

The Monthly Newsletter for the Lansing Junior Chamber of Commerce | August 2015

District 4 • Population Division 3 • Base Membership: 66

Lansing Jaycees, P.O. Box 16150, Lansing MI • [www.LansingJaycees.com](http://www.LansingJaycees.com)

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## Seen In Action!



*Trina Van Schyndel , left, and Michael Leeds, right, help out at the Lansing Jaycees Relay for Life garage sale.*



*Dan Harris, left, and Kris Dezelski, right, enjoy the Lansing Jaycees Lugnuts Game outing .*

## Presidents Report

We are reporting today that the Lansing Jaycees President, Michael Leeds, will not be reporting this month.

Being a Chapter President of the best young persons organization in the world can sometimes be taxing. There are many events, fundraisers, and mentoring to be done. With all of this exciting work, it is sometimes hard to meet deadlines.... like submitting your bi-monthly words of wisdom for the Capital Correspondent newsletter.

Since Michael couldn't find the time to submit anything, we are looking to you to help us figure out what he might have been doing instead. All through August, we ask that you Facebook or Tweet what you think Michael was up to when he should have been writing. Use the hashtag #WhatMichaelWasDoing. If we get 20 messages/photos of where Michael might have been, the Board of Directors will make sure he attends the September General Membership Meeting in a very stylin' outfit that you won't want to miss. One more thing, don't forget to tag Michael in any post or photo on Facebook, look him up under Michael P. Leeds!



Well, you may not like to hear it, but autumn is just around the corner. Football will be starting soon, the days will be getting shorter, and the

Lansing Jaycees will be having elections for the next 2016 Board of Directors. Who will step up to lead us next year? I don't know, because it could be any of you.

If you are at all interested in joining the Board of Directors, then please read on, and I will do my best to explain the reasons to take, or decline, a position on the board.

There are many reasons to step up to a role on the Board of Directors. It will help you hone your leadership and teamwork skills. Serving on the board can also give you excellent material for a job interview to demonstrate how you are a superior problem solver. Some people take a board position just because they love this organization and want to help keep it going. Some people even join the board because they feel that the only way they can be sure they will stay active is if they are right there in the thick of chapter business.

## Chair of the Board Report

Whatever your reason for being on the board may be, the important thing is that you find your reason for taking a board position before you decide to accept a nomination. I say that because serving on the board is work. I'm not going to lie to you. Sure, there is plenty of fun to be had, but it is work. And you will not be paid for that work. So, if you will not be compensated monetarily, you must think about the more intangible rewards.

Another great idea when considering a board position is to speak with other people that are currently on the board, or have been on the board in the past. Hearing from people that have already had the board experience will help shed some light on just how much work you will be signing on for. Feel free to contact me (517-862-5326 or [croot80@gmail.com](mailto:croot80@gmail.com)) if you'd like some help with weighing your decision. I'd be more than happy to join you for a beverage and mull things over to make sure you are making the best decision for you.

The bottom line is that the Board of Directors is here to serve the general members and make sure the chapter continues to thrive. It is a very important role, and serving on the board has been one of the most rewarding experiences of my life.

## A Sunny Season

## Colleen Burton, Executive Vice President

I recently had a weekend of Pure Michigan fun in July, including tubing behind a speed boat on Saturday and going to Greenfield Village on Sunday. Both days were hot, the warmest yet this year, and although I wore sunscreen, I still got some mild sunburn. This is by far not the worst sunburn I've ever had, because I have very fair skin, and I got relief from just using a good amount of aloe and lotion. However, it reminded me that last summer, after a hot day at a festival on the Fourth of July, several of us were burned, and in addition to the aloe we always use, my sister said she had heard that rubbing apple cider vinegar on the burn that evening helped it heal overnight. I was skeptical, but it worked! We all looked much better the next morning.



Here are other home remedies, some of which I've tried, some I haven't, from [www.medicinenet.com](http://www.medicinenet.com):

- 1.** Place a cool compress on sunburned skin.
- 2.** Take a cool shower or bath, using the following if taking a bath: Add one cup of cider vinegar to a bath to help balance the pH (acid or alkalinity) of sunburned skin, and promote healing; Soak in an oatmeal bath, this is especially helpful for itchy sunburned skin.
- 3.** Use lotions that contain Aloe Vera to soothe and moisturize skin. Some aloe products contain lidocaine, an anesthetic that can help relieve sunburn pain.
- 4.** Topical over-the-counter 1% hydrocortisone cream may help relieve sunburn pain, itch, and swelling.
- 5.** Take over-the-counter pain relievers such as ibuprofen (Advil, Motrin) or naproxen (Aleve) to help relieve pain and inflammation.
- 6.** Apply cool, not cold, milk with a clean cloth to your skin. The milk will create a protein film that helps ease sunburn discomfort.
- 7.** Vitamin E, an antioxidant, can help decrease inflammation caused by sunburn. Use Vitamin E oil on the skin, or take a regular dose of the supplement.
- 8.** Apply freshly brewed tea after it has cooled to skin using a clean cloth. The tannic acid in black tea reportedly helps draw heat from sunburned skin, and also aids in restoring the pH balance.
- 9.** Cucumbers have natural antioxidant and analgesic properties. Chill cucumbers, then mash in a blender to create a paste, and apply to affected areas including the face.
- 10.** The best remedy is PREVENTION. Always use sunscreen, wear protective clothing, and avoid direct sun exposure.

## Seen in Action!



*Trina Van Schyndel and Ryan Kolb watching baseball at the Lansing Jaycees Lugnuts outing.*

*Abby Kelly tries on some merchandise at the Lansing Jaycees Relay for Life garage sale.*



*Angela Clock receives recognition from Jason Larson at the July GMM for attending all of the Marvel Cinema events*

## Member Birthdays

Runions, Kerri	08-03
Demmer, Mike	08-11
Prush, John	08-16
Nelson, Alex	09-03
French, Danielle	09-03

Chambers, Russell	09-07
Rozgowski, Sawyer	09-09
Ross, Kevin	09-11
Watson, Antoinette	09-12
Clock, Angela	09-24
Buddingh, Jackson	09-25

# Upcoming Events

Event	Date	Time	Contact
<b>General Membership Meeting</b> Please join us for our monthly general membership meeting at Trippers in Lansing! <a href="#">more info...</a>	08/04/15	06:00 PM - 08:00 PM EST	<a href="#">Michael Leeds</a>
<b>Dine to Donate to Jaycees' Relay Team</b> Come enjoy all your Olga's Kitchen favorites and help our Relay for Life team at the same time! <a href="#">more info...</a>	08/05/15	10:30 AM - 10:00 PM EST	<a href="#">Abby Kelly</a>
<b>Lansing Jaycees Camping Trip</b> We'll be heading out for a weekend of swimming, camp fires, good food and all kinds of good camping fun.  Stay tuned for details on cost and location! <a href="#">more info...</a>	08/07/15 -08/09/15		<a href="#">Charlie Root</a>
<b>Happy Hour</b> The Lansing Jaycees hold a monthly happy hour to have a relaxed environment to get to know your fellow Jaycees. <a href="#">more info...</a>	08/13/15	05:30 PM - 07:30 PM EST	<a href="#">Colleen Burton</a>
<b>Lansing Jaycees Relay for Life Picnic</b> Since the official Relay for Life event is being held during a baseball game, the Lansing Jaycees are putting together a fun picnic and party for our team and our supporters! Those interested in being on our team can sign up at: <a href="http://www.relayforlife.org/lansingmi">www.relayforlife.org/lansingmi</a> <a href="#">more info...</a>	08/15/15		<a href="#">Abby Kelly</a>
<b>Kickball Team Games</b> The Lansing Jaycees will again have a kickball team in the Fall League in East Lansing. Games are Wednesdays starting August 19. Game times will be in the event details area once the schedule is out. <a href="#">more info...</a>	08/19/15— 10/07/15	06:15 PM - 09:15 PM EST	<a href="#">Colleen Burton</a>
<b>Board of Directors Meeting</b> Join the Lansing Jaycees Board of Directors for its monthly meeting. <a href="#">more info...</a>	08/20/15	06:00 PM - 08:30 PM EST	<a href="#">Michael P Leeds</a>
<b>Road Trip - Toledo Mudhens game</b> Join us as we head to a Toledo Mudhens game and watch them play the Indianapolis Indians.	08/29/15	01:00 PM - 11:00 PM EST	<a href="#">Adrienne Woodward</a>
<b>General Membership Meeting</b> Please join us for our monthly general membership meeting at Trippers in Lansing! <a href="#">more info...</a>	09/01/15	06:00 PM - 08:00 PM EST	<a href="#">Michael Leeds</a>
<b>Board of Directors Meeting</b> Join the Lansing Jaycees Board of Directors for its monthly meeting. <a href="#">more info...</a>	09/17/15	06:00 PM - 08:30 PM EST	<a href="#">Michael P Leeds</a>

## Who are the Lansing Jaycees??

### Mad Libs

Mad Libs Rules: There is only one rule to follow in Mad Libs: Fill in each of the blank spaces with the appropriate type of word. Each blank notes what kind of word goes there, such as a noun, verb or adjective. Outside of that, the choice of word you use is *entirely up to you*, no matter how ridiculous it is. In fact, the more ridiculous the word, the more hilarious the outcome!

Noun \_\_\_\_\_

Noun \_\_\_\_\_

Verb ending in "ing" \_\_\_\_\_

Plural Noun \_\_\_\_\_

Noun \_\_\_\_\_

Noun #1 \_\_\_\_\_

Noun #2 \_\_\_\_\_

Noun #3 \_\_\_\_\_

Verb \_\_\_\_\_

Noun \_\_\_\_\_

Verb ending in "ing" \_\_\_\_\_

Noun \_\_\_\_\_

Noun \_\_\_\_\_

Verb ending in "ing" \_\_\_\_\_

Verb ending in "ing" \_\_\_\_\_

Verb \_\_\_\_\_

Verb \_\_\_\_\_

Place \_\_\_\_\_

Number \_\_\_\_\_

Number \_\_\_\_\_

Noun \_\_\_\_\_

Noun \_\_\_\_\_

Verb ending in "ing" \_\_\_\_\_

Place \_\_\_\_\_

Noun \_\_\_\_\_

Noun \_\_\_\_\_

Noun \_\_\_\_\_

**Danielle  
Wellington,  
Director**



## Now, go ahead and fill in the words you chose!

" \_\_\_\_\_ (Noun) Training through \_\_\_\_\_ (Noun) Involvement" is the Jay-  
cee concept. Through \_\_\_\_\_ (Verb ending in "ing") a variety of  
\_\_\_\_\_ (Plural noun), our members gain \_\_\_\_\_ (Noun) skills.  
Most of our projects fall into three categories- \_\_\_\_\_ (Noun #1),  
\_\_\_\_\_ (Noun #2), and \_\_\_\_\_ (Noun #3). These areas  
\_\_\_\_\_ (Verb) the balance between the member, chapter, and community that allows  
us to be effective in our \_\_\_\_\_ (Noun). \_\_\_\_\_ (Noun #1) is about  
\_\_\_\_\_ (Verb ending in "ing") the \_\_\_\_\_ (Noun) skill level of the  
member; \_\_\_\_\_ (Noun #2) focuses on improving our \_\_\_\_\_  
(Noun) skills, \_\_\_\_\_ (Verb ending in "ing") our chapter, and  
\_\_\_\_\_ (Verb ending in "ing") its goals; and \_\_\_\_\_ (Noun #3) is  
the end result of all of our efforts: to \_\_\_\_\_ (Verb) others and  
\_\_\_\_\_ (Verb) \_\_\_\_\_ (Place).

### Mission Statement

For men and women between the ages of \_\_\_\_\_ (Number) and \_\_\_\_\_  
(Number), the Lansing Jaycees offer \_\_\_\_\_ (Noun) training through  
\_\_\_\_\_ (Noun). By \_\_\_\_\_ (Verb ending in "ing") a variety of  
programs and projects for the benefit of \_\_\_\_\_ (Place), our members learn  
\_\_\_\_\_ (Noun) and \_\_\_\_\_ (Noun) skills. The Lansing Jaycees is also a  
very social organization with lots of opportunities to \_\_\_\_\_ (Noun) new people.

### On the website in the "About Us" section

[http://www.lansingjaycees.org/about\\_us.php](http://www.lansingjaycees.org/about_us.php)

"Leadership Training through Community Involvement" is the Jaycee concept. Through organizing a variety of projects, our members gain leadership skills.

Most of our projects fall into three categories- Management Development, Community Development, and Individual Development. These areas reflect the balance between the member, chapter, and community that allows us to be effective in our work. Individual Development is about improving the individual skill level of the member; Management Development focuses on improving our leadership skills, operating our chapter, and promoting its goals; and Community Development is the end result of all of our efforts: to help others and improve Lansing.

### Mission Statement

For men and women between the ages of 21 and 40, the Lansing Jaycees offer leadership training through community development. By organizing a variety of programs and projects for the benefit of Lansing, our members learn leadership and management skills. The Lansing Jaycees is also a very social organization with lots of opportunities to meet new people.

## Fellowship!

In my last article, I talked about parks in our local community and the impact of the Jaycees over the years to create and maintain those parks. This month I am going to talk about a different kind of park, a ballpark. I also want to talk about another important aspect of the Jaycees and that is fellowship.

Merriam-Webster defines Fellowship as *a friendly relationship among people. The relationship of people who share interests or feelings. A group of people who have similar interests.* The Lansing Jaycees are part of a larger international group called JCI. JCI has over 200,000 members in over 100 countries. All of these members share the same interest so the opportunity for fellowship is great with the Jaycees!

We have an exciting opportunity coming up later this month to meet members from another chapter. On Saturday, August 29 and Sunday, August 30, members of the Lansing Jaycees and JCI Indianapolis will meet in Toledo, Ohio, to both discuss ideas/projects each chapter has successfully completed, launched, or plans to launch within the year. Members will meet at Fifth Third Field (406 Washington Street, Toledo, OH, 43604) for an informal discussion and sharing of ideas, then members will stay to watch the Toledo Mud Hens take on the Indianapolis Indians in a Triple-A



**Angela Fossi, Secretary**

affiliate show down! Members will stay overnight in Toledo before enjoying breakfast together for wrap-up/questions/good-byes.

It would be great if each chapter could present a couple of events which serve as their marquee events of the year, as well as events which will generate discussion to make them successful. Under this agreement, JCI Indianapolis will present Discover Indy, the quarterly Service Crawls, and the upcoming Lets Wine About It; while the Lansing Jaycees will present Stuff the Bus, the Easter Egg Hunt, and the monthly Get Your Food

On events. Both chapters will discuss fundraising opportunities – a necessity for sustaining these two chapters.

This will be a fantastic way to learn more about what makes each of these chapters strong. It will also be a fun way to brainstorm. The goal is to offer an opportunity to create fellowship and make both of our chapters strong. I will be working on this with Adrienne Woodward who is a member of both chapters. More details will be coming soon but we hope you will join us!







## What's in a Name

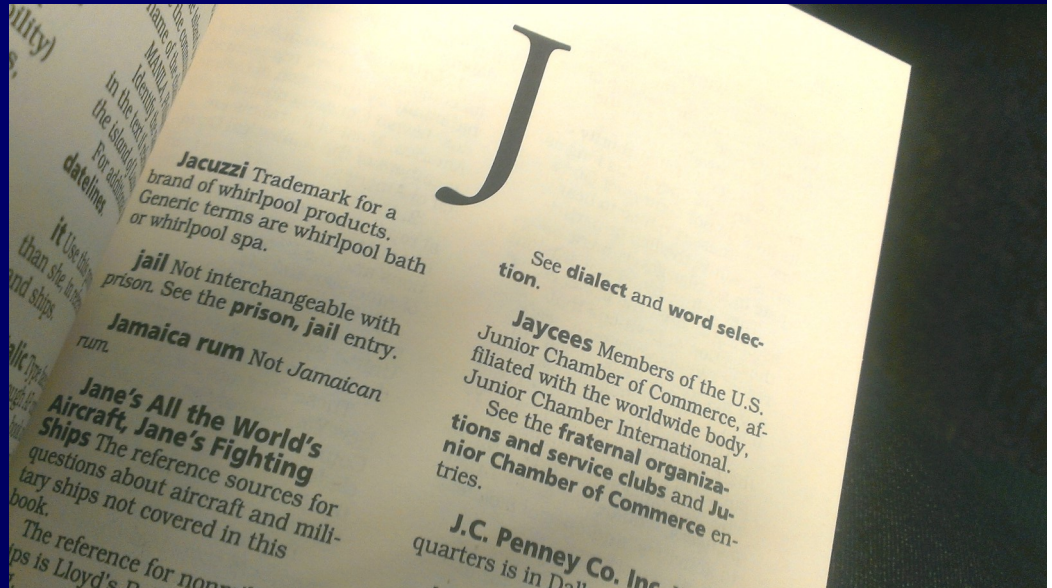
I just happen to be looking some things up in my AP style writing guide the other day and I stumbled across an entry for the Jaycees.

The Associated Press Style Guide is a “go to” for journalists, editors, and others in regards to proper punctuation, capitalization and the like. The first edition of this book was published more than 50 years ago and it is a standard for many around the world.

The entry for the Jaycees says, “Jaycee Members of the U.S. Junior Chamber of Commerce, affiliated with the worldwide body, Junior Chamber International.” I read that, in a trusted book, and I think, “Wow! I am part of something big!”

Some of you might not feel like one person, or even one chapter, can make a difference in the world, but I am here to tell you that collectively we *can* make a difference. In fact, as Jaycees, we make a difference across the globe everyday! You should all be proud of yourselves for making our corner of earth a better place, and contributing to something so much greater.

— Jenni Riehle, Director



## Jaycee Trivia

Question: What Junior Chamber played hosts to the first Junior Chamber International Congress held in the United States?

Answer: The Dallas Junior Chamber played host in February of 1947

## Jaycees Business Directory

### Auto, Home, Life & Tax Deferred Annuities

Member: Shantana Goerge  
I specialize in home, auto, and life insurance. I'm passionate about the fact that insurance is boring and confusing to most people. Let me keep an eye on it for you, so it can keep up with you without the worries. Phone: (517) 347-6772, ext. 56547 Fax: (517) 347-6983 Email: shantana.goerge@libertymutual.com Facebook: Shantana Goerge

### Advertise your Business Here

Did you know that members can feature their business in the Jaycees newsletter for free? Advertise your business in the Lansing Jaycees bimonthly newsletter. Send an email of interest to Jenni Riehle at [jenniriehle@gmail.com](mailto:jenniriehle@gmail.com).

### Keller Williams Realty

Member: Rob Dowding I pride myself and the Robert Dowding Team at Keller Williams Realty with excellent customer service in the representation of sellers, buyers, and investors in the entire Greater Lansing Area. Leverage yourself by hiring a true professional to assist you, your friends, and your family in achieving your Real Estate dreams and goals. Phone: (517) 853-6390 Email: [Sold@RobertDowding.com](mailto:Sold@RobertDowding.com) Website: [www.RobertDowding.com](http://www.RobertDowding.com) Blog:

### Alan Waters Agency

Member: Alexander Nelson

*Trusted Insurance Advisor*

*Auto - Home - Life - Business - Health*

Alan Waters Agency | Farm Bureau Insurance

Office: [517-381-8110](tel:517-381-8110) | Cell: [517-927-8876](tel:517-927-8876)



*Michigan's Insurance Company*



Want to see your business featured? Contact Jenni Riehle at: [JenniRiehle@gmail.com](mailto:JenniRiehle@gmail.com)

## About US

The Lansing Jaycees is an organization of people ages 21–40 that promotes leadership training through community service. We meet the first Tuesday of the month at 7 p.m. at Tripper’s Bar and Grill in the Frandor Shopping Center, with networking between 6 p.m. and 7 p.m. Visit our website, [www.lansingjaycees.org](http://www.lansingjaycees.org) for more information.



### The Jaycee Creed

*by C. William Brownfield*

We believe that faith in God gives meaning and purpose to human life; That the brotherhood of man transcends the sovereignty of nations; That economic justice can best be won by free men through free enterprise; That government should be of laws rather than of men; That earth’s great treasure lies in human personality; and that SERVICE TO HUMANITY IS THE BEST WORK OF LIFE!

## 2015 Board of Directors

**President: Michael Leeds**

[mp\\_leeds@yahoo.com](mailto:mp_leeds@yahoo.com)

**Chair of the Board: Charlie Root**

[croot80@gmail.com](mailto:croot80@gmail.com)

**Programming Vice President: Eric Richmond**

[edr@thelastbyte.com](mailto:edr@thelastbyte.com)

**Executive Vice President: Colleen Burton**

[colleen713@yahoo.com](mailto:colleen713@yahoo.com)

**Secretary: Angela Fossi**

[kitispart@gmail.com](mailto:kitispart@gmail.com)

**Treasurer: Jeffrey Straus**

[jeffrey.straus@gmail.com](mailto:jeffrey.straus@gmail.com)

**Director: Ryan Kiernicki**

[ryan.kiernicki@gmail.com](mailto:ryan.kiernicki@gmail.com)

**Director: Danielle Wellington**

[daniellewellington@gmail.com](mailto:daniellewellington@gmail.com)

**Director: Rob Dowding**

[sold@robertdowding.com](mailto:sold@robertdowding.com)

**Director: Jenni Riehle**

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