings which will be held to cover marketing/PR, construction and design. Remember, it is never too early to think about haunted house, we will need everyone's help and ideas!

The cookbook is well underway and I know we are all looking forward to see the finalized product. Remember, they will make great gifts.

Enjoy your last few days of spring.

Sheryl A. Soczek, 2010 Management Vice President soczek@msu.edu

The Lansing Jaycee Website - More Than Just an Online Calendar

If you have taken the time to look at our website: www.lansingjaycees.org, you know that you can find out what events are coming up by clicking on the Calendar section of the website. You also can find the monthly newsletter by clicking on the green Capitol Correspondent Newsletter button on the bottom of the page. But what about that mysterious Member Login section in the upper right corner? Have you dared to venture inside????

Inside the members section there are three main sections: Administrative, My Membership Information and Members Area Features. You can check to see if your contract information is correct and can change it if you need to, add a photo of yourself if you desire. In the Members Area Feature you can look for contact information of other Lansing Jaycee members, look at photos from previous events (several years worth), post items to Facebook and/or Twitter and even submit a classified ad. One of the more useful areas in this section is the File Archive. If you want to see how a project was run last month, last year or 5 years ago, the CPG's (Chairman Planning Guide's) are online. All in the File Archive are the minutes from the Board meetings and General Members meetings. Good to catch up if you missed anything. Also, back issues of our chapter newsletters going back several years are also available in the File Archive.

All members have access to this information. If you have forgotten your login & password, contact Angela Fossi at kitispart@gmail.com and she can send you your information. Make use of what being a Lansing Jaycee has to offer!

Submitted by: Alexandra Briseno, 2010 Secretary, xandrab@hotmail.com

2010 Region D Meetings

Sunday, August 8th: Time: TBD

Trainers: Dave Worthams, 2010 MIJC Management VP, Potential Officers Training

Sunday, October 3rd: Time, TBD, Ionia

Trainers: Darlene Dresch, 86th MIJC President, Transition to 2011

For more information or any training recommendations, contact 2010 Region D Director Angela M. Clock at fallingstar924@hotmail.com or 517-410-9527

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A note from the Capitol Correspondent Editor:

Thanks to the contributors of the March newsletter: A. Fossi, S. Soczek, A. Clock, A. Briseno, C. May, S. Keeney, C. Burton, Andrew Hoard, I.Hajdar, D. Akens

Follow us on Twitter - @LansingJaycees Follow us on Facebook - Lansing Jaycees

ANYONE CAN BE AN AUTHOR!

Please submit your articles, photos, or ideas for future newsletters to:

Angela Clock 2010 Lansing Jaycees Newsletter Editor fallingstar924@hotmail.com

U.S. Jaycees 2010 Annual Meeting

In early June, I had the privilege of heading to New Orleans, Louisiana to attend the U.S. Jaycees 2010 Annual Meeting and 2009 Year End Awards. Twenty eight Michigan Jaycees ended up making the trip, and we had a blast! Stacey Pratt from the Ypsilanti Jaycees and I were competing in competitions – she in Speak Up and Write Up, and me in Master Speak Up. This was a great experience, and I highly recommend and challenge everyone to participate in competitions at some level.

The Lansing Jaycees did well for 2009! We received our Blue Chip award from the USJC's, 2nd place project in Community Service for Stuff the Bus, and 3rd Place Clarence Howard Memorial Award in our Chapter Division for our Annual Report. I was so proud to accept these awards on behalf of our chapter. Michigan did very well in awards, despite our state not being at growth for 2009. Also, Stacey Pratt was the USJC's Speak Up winner, and I was honored to be chosen as the USJC's Master Speak Up Winner.

Of course, there was lots of fun to be had also! Late nights, Bourbon Street, parties and sightseeing! We tried local restaurants, visited Café du Monde and had beignets (yummy donuts

with powered sugar!), and enjoyed the atmosphere. I highly recommend attending a National Convention if you get the chance. The 2011 Annual Meeting will be in Chicago, Illinois from June 8-12, 2011.

If you have questions about competitions or annual meetings, feel free to contact me!

Submitted by: Angela Clock, 2010 Chair of the Board, fallingstar924@hotmail.com



Lansing Jaycees Activities...

<u>June 21st</u> – Back to School Event Committee Meeting – Geno's Pizzeria, 208 S. Washington Sq., Lansing; 6:00pm (Details = C. May @ 248-756-3840)

<u>June 23rd</u> – Softball Game – 8:15 PM at Erickson Park, Lansing (Details = M. Spaulding @ 517-490-8628)

<u>June 24th – 27th – Texas Hold 'Em</u> – Various shifts; Tripper's, 350 Frandor Ave., Lansing (Details = S. Soczek @ 517-862-6376)

<u>June 30th</u> – Softball Game – 7:15 PM at Sharp Park, Lansing (Details = M. Spaulding @ 517-490-8628)

<u>July 7th</u>– General Membership Meeting – Sharp Park, Lansing; 6:00 PM Social Hour, 7:00 PM meeting (Details = A. Fossi @ 586-484-7027)

<u>July 7th</u> – Softball Game – 6:15 PM at Sharp Park, Lansing (Details = M. Spaulding @ 517-490-8628)

<u>July 8th</u> – Haunted House PR/Sponsorship Committee Meeting – McAlister's Deli, 2901 Preyde, Lansing; 5:30 PM (Details = S. Soczek @ 517-862-6376)

<u>July 10-11th</u> – Tour of Ohio State Reformatory – Filming Site of The Shawshank Redemption – 100 Reformatory Rd., Mansfield, OH; (Details = S. Soczek @ 517-862-6376)

<u>July 14th</u> – Noodles & Company Fundraising Event – Noodles & Company, 1965 W. Grand River, Okemos (Details = S. Soczek @ 517-862-6376)

<u>July 14th</u> – Constitution/Bylaws Review Committee – Noodles & Company, 1965 W. Grand River, Okemos; 5:15PM (Details = S. Soczek @ 517-862-6376)

<u>July 15-18th</u> – Annual Jaycees Camping Trip – Silver Lake State Park, 9679 W. State Park Rd., Mears, MI (Details = C. May @ 248-756-3840)

<u>July 20th</u>– Board of Directors Meeting –All members welcome; 6:00 PM at the Michigan Jaycee Service Center, 534 S. Walnut, Lansing (Details = A. Fossi @ 586-484-7027)

<u>July 21st</u> – Get Your Food On – Taste of Thai, 1105 E. Grand River, East Lansing; 6:00PM (Details = Andrew Hoard @ 517-303-6643)

July 23rd - Happy Hour - TBD; 5:30-7:30 PM (Details = C. Burton @ 517-281-6049)

<u>July 25th</u> – <u>Lansing Lugnuts Kids Day</u> – Cooley Law School Stadium, 505 E. Michigan Avenue; 2:00PM (Details = C. Burton @ 517-281-6049)

<u>July 27th</u> – Noodles & Company Fundraising Event – Noodles & Company, 1965 W. Grand River, Okemos (Details = S. Soczek @ 517-862-6376)

Watch the Juice weekly for other events yet to be planned!

Other Chapter Events:

<u>July 2 & 3:</u> Volkslaufe – Frankenmuth Jaycees - looking for volunteers for a variety of shifts and jobs. All volunteers receive a free t-shirt. If you are free for a few hours on any of the following days, please contact Bethany Curtis for details. Email is bethany79@hotmail.com or call at 989-284-1932.

<u>July 8-11:</u> Cornfest – Auburn Jaycees - If you are interested in attending the signup night or volunteering any day at Cornfest please contact Sarah at auburnjaycees@hotmail.com or 989-860-0708. We are looking for dealers for Black Jack, Texas Hold'em, and Let it Ride but if you prefer not to deal cards we have many other opportunities available.

<u>July 22-24:</u> Taste of Kalamazoo – Kalamazoo Jaycees – will need volunteers to help serve beer. Please contact Niki Worthams at crikiw@yahoo.com for more information.

Sam Keeney – Way to organize 18 crazy kayakers! Thanks for planning an awesomely memorable trip!

Alex – Way to save the day – your work is noticed and appreciated - don't ever think it's not! (And boy do we

happens when you're so good at something?!?) And thanks for being a great friend, too, by the way! - The

have a list for you for Haunted House - see what

now healthy one who has yet to watch Chocolat

Amy - Silver Finger!!!

Fossi – Never surrender the **Bridge/Navigator HQ** ©

Eric - Way to rock the golf outing!

Jeff Shannon – Thanks for walking and walking and walking at Relay for Life!

Jessie & Lauren -Thanks for supporting the golf outing!

Biscuit World!

"Oooh, he has cute nipples!"

Dave - Spin that kayak one more time...

> Jim W. - Karma sucks, doesn't it?

Dave - What did you call me?

Beer Tasters - Big **Mocha Head**

Have something to say? Email Angela Clock, Newsletter Editor at fallingstar924@hotmail.com to make your contribution!

Andrew - Good luck!

Abby - Thanks for rocking out the weekend at Relay!

Carrie and Kermit sitting in a tree...KISSING...

Bridget – Thanks for bringing baseball back!

Colleen - Nice dress!

Eric - Great job on the golf outing.

"Is this the clevage angle?" Orion

Congratulations to Eric and his committee for a successful golf outing!

Ilona - how late did you The entire softball team stay in Ionia?

Thanks for the jersey! I love it and keep having fun!

Great job Alex on collecting all the wonderful door prizes!

Carrie – Atwater Block.

Carrie – Chin pubes is pitching!



Why does it take so damn long to drive through OHIO?!

Colleen – great job on recruiting!!!

From Dave. Hey Alex - thanks the ride to West Va.

Need help with your "To do" List?

CALL



Errand Running

- √Drop off dry cleaning
- ✓ Grocery shopping

Driving Services

✓Drop off/pick up from appointments

Home Supervision Services

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and home service providers

Personal Assistant Services

- √Gift shopping & wrapping
- √Garage sale preparation

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When you need extra hours in your day

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Flexible hours to meet your schedule

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Fun Science Facts You Didn't Know

Did you know that there are 206 bones in the adult human body and there are 300 in children (as they grow some of the bones fuse together).

Flea's can jump 130 times higher than their own height. In human terms this is equal to a 6ft. person jumping 780 ft. into the air.

The most dangerous animal in the world is the common housefly. Because of their habits of visiting animal waste, they transmit more diseases than any other animal.

The world's largest amphibian is the giant salamander. It can grow up to 5 ft. in length.

The blue whale can produce sounds up to 188 decibels. This is the loudest sound produced by a living animal and has been detected as far away as 530 miles.

The human eye blinks an average of 4,200,000 times a year.

Human jaw muscles can generate a force of 200 pounds (90.8 kilograms) on the molars.

Armadillos, opossums, and sloth's spend about 80% of their lives sleeping.

The blue whale can produce sounds up to 188 decibels. This is the loudest sound produced by a living animal and has been detected as far away as 530 miles.

The Skylab astronauts grew 1.5 - 2.25 inches (3.8 - 5.7 centimeters) due to spinal lengthening and straightening as a result of zero gravity.

Taken from http://www.hightechscience.org/fu nfacts.htm

Jaycee Business Directory

ClockRocks

One of a kind, handmade jewelry! Contact Angela Clock at for information or to see samples, or visit:

http://www.etsy.com/shop.php?user_i d=5189064 H: 517-410-9527

Keller Williams Realty

I pride myself and the Robert Dowding Team at Keller Williams realty with excellent customer service in the representation of sellers, buyers and investors in the entire Greater Lansing Area. Leverage yourself by hiring a true professional to assist you, your friends and family in achieving your Real Estate dreams and goals.

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Blog:

www.RealestateRealresults.com

Website Design Services

Vieth Consulting provides development services for organization and commercial websites. Contact Chris Vieth for more information or for a quote.

H: 627-7145 W: 930-3611

ccvieth@viethconsulting.com

Relief Massage Therapy

Pain and stress relief by Certified Massage Therapist. Contact Sasha Fournier at 517-410-4251. By appointment only.

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