

Lansing Jaycees
P.O. Box 16150
Lansing, MI 48901

www.lansingjaycees.org

Region D
Population Division 6
Base Membership: 73

Another Great Opportunity for the Lansing Jaycees! **BODY LANGUAGE: READING PEOPLE IN WORK AND LIFE**

The Lansing Jaycees were presented with another great opportunity on March 29, 2011 to hear Mr. Jay Johnson speak. The topic was nonverbal communication, cues, gestures, body language and all that we perceive in the work place and in every-day life.

Jay was an animated speaker and seemed to easily engage all members that attended. He was knowledgeable with regards to all the material presented. The slide show presentation gave us information about common nonverbal mistakes that people make without even thinking about them. He provided us with an interactive exercise, one that we have all seen on Seinfeld's episode "Close Talkers", and we experienced how awkward and uncomfortable situations like that can be!

Jay gave us insightful examples of what to do and what not to do, as far as our posture, handshakes, facial expressions, etc. At the end of the evening, we were all more aware of the way body language affects our perceptions towards others. The presentation was casual, comfortable, and very informative. Jay did a great job, and I think that we will all remember his suggestions and try to integrate his comments in our daily lives!



Submitted by Jennifer Zavadij, zavadij@sbcglobal.net



Above: Jay Johnson demonstrates how the body talks during the Body Language: Reading People in Work and Life workshop.

Below: Double Trouble! The Angelas (Fossi and Clock) learn more about subtle cues, messages, and signals the body sends during the Body Language: Reading People in Work and Life workshop.



Jaycee Creed

by C. William Brownfield

*We believe that faith in God gives meaning
 and purpose to human life;
 That the brotherhood of man transcends
 the sovereignty of nations;
 That economic justice can best be won
 by free men through free enterprise;
 That government should be of laws
 rather than of men;
 That earth's great treasure
 lies in human personality; and that*
**SERVICE TO HUMANITY IS
 THE BEST WORK OF LIFE**

The Lansing Jaycees is an organization of people ages 21-40 which promotes leadership training through community service. We meet the first Tuesday of each month at 7 p.m. (dinner from 6 p.m. to 6:30 p.m.) at Tripper's Bar and Grill in Frandor. Visit our website, www.lansingjaycees.org for more information.



2011 Board of Directors

The Board meets on the last Monday each month, 6:00 PM at Devon Storage 708 E. Grand River Ave., Lansing

President

- **Angela Fossi** 586-484-7027

Chair of the Board

- **Angela Clock** 517-410-9527

Board Members

- **Ilona Hajdar** 517-667-4236
 - **Membership VP**
- **Dan Harris** 517-927-9412
 - **Individual Development VP**
- **Sam Keeney** 989-714-5272
 - **Management VP**
- **Lauren Leeds**
 - **Community Development Director**
 - **Press Secretary**
- **Abby Siegel** 517-944-9729
 - **Community Development Director**
- **Sheryl Soczek** 517-862-6376
 - **Treasurer**
- **Adrienne Woodward** 517-420-1239
 - **Secretary**

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Join us for our monthly membership meeting at Trippers! Every first Tuesday of the Month at 7:00 PM



A MESSAGE FROM THE LANSING JAYCEES 83RD PRESIDENT

Confession time. I am feeling like the time management tricks I had been using have not been effective in the past few months. Well actually I am close to declaring them a complete disaster. Are you feeling the same way? Here's a better question, do you feel like you are missing out on things you enjoy doing because you never have enough time?

As my personal spring-cleaning task I am going to get back on track with my time management. I encourage all of you to consider how you spend your time and apply a little tweaking if you are feeling out of control. Introducing something new to your life, such as being on a board of a busy non-profit, being a member of a new group or any other life change can be a challenge. How do you make it all fit into a 24 hour day?

I am reading about time management tricks and I thought I would share some helpful links.

<http://www.effective-time-management-strategies.com/time-management-tips.html>

<http://www.mayoclinic.com/health/time-management/WL00048>

<http://www.bspcn.com/2010/10/05/30-smart-time-management-tips-and-tricks/>

At GMM's I watch people use different techniques to keep track of commitments. Some people use a planner, notepad, phone, laptop, or write a note on their hand. The real trick is finding out what works for you. Once you find something that works you can apply it to your professional, academic or social life. The key is spending the time to figure out what works for you!

I won't miss saying "I don't have time" nearly as often once I complete this exercise. Looking at the events on our calendar there are a lot of upcoming events that I don't want to miss.

Sincerely,
Angela M. Fossi



Submitted by Angela Fossi, 83rd President, kitispant@gmail.com

A MESSAGE FROM THE MEMBERSHIP VICE PRESIDENT

Things that make you go hmmm...

It's always interesting to look up at the sky and think about all the stars, planets and galaxies up there.

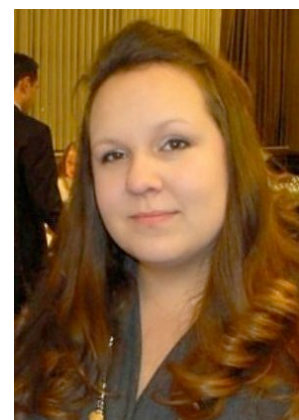


The Lansing Jaycee chapter and its members have had tremendous amounts of accomplishments over the last 83 years. Every year we offer fabulous events to help better our community and our members. The Lansing Jaycees are always here to provide a great way to meet new people, serve our community, develop leadership, and have a lot of fun!

Sometimes as we are working so hard to accomplish all that we do we forget the latter... HAVE FUN!

Enjoy what you do and at the end of the day you will enjoy all that you have done.

Keep up the great work Lansing Jaycee Members!



Submitted by Ilona Hajdar, Membership VP, ihajdar@hotmail.com



LANSING JAYCEES



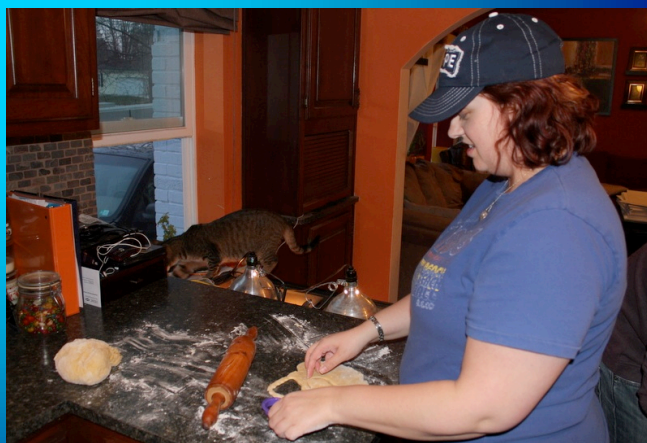
Michigan Jaycees President Dave Worthams swears in the newest Lansing Jaycee, The Easter Bunny, at Petco during the Pet Photos with the Easter Bunny event. Congratulations on joining the Greatest Young Persons' Organization, Easter Bunny! WE BUILD LEADERS!



Lauren Leeds and Monique Fields get to sample some wine after volunteering at the MSU Museum Wine Tasting Benefit.



Mike Castelein attends the Body Language: Reading People in Work and Life workshop at the Capital Area District Library.



Abby Siegel makes homemade dog treats to hand out during the Pet Photos with the Easter Bunny Event.

SEEN IN ACTION

Membership Anniversary Dates:

April:

**Matt Bauer, Andrew Marlatt,
Stephanie Steere, and Troy Steere**

May:

Lauren Kenczyk and King Kwapata

April Birthdays

**Tracy Prush
Andrew Hoard
Jamie Sheppard
Nick Crockett
Cheryl Szczubialka**

Happy Birthday!!!



Welcome New Members!



**Nick Crockett, Michael Leeds,
Douglas Mains, Julio Montemayor, and
The Easter Bunny**

A note from the Capitol Correspondent Editor:

Thanks to the contributors of the February newsletter: *J. Zavadil, A. Fossi, I. Hajdar, N. Crockett, L. Leeds, A. Seigel, E. Richmond, D. Harris, A. Clock, S. Keeney, S. Soczek, A. Woodward*

**Follow us on Twitter - @LansingJaycees
Follow us on Facebook – Lansing Jaycees**

ANYONE CAN BE AN AUTHOR!

Please submit your articles, photos, or ideas for future newsletters to:

**Adrienne Woodward
2011 Lansing Jaycees
Newsletter Editor
woodwa46@msu.edu**



Name: Nick Crockett

Occupation: I work for TDS Metrocom as an Account Rep; if you know anyone looking for phones, or service let me know!

Relationship Status: Engaged

Dream Job: Play-by-Play announcer for the NCAA basketball tournament would be amazing

Favorite Movie and/or book: Favorite Movie is tough. I own over 600 DVD/blue ray movies, but I am not afraid to admit I really enjoyed the Harry potter books

Favorite Type of Music: I know this is overused but I enjoy a little of everything.

Do you have any pets? I have a 2-year-old golden retriever and 6 fish.

Favorite Food: Pizza hands down!

Favorite Game or Sport: Basketball and Football have always been my favorite and mostly the college sports, once they go pro it's all about the money.

2011 Goal: My goal this year is to balance my life better, I have a lot going on this year with my wedding, my job, volunteering, so learning to balance everything better.

First car: 1998 Pontiac Grand Am and it lasted me 10 years from the time I was a Junior in high school all the way until last year.

Why I joined the Jaycees: I joined to meet business people my age, to volunteer in the community, and to meet new people.

Random Fact: I have absolutely no relation to Davey Crockett; however, my late grandfather's name was David Crockett and when I was a kid and I'd come over he'd always let me drink out of a Davey Crockett glass.

Favorite Jaycee Project and reason: I am really excited about the haunted house – it sounds like a ton of fun!

Favorite Quote: "Tomorrow Is a New day." My mom tells me this whenever I've had a really rough day, her father used to tell her this, and I will tell my children this as well.

Jaycee Join Date: January 2011

A MESSAGE FROM THE COMMUNITY DEVELOPMENT DIRECTOR

Do you ever feel like what you're doing doesn't make a difference? It's easy to be overwhelmed by all the negativity that seems to dominate our world.

It seems that everywhere you look, there are reminders about how bad things are: Michigan's record unemployment, foreclosure signs in our neighborhoods, or long lines at the local rescue missions. I know the feelings of despair and hopelessness. Many times, I've found myself wondering, "How can I possibly have an impact when I'm just one person?"

I'm here to remind you that the wonderful thing about the Jaycees is that we're not lone individuals searching for a way to make an impact. The Lansing Jaycees are just one chapter (more than 70 strong) of 43 chapters in the state. Across the country, we are thousands strong. When we join together and work towards a common goal, we can significantly influence our communities.

Whether you chair a signature event like Stuff the Bus or the Easter Egg Hunt; or volunteer to help make valentines for veterans or donate books to the Capital Area Literacy Coalition, everything you do makes a difference.



So, the next time you wonder what the point is, I encourage you to think of Mother Teresa, winner of the Nobel Peace Prize, who said: "We can do no great things, only small things with great love."

Submitted by Lauren Leeds, Community Development Director, laurenloo823@yahoo.com



Dearest Lansing Jaycees,

My, you all have been so busy helping me and I appreciate it very much!

The Easter Egg Hunt you are putting on is my favorite every year. Luckily all **10,000 eggs are stuffed and ready for all the boys and girls to hunt for them.**

All my Jaycees friends on the Easter Egg Hunt committee would love your help at this year's Hunt, happening **April 23rd on the Capitol Lawn. Volunteers can show up at 8.**

Please let all your young friends know about the Easter Egg Hunt, I would love to see them!



Submitted by Abby Siegel, Community Development Director, queenpetunia@hotmail.com

PET PHOTOS WITH THE EASTER BUNNY

What do you get when you combine an organization filled with pet lovers that has access to numerous costumes? Pet Photos with the Easter Bunny of course! The idea of using the Easter Bunny outfit with real animals has floated around for a while and this year thanks to the leadership of Jordan VanAken from the Animal Placement Bureau (APB), and Lansing Jaycees Lauren Leeds and Eric Richmond, we finally made it happen. In fact, we raised more than \$500 for the APB, as well as the Capitol Area Humane Society's Spay & Neuter Clinic. Way to go!

We had more than 70 precious pets and memorable moments at Petco on Saturday, April 2. Even the Petco employees couldn't help but ogle. And we hear the bunnies had the biggest smiles of them all. Special thanks to Monique Field, Angela Fossi, and Alex Briseno for putting up with all the paws, claws, licks, wiggles and stains from the various furry companions. We had mostly dogs, but a good handful of cats and even a hamster! And who can forget the Yorkshire terrier puppies?! Some of our most favorite pictures are included here, including a certain collie that now has to be Lo-jacked thanks to a certain obsessed president (photo at right). ;-)

And many thanks to Petco and the others that helped out, including Angela Clock, Abby Siegel, Sam Keeney, and anyone who brought pets or contributed time. Couldn't have done it without you!



Above: This Yorkshire and her puppies were voted the Most Photogenic/Cutest Dog(s) by the Pet Photos with the Easter Bunny Committee!

Right: (Clockwise from top right) Abby Siegel, Jordan VanAken, Eric Richmond, and Angela Clock take their own picture with the Easter Bunny.

We think the event was a great success and are already brainstorming to do something similar for other holidays and future years. What do you think – perhaps a Halloween promotion for Monster Mayhem with pets? And how did the distribution of photos via Flickr work out for you? Let us know, send feedback on anything and everything to either Eric Richmond at: edr@thelastbyte.com, or Lauren Leeds at: laurenloo823@yahoo.com.

Submitted by Eric Richmond, edr@thelasybyte.com



Above: Houdini Leeds gives the camera a BIG smile while posing on the lap of the Easter Bunny.

BOWL FOR KIDS' SAKE

Do you like to bowl? How about coming out for a fun night of bowling at Royal Scot in Lansing to help Big Brothers Big Sisters?

The Lansing Jaycees have put together a team for this year's Bowl for Kids' Sake – and all proceeds go to Big Brothers Big Sisters Michigan Capital Region. We'll be bowling on Friday, April 29 at 8:15 p.m. Registration for the night begins at 7:45 p.m. Haven't signed up yet? Head to this website and sign up!

<http://www.bbbs.org/faf/search/searchTeamPart.asp?ievent=451944&lis=1&kntae451944=8101E8D52A0E4CA497DFA2DABF3524FF&team=4033523>

Even if you can't bowl, please consider making a donation to the team at the same website!

Our team goal is \$1,000. This is the amount that allows Big Brothers Big Sisters to make a match and maintain it – there are currently many Bigs and Littles that are waiting for matches. We can help make one happen!

Some statistics about Big Brothers Big Sisters:

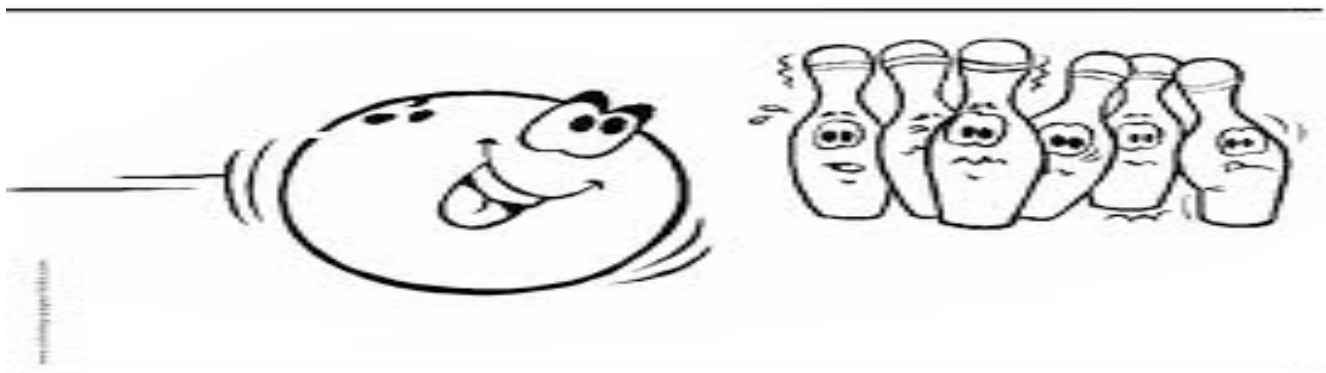
Researchers found that after 18 months of spending time with their Bigs, the Little Brothers and Little Sisters, compared to those children not in our program, were:

- 46% less likely to begin using illegal drugs
- 27% less likely to begin using alcohol
- 52% less likely to skip school
- 37% less likely to skip a class
- 33% less likely to hit someone



Let's help make a difference in the lives of Lansing area children!

**Submitted by Angela Clock, 2011 MIJC Community Vice President, Chair of the Board,
fallingstar924@hotmail.com**



A MESSAGE FROM THE INDIVIDUAL DEVELOPMENT VICE PRESIDENT

Wow! We are already a past the first quarter. We have had quite a few amazing individual development projects already. I would like to thank Dave Akens and Angela Clock for chairing the MacPhee's and SanSu Get Your Food On Events; Angela Fossi for continuing to support our series of Learn To Curl! Events; Angela Clock for the Price of Stones and Nyaka AIDS Orphan Project visit; and Jay Johnson, President of the Redford Jaycees, for introducing us to the intricacies of body language. While we have had a successful quarter full of individual development projects we are ramping up for an exciting summer full of workshops, projects, and quite possibly a couple of new sports for you to learn or sharpen your skills.

We have already solidified dates for several events in the next couple of months including a business luncheon, resume and interview workshops hosted by our very own Jaimie Hutchinson, and Comedy For A Cause to raise funds for Japanese Relief as part of JCI Operation Hope. We have several projects in progress including a golf range lesson and game, a resume and interview workshop presented by Jaimie Hutchinson, learn to play cricket, as well as my next offering of Fearless Speaker 2.0 (revised and updated).

We are looking for ideas for the next couple of Get Your Food On excursions. Those who have attended have really enjoyed learning about the culture behind ethnic food. If you have an idea, suggestion, or want to participate in putting together great individual development projects I encourage you to attend our next Individual Development Committee meeting. Our next meeting will be April 18th at Panera Bread Co. in Frandor from 6 to 7 pm. I look forward to seeing you then!



Submitted by Dan Harris, Individual Development VP, dan@dnharris.com

A MESSAGE FROM THE CHAIR OF THE BOARD

The month of March brought a couple of opportunities for the Lansing Jaycees to learn about the Nyaka AIDS Orphans Project. Our first Book Club of the year was held on March 3 at Grand Traverse Pie Company in East Lansing. A small group met to discuss the book "The Price of Stones" by Twesigye Jackson Kaguri, found of the Nyaka AIDS Orphans Project.

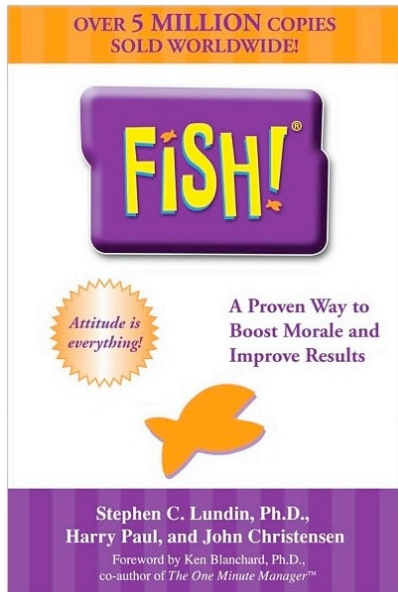
This book chronicles the beginnings of Nyaka School. Kaguri is originally from Uganda and decided to build a school for AIDS orphans after his brother died of AIDS. Children that go to the school have lost one or both parents to HIV/AIDS. Many of them live with extended family.

We also had the opportunity to visit the offices of the Nyaka AIDS Orphans Project, which happens to be located in Okemos. Tashmica Torok, who is the executive assistant of the organization, gave us a tour of the offices and explained more about the organization. They have started a second school and serve over 500 students. Nyaka also helps provide clean water and offer opportunities for the grandmothers to support their grandchildren. We were also lucky enough to have Jackson Kaguri stop by our session along with Emma Mugisha, who is a board member of Nyaka School who was visiting from Uganda.

If you were unable to visit with us, you can visit www.nyakaschool.org to find out more information. We are hoping to do another project later this year to help support the Nyaka AIDS Orphans Project!



Submitted by Angela Clock, 2011 MIJC Community Vice President, Chair of the Board, fallingstar924@hotmail.com



Fish! A Proven Way to Boost Morale and Improve Results By Stephen C. Lundin, Harry Paul, and John Christensen

Fish! A Proven Way to Boost Morale and Improve Results by Stephen C. Lundin, Harry Paul, and John Christensen is a great read. The authors craft a compelling story of a distraught middle manager at a fictitious bank in Seattle who learned parables from a chance meeting with a staff member of the “World Famous” Pike Place Fish Market and became a change agent transforming her fictitious bank’s department. In this short read you will discover the principles take make Pike Place Fish Market an engaging place to visit, compelling you to interact and be a life-long customer.

If you feel some part of your life needs some zest I would strongly suggest you read and then apply the principles taught in the book. The lessons taught could apply to your work life, family life, or even a Jaycee activity. After reading the book you will understand the importance of integrating four principles in creating environments that draw people to them and create an abundant amount of creative energy.

Without spoiling the story here are the four principles you will discover in more detail by reading the book:

Choose Your Attitude

While we cannot control the events and behaviors of others we alone have a choice on our attitude and how we deal with the events in our life.

Play

While we must be serious about the work we do and its importance to those who depend on it there is room to inspire creativity and enjoyment in the tasks needed to accomplish our goals.

Make Their Day

Engage your customers (whether internal or external). Look for ways to make your interactions with them memorable and beyond their expectations.

Be Present

Live in the moment during your interactions with others. Being present with your surroundings offers you a way to truly connect with one another in our dynamic, fast-paced world. My coach’s coach Ellen Howard used to say being present helped you avoid “Stink’n Think’n.”

The authors have also written Fish Tales. In their follow-up book they showcase several examples of how these four lessons can be applied in both large and small businesses. While I have not read Fish Tales I have a copy on my nook. After I have read it I will be sure to share my thoughts on this book as well.

One of the amazing things about reading any book is the inspiration you get after reading it. Reading Fish! reminded me that I planned to take a week or two week long trip along the west coast. When I go I will be sure to visit the “World Famous” Pike Place Fish Market. Who knows, perhaps there is a future newsletter article waiting to be written after I go?

Submitted by Dan Harris, Individual Development VP, dan@dnharris.com

A MESSAGE FROM THE MANAGEMENT VICE PRESIDENT



Woot Management!!

Wait what?

That's right woot management! Perhaps the best-known aspect of the Management area is to raise funds for the chapter. However this is only a small part of what the Management area really entails. Board meetings, the chapter newsletter, GMM's, and our social media all fall under the management area. In addition to these, business networking, professional training, and CPG training fall under the Management area as well. Lastly, some of the big documents that our chapter utilizes also fall under management, including Blue Chip (a national completion for chapters at growth) and the Chapter Plan, which is worked on with the Chapter President and other Area Vice presidents and works essentially as a business plan for the chapter.

So the next time you hear someone talking about the Management Area, realize there is more to it than just fundraising and paperwork. If you are at all interested in the business aspect of chapter things then Management may be an Area you should check out.

Submitted by Sam Keeney, Membership VP, samfish8@gmail.com

Texas Hold'em – March

Texas Hold'em, one of the largest chapter fundraisers for the year, is perhaps also one of the most misunderstood. In an attempt to clear up any misconceptions and clarify the need for the fundraiser read on!



Texas Hold'em

What is it? Texas Hold'em is a poker game where each person is dealt two cards. There are six remaining cards that are dealt out to the table which any player can utilize to make their 5 card hand.

Do we have to deal?

No! We do not even have to know how to play Texas Hold'em to be able to work at Texas Hold'em. There are trained dealers who work the tables.

So then what do we have to do?

We are responsible for taking cash and then handing out chips and redeeming chips as it becomes necessary.

Really that's it?

Yes, that is all we are responsible for. We also have to collect excess chips on the table from the dealer every hour.

Do I have to be a Lansing Jaycee member to participate?

Yes, due to the cash handling at the event. You must be a member to participate in the event. Also during each shift at least one of the workers will have worked Texas Hold'em before.

Why do we do this?

We do Texas Hold'em in an effort to raise funds for the chapter. This helps us to put on chapter events throughout the year. For example, the upcoming Easter Egg Hunt on the Capital Lawn will cost \$4000 this year. This event typically does not raise enough money by itself to cover its own costs. The March Texas Hold'em event raised \$3045.50 which is enough to cover the cost of the Easter Egg Hunt, and will also allow for some additional funds to go into the chapter to be utilized for future events.

How can I get involved?

You are able to sign up for Texas Hold'em shifts when we have them available at General Membership Meeting's through the juice, or by signing up with the chair.

A MESSAGE FROM THE TREASURER

The latest craze around Lansing (ok, maybe my office) is Groupon. This is a great discounter of services available online and of course you can access through Facebook and Twitter.

Groupon negotiates huge discounts—usually 50-90% off—with popular businesses. They send the deals to thousands of subscribers in their free daily email, and in turn send the businesses a ton of new customers. You can sign up to receive emails covering as many cities as you wish. I have added Chicago to my daily email in an effort to prepare for my upcoming trips there.

Today alone I purchased two separate Groupon's. One for a boat tour in Chicago at ½ price and one at the Nuthouse in Lansing where I will receive \$30.00 for \$15.00. The deals are great, many times they are for restaurants, spas, gyms, etc. The point is, they are a great deal.

Recently I purchased one at Barnes & Noble, the great thing was that it could be used online as well. If the coupon expires before you get a chance to use it (typically 2 or more months), you will still have the value you purchased to use, just not the “extra value”. Right now you can earn money off your friends. If you recommend Groupon to them and they make a purchase from your link within 72 hours, you will receive a credit of \$10.00 on your account.

What better way could there be to advertise local business and services, save money and earn some to? What will they come up with next...

Enjoy and go get your Groupon!



Submitted by Sheryl Soczek, Treasurer,
soczek@mail.hfs.msu.edu

A MESSAGE FROM THE SECRETARY

These days, e-mails are considered a main form of communication in many business settings. However, sometimes the tone of an email can get lost in translation. Certainly, misunderstandings occur more often than not where sensitive subjects are concerned, when you are addressing an authority figure, or if you are replying to an emotionally charged initial letter.

In order to help you make sure your emails are professional, polished, and correctly interpreted, here are a few basic e-mail etiquette tips:

1. Make sure your email includes a courteous greeting and closing. This helps to make your email not seem demanding or terse.
2. Address your contact with the appropriate level of formality and make sure you spelled their name correctly.
3. Spell check – emails with typos are simply not taken as seriously.
4. Be sure you are including all relevant details or information necessary to understand your request or point of view. Generalities can cause confusion and unnecessary back and forths.
5. If your email is emotionally charged, walk away from the computer and wait to reply. Review the Sender's email again so that you are sure you are not reading anything into the email that simply isn't there.
6. Refrain from using the Reply All feature to give your opinion to those who may not be interested. In most cases, replying to the Sender alone is your best course of action.
7. Don't hesitate to say thank you, how are you, or appreciate your help!
8. Keep emails brief and to the point.
9. Don't forward emails that say to do so, no matter how noble the cause may be. Most are hoaxes or hokey and may not be appreciated by those you send to.
10. Most importantly: Type unto others as you would have them type unto you!

Just remember these tips and you will certainly have more clear, highly respected communication! Happy emailing!



(These tips and more at www.101emailtippettips.com.)

Submitted by Adrienne Woodward, Secretary,
woodwa46@msu.edu

Lansing Jaycees Activities...

- April 15** – **Happy Hour – April** – Tin Can, 414 E. Michigan Ave., Lansing; 5:30 – 7:30 PM (Details = I. Hajdar @ 517-667-4236)
- April 16** – **Easter Egg Stuffing** – Sohn Linen Headquarters, 2401 Wood Street, Lansing; 8:30 AM – 2:00 PM (Details = A. Simon @ 517-402-5270)
- April 18** – **Individual Development Committee Meeting** – Panera Bread Co – Frandor, 310 N. Clippert Street, Lansing; 6:00 – 7:00 PM (Details = D. Harris @ 517-927-9412)
- April 23** – **Lansing Jaycees Annual Easter Egg Hunt** – State of Michigan Capitol, Lansing; 10:00 AM – 12:00 PM (Details = A. Siegel @ 517-944-9729 or L. Leeds @ 989-482-1232)
- April 23** – **Bowling League** – Royal Scot, 4722 W. Grand River, Lansing; 8:30 – 10:30 PM (Details = A. Fossi @ 586-484-7027)
- April 25** – **Board of Directors Meeting** – Devon Storage, 708 E. Grand River Ave., Lansing; 6:00 – 8:00 PM (Details = A. Fossi @ 586-484-7027)
- April 29** – **Bowl for Kids' Sake** – Royal Scot, 4722 W. Grand River, Lansing; 8:00 – 10:00 PM (Details = A. Clock @ 517-410-9527)
- May 3** – **General Membership Meeting** – Tripper's, 350 Frandor Ave., Lansing; 6:00 – 8:00 PM (Details = A. Fossi @ 586-484-7027)
- May 6 – 8** – **2011 1st Quarter MIJC Convention** – Boyne Mountain, One Boyne Mountain Rd., Boyne (Details = D. Harris @ 517-927-9412)
- May 7** – **Bowling League** – Royal Scot, 4722 W. Grand River, Lansing; 8:30 – 10:30 PM (Details = A. Fossi @ 586-484-7027)
- May 14** – **Resume and Interview Skills Workshops** – Capital Area District Library, 401 S. Capitol Ave., Lansing; 10:00 AM – 1:45 PM (Details = D. Harris @ 517-927-9412)
- May 19** – **Comedy For A Cause** – Connxtions Comedy Club, 2900 N. East St., Lansing; 7:00 – 9:00 PM (Details = A. Hoard @ 517-402-8488)
- May 20 & 21** – **World Expo of Beer - Frankenmuth** – Harvey Kern Pavilion, Frankenmuth (Details = A. Fossi @ 586-484-7027)
- May 23** – **Board of Directors Meeting** – Devon Storage, 708 E. Grand River Ave., Lansing; 6:00 – 8:00 PM (Details = A. Fossi @ 586-484-7027)
- May 27 – 30** – **7th Annual White Water Rafting Trip** – River Expeditions, 900 Broadway Ave., Oak Hill, WV (Details = M. Castelein @ 517-242-1050)

Watch the Juice weekly for other events yet to be planned!

Jaycee Business Directory

Keller Williams Realty

I pride myself and the Robert Dowding Team at Keller Williams realty with excellent customer service in the representation of sellers, buyers, and investors in the entire Greater Lansing Area. Leverage yourself by hiring a true professional to assist you, your friends and family in achieving your Real Estate dreams and goals.

Ph: 517.853.6390

Email:

Sold@RobertDowding.com

Website:

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SARA A. BALLARD

76th President, Lansing Jaycees

(November 9, 1974 – March 29, 2011)

Sara Ballard Olympia, Wash. Age 36, formerly of Everett, Wash., died Tuesday, March 29, at Providence Saint Peter Hospital in Olympia, Wash. She was hospitalized over the weekend after suffering a stroke caused by a blood clot in her lung. A memorial service is

scheduled for 3 p.m. March 31, at The Salvation Army, 1505 Fourth Ave. E., Olympia, Wash. Ballard was the executive director of the Volunteer Center of Lewis, Mason and Thurston Counties in Olympia, Wash. Ballard joined the Volunteer Center in March 2008. Before that, she served as the senior manager at the Volunteer Center at United Way of Snohomish County in Everett, Wash. Ballard grew up in Michigan and graduated with a bachelor's degree in business administration and economics from Alma College. She was a certified Volunteer Administrator, a graduate of the 2005 Michigan Nonprofit Association Emerging Leader course, and a graduate of Leadership Thurston County in 2009. Ballard also served as the associate director of the Volunteer Centers of Michigan in Lansing, program manager for the Michigan Health Council, special projects and event coordinator for the Michigan House of Representatives, and donor recruitment representative for the American Red Cross. She was president of the Volunteer Centers of Washington, a state association of the sixteen Volunteer Centers serving the residents of Washington State, and part of the Junior League of Olympia and an informal coaching group for female leaders in South Sound. Ballard is survived by her parents, Jim and Nancy of East Lansing, Mich. and her brother Paul (Jennifer) Ballard of Grand Rapids, Mich. The family has asked that in lieu of flowers memorial contributions be made to the Sara Ballard Memorial Fund, care of Independent Bank, 1380 W. Lake Lansing Road, East Lansing, MI 48823.

(Published in Lansing State Journal on March 31, 2011)

If I could say just one thing about my friend Sara Ballard, it would be this, "She was a water fountain, she filled others cups; she was not a drain." Over the many years that I knew Sara, I can testify that she looked to help others in everything that she did. From helping the poor, to empowering others to help their community - she wore her believe of making a place better than she found on her sleeve. If for some reason she couldn't help you, she would make sure that she made you smile with her sense of humor.

I think it is very telling that, as her last act, she made sure that she would still help other people. She donated her organs and from what I understand, about 70 people benefited from it. Her last act was to fill others needs. I think that is a wonderful way to tell people who my friend Sara Ballard is (because she's still with us, making us laugh and inspiring us all).

Rest in Peace, Sara. I look forward to seeing you again when I get to the other side.

--Dave Worthams, 87th President, Michigan Jaycees

"I joined the Lansing Jaycees in 2002 after hearing Sara Ballard talk about the group on the radio during Haunted House. I've never been good at meeting new people so I was relieved when a lot of members talked to me and made me feel welcome at my first Jaycees meeting. But Sara was the one who greeted me like an old friend at the next meeting and really encouraged me to get more involved, first talking me into doing the newsletter, then joining the Board when she was President in 2004. I've often thought that most of what I've accomplished in my current volunteer positions is a result of what I learned through the Lansing Jaycees, and that Sara Ballard's leadership and friendship was a huge part of that. Not only did she inspire everyone around her to do more, she had a talent for bringing people together. She turned strangers into friends, and misfits and loners into members who belonged. When she wasn't inspiring people she was making them laugh. After she moved to Washington she kept her friends entertained through email and Facebook with tales of disastrous dates, the possum who moved into her apartment, and the general mayhem that seemed to accompany her everywhere. It's hard to believe that someone so full of life could possibly be gone, but I know that her influence and spirit of community service will live on through her friends, colleagues, and fellow volunteers, and that everyone who knew her will still be laughing about their memories of Sara for years to come."

--Angela Backus, General Member, Lansing Jaycees

Sara Ballard, 76th President of the Lansing Jaycees, passed away March 29th. While she was not a close friend of mine, she had an impact on me. I joined the Jaycees looking for another social outlet and an as a networking opportunity. Sara was one of those individuals who inspired people to think of others, however.

I learned of her passing late in the afternoon, just a couple hours prior to hosting the Body Language workshop at the Capital Area District Library. Reflecting on this, it dawned on me that the very fact that I am taking an active role in the Jaycees, chairing projects, and willing to serve as vice president of Individual Development is partially due to Sara's leadership and active role in community service. I recall asking a fellow Jaycee I knew back then during a GMM in 2009 what happened to Sara Ballard. I learned she moved to the state of Washington and was in charge of a volunteer organization. That sounded like the Sara I knew. I connected with her on Facebook and as we often do put off catching up with her until a later time.

It was after the Body Language workshop that I understood the lost opportunity I could have had sharing the impact she made in my life. You see, I was taking photographs of everyone at the event. Something hit me the moment I picked up the camera. The camera was an opportunity for me to learn a lesson that night. Life opens, then closes, much like the shutter on a camera. The photos I took represented an instant in the life of the subject(s). I made it my mission to "catch" people alive and in the moment: full of laughter, a particularly striking pose, an intense stare, introspective, or with the subtly of a smirk. Like the camera's shutter, life is short. It, however, does not have to be fleeting. Just as the camera's shutter is a tool used to define the boundaries of time used to create great photographs; our life, between birth and death, is a tool we can use to create greatness in ourselves and in others. To me Sara was an example of this. I just wish I had taken the time to share the impact she had on me.

**--Dan Harris, Individual Development Vice President,
Lansing Jaycees**